

# Localization of leptin receptor splice variants in mouse peripheral tissues by immunohistochemistry

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The recently discovered leptin hormone is produced by adipocytes and acts on the hypothalamus inducing satiety and an increase in energy expenditure (for review, see Friedman, 1997), as well as on a number of organs involved in reproduction, metabolism and glucose homeostasis (Ahima *et al.* 1996; Chehab *et al.* 1996; Levin *et al.* 1996). These findings suggest that leptin also acts directly on peripheral tissues. Even though several studies have investigated the localization of the various spliced isoforms of the leptin receptor (Lee *et al.* 1996; Wang *et al.* 1996) in peripheral tissues (Ghilardi *et al.* 1996; Fei *et al.* 1997; Hoggard *et al.* 1997), the techniques used in most of them do not allow the exploration of their precise cytological localization, which is a precondition to gaining a better understanding of the functional role of the receptor in these tissues.

The present immunohistochemical study was thus performed to obtain cytological details of the localization of the receptor splice variants in a number of peripheral tissues of lean and obese mice.

## Materials and methods

Animals were twelve adult (10–14 weeks old) obese C57BL/6-ob (*ob/ob*) and C57BL/ks-db (*db/db*) mice and lean mice of the same strains, three in each group (Harlan Nossan, Correzzana-MI, Italy). They were caged under standard laboratory conditions with tap water and regular chow available *ad libitum* in a 12 h–12 h light–dark cycle. Care and handling were in accordance with institution guidelines.

The mice were weighed and anaesthetized with ketamine (Ketavet; Farmaceutici Gellini, Aprilia-LT, Italy; 100 mg/kg, intraperitoneally) in combination with xylazine (Rompum; Bayer AG, Leverkusen, Germany; 19 mg/kg, intraperitoneally). Transcardiac perfusion was performed using paraformaldehyde in 0.1 M-phosphate buffer (PB; pH 7.4; 40 mg/l). After perfusion, the animals were dissected under a surgical microscope (Zeiss OPM 19; Carl Zeiss, Oberkochen, Germany) and the samples were fixed by immersion in the same fixative overnight at 4°.

The tissues used for this investigation were: epididymal, periovarian, subcutaneous and retroperitoneal white adipose tissue, interscapular brown adipose tissue, testis, ovary,

pancreas, liver, kidney, adrenal gland, heart, lung, skeletal muscle, small intestine and lymph nodes.

The samples were washed rapidly with 0.1 M-PB at pH 7.4, dehydrated in ethanol and embedded in paraffin blocks. Sections (3 µm thick) were used for light microscopy and immunohistochemistry.

## Immunohistochemistry

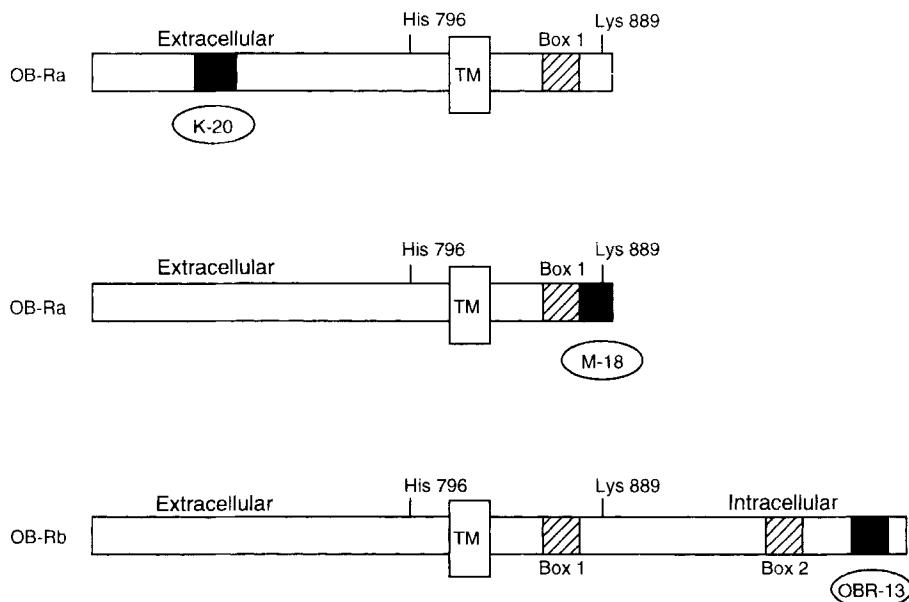
**Antibodies.** Affinity-purified goat polyclonal antibodies directed to the peptides corresponding with amino acids 877–894 (M-18) and 32–51 (K-20) of leptin receptor OB-Ra of mouse origin (Santa Cruz Biotech, Santa Cruz, CA, USA) and an affinity-purified rabbit polyclonal antibody against an eighteen amino acid peptide near the C terminus of mouse leptin receptor OB-Rb (OBR-13; Alpha Diagnostic International, San Antonio, TX, USA) were used (Fig. 1).

