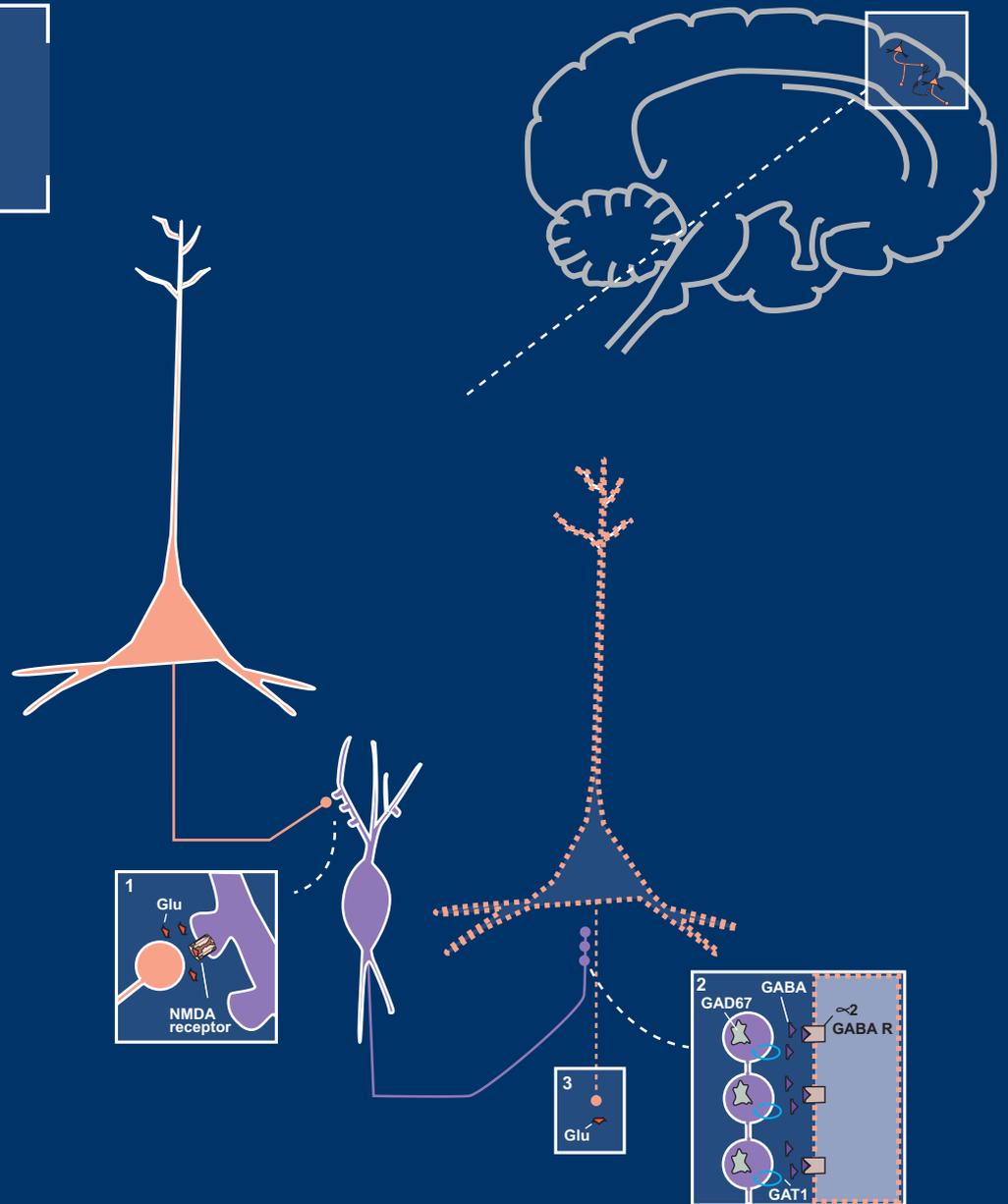


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CNS SPECTRUMS

EDITOR-IN-CHIEF: **STEPHEN M. STAHL**



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THE STORY OF Stahl's Essential Psychopharmacology

The Essential Psychopharmacology franchise began 17 years ago as a published offshoot of my lectures for mental health professionals.

I have always had to 'see' something before I could understand it, especially disease mechanisms and drug actions, and thus developed a compendium of figures and diagrams for my lectures. With my long term illustrator Nancy Muntner, we gradually developed a 'visual language' for psychopharmacology with icons and figures that have become the signature feature of **Stahl's Essential Psychopharmacology**.

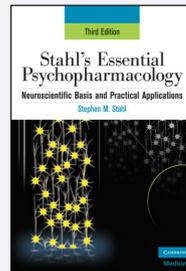
The original textbook – **Stahl's Essential Psychopharmacology** – explained how drugs work but not how to use them, so the **Prescriber's Guide** was created as a companion to the textbook. For this, in addition to our characteristic use of unique icons, we also included standard evidence based drug information. I also added 'tips and pearls' based on the art of psychopharmacology and derived as much from my experience in clinical practice as from the evidence.

More recently, we added the third leg of the stool. The **Case Studies** book is about living through the treatments that work, the treatments that fail, and the mistakes made along the journey. This is psychiatry in real life, these are the patients from your waiting room. The intention of the book is that it will reassure, inform, and guide better clinical decision making.

And now, in early 2012, I am pleased to announce the publication of a brand new book of **self-assessment questions** in psychiatry.



Stahl's Essential Psychopharmacology – four 'must-haves'

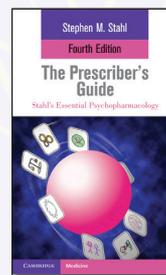


Stahl's Essential Psychopharmacology: Neuroscientific Basis and Practical Applications Third Edition

- Long established as the preeminent source of education and information in its field
- Features the author's highly-praised writing style and clear, easy-to-follow illustrations
- Thoroughly updated and much-expanded for the third edition, taking account of advances in neurobiology and recent clinical developments to explain the concepts underlying the drug treatment of psychiatric disorders

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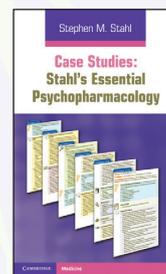


The Prescriber's Guide Fourth edition

- Completely revised and updated edition of the most widely-used prescribing guide specifically for psychopharmacology
- With new drug additions, and every drug entry revised and updated to take into account new regulations and uses
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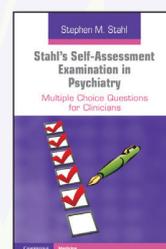
Case Studies

Designed with the distinctive, user-friendly presentation that has been so popular in *Stahl's Essential Psychopharmacology* and *The Prescriber's Guide*

- Describes a wide-ranging and representative selection of clinical scenarios, making use of icons, questions/answers and tips
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Cover Image: The image on the cover shows a hypothetical model whereby glutamate is released from an intracortical pyramidal neuron and binds to an NMDA receptor on a GABA-ergic interneuron. GABA is then released and binds to receptors on the axon of another glutamate pyramidal neuron. This inhibits the neuron, thus reducing the release of cortical glutamate. The GABA interneuron and its NMDA synapse from the first neuron to the second is the hypothetical site of glutamate dysfunction in schizophrenia.

Stahl's Essential Psychopharmacology, 4th edition, by Stephen M. Stahl
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