

Book Reviews

assistant secretary of the Leeds and Thirsk Railway and later as secretary of the South-Eastern Railway. His most famous work, *Self-Help* (1859), sold 20,000 copies in the first year, and has now been translated into more than a score of languages. This pleasantly written biography by one of Samuel Smiles's surviving grand-daughters should be added to every collection of books on medical truants. It gives brief but interesting accounts of his student days in Edinburgh, his life as a country surgeon, and his first (and only) medical book, *Physical Nurture and Education of Children* (1835), 750 copies of which were printed at his own expense. As a young man in London he met Southwood Smith, Edwin Chadwick and Dr. John Epps, who advised him to set up as a homoeopathic physician in Leeds—advice which he spurned. The quotations from Samuel Smiles's own posthumously published *Autobiography* (1905) should turn some readers towards this now forgotten work which, unlike his biographies of others, was a complete failure from the publishing point of view. This book is well produced generally, but the index is very imperfect. Apart from a reference to the famous French physiologist as 'Majendie' (p. 35), no errors in regard to medical matters have been detected.

W. J. BISHOP

Medicine in Manitoba: The Story of its Beginnings. ROSS MITCHELL, M.D.
Manitoba Medical Association, 1955. Pp. viii† 141.

This is an interesting contribution to the early history of medical practice in Canada, with special reference to the part played by medical men in the exploration and settlement of the North-West Territory which is now Manitoba. The influence of Indian medicine—which is by no means to be despised—on the white man's practice is illustrated from the records of the Hudson's Bay Company and other original sources. Other chapters are concerned with the pioneer hospitals and medical schools, women physicians, doctors as naturalists and explorers, and medical societies and journalism.

The School of Salernum. Regimen Sanitatis Salerni. The English Version by SIR JOHN HARRINGTON. Ente Provinciale per Il Turismo, Salerno [1953]. Pp. 92. Illustrated. Distributed in England by the Italian State Tourist Office.

This is a beautifully printed and produced edition of the famous *Regimen Sanitatis*, comprising the Latin text and Harrington's verse translation of 1607. An excellent introduction places the work in its setting, and should infuse many readers with a desire to visit the beautiful and historic region associated with the Salerne Schoole.