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Multidisciplinary Expertise in Consulting Program for People with Eating Disorders Hospitalized in PisiquíÁtrica Ward Behaviour Food

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The Eating Disorders (TA) are characterized by severe eating disorders, and anorexia nervosa (AN), bulimia nervosa (BN) and binge eating disorder (BED), the most common types. May be associated with medical and psychiatric comorbidities. They tend to be perfectionists, they suffer from low self-esteem and extremely critical with respect to weight and body shape. The impairment and loss are common occupational roles in most cases. Describe multidisciplinary Consulting Group Program in models of the International Classification of Functioning, Disability and Health (ICF) of the working methodology of the Treatment Plan Singular in skilled nursing. Experience Report. Customer in open group average of 10 participants, twice a week with each 1h30' during hospitalization period between 3-6 months and participation of one social worker, one nurse and one occupational therapist. Most are women between 22 and 38 years and diagnosis of AN and BN. The program aims to share the life planning, raising awareness of their actions and behaviors and their functional and health condition, relating to the environmental context. Actions primarily focus on motivation and awareness for behavior changes and resumption of occupations, and later experimentation with insertion or recovery activities and occupations. It is observed that this work contributes to awareness for behavior change, identifying demands resumption of occupational roles and restructuring of the routine. Other services can benefit from this program, avoiding prolongation of hospitalization, possible new admissions or the distance between the same intervals.