**Procedure.** Immunohistochemical demonstration of leptin receptors was performed with the avidin–biotin–peroxidase (EC 1.11.1.7; ABC) method. Dewaxed sections (3 µm) were processed through the following incubation steps: (1) H<sub>2</sub>O<sub>2</sub> (3 ml/l methanol) for 30 min to block endogenous peroxidase, (2) normal rabbit serum 1 : 75 (v/v; K-20 and M-18 protocol) and normal goat serum 1 : 75 (v/v; OBR-13 protocol) for 20 min to reduce non-specific background staining; (3) incubation with primary antibody against leptin receptor (K-20; M-18 and OBR-13) diluted 1 : 100 (v/v) to 1 : 300 (v/v) in PBS according to the type of tissue, overnight at 4°; (4) biotinylated secondary antibody: rabbit anti-goat immunoglobulin G 1 : 200 (v/v; K-20 and M-18 protocol) and goat anti-rabbit immunoglobulin G 1 : 200 (v/v; OBR-13 protocol) for 30 min (Vector Labs, Burlingame, CA, USA); (5) ABC complex for 1 h (Vectastain ABC kit, Vector Labs); (6) histochemical visualization of peroxidase using 0.75 ml 3,3'-diaminobenzidine hydrochloride as chromogen (Sigma, St Louis, MO, USA) and 0.2 ml H<sub>2</sub>O<sub>2</sub>/l 0.05 M-Tris buffer, pH 7.6, for 5 min in a dark room. Sections were then rinsed in tap water, counterstained with haematoxylin, dehydrated and mounted in Entellan (Merck, Darmstadt, Germany).

Method-specificity tests were performed by omitting the primary antibodies in the staining and by incubation of

**Abbreviations:** ABC, avidin–biotin–peroxidase; R, extracellular part of the leptin receptor common to all splice forms; R<sub>S</sub>, intracytoplasmic part common to all short transmembrane splice forms of the leptin receptor; R<sub>L</sub>, long form of the leptin receptor.

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**Fig. 1.** Scheme illustrating the position of the peptides used to raise the antibodies recognizing the extracellular part of the leptin receptor common to all splice forms (R; K-20), the intracytoplasmic part common to all short transmembrane forms (RS; M-18) and the long form of the receptor (RL; OBR-18), in leptin receptors OB-Ra and OB-Rb of mouse origin. TM, transmembrane domain.

sections with an antiserum saturated with the homologous antigen.

For the neutralization of the antibodies, they were incubated with a tenfold excess of homologous peptide (from 20 to 70 µg/ml, according to the antibody dilution) for 48 h (adsorption test).

#### Cell culture

Mouse C2C12 myoblasts from American Type Culture Collection (Rockville, MD, USA) were grown in Dulbecco's modified Eagle's medium supplemented with heat-inactivated fetal calf serum (100 ml/l) containing 100 U penicillin/ml and 0.1 mg streptomycin/ml.

#### Preparation of total cell homogenate

Subconfluent C2C12 cells were washed once in PBS and resuspended in lysis buffer (10 mM-Tris hydrochloride, pH 7.8, Nonidet P-40 (10 ml/l), 10 mM-mercaptoethanol, 1 mM-phenylmethylsulphonylfluoride, 10 g leupeptin and aprotinin/ml, 10 g soyabean trypsin inhibitor/ml, 15 g calpain inhibitor I/ml and 7 g calpain inhibitor II/ml). After 10 min swelling on ice, cells were lysed by forty passages through a 25-gauge hypodermic needle. Protein content was determined using the Bio-Rad protein assay kit (Bio-Rad, Milano, Italy).

#### SDS-PAGE and Western blotting

Total cell homogenate (30 µg) in loading buffer was run on a 7.5% SDS-PAGE using a Bio-Rad Minigel apparatus and transferred to a nitrocellulose membrane using a Bio-Rad wet blotting system overnight at 0.25 A (Towbin *et al.* 1979). The nitrocellulose was blocked in PBS containing (1 ml

Tween 20, 30 g bovine serum albumin and 50 g non-fat dried milk for 1 h at room temperature. The blot was incubated with primary antibody (1 : 750, Ob-R (K-20); Santa Cruz Biotech) appropriately washed, incubated with secondary antibody conjugated to horseradish peroxidase (anti-goat 1 : 2000; Dako, Italy) and visualized using the ECL kit (Amersham, Milano, Italy).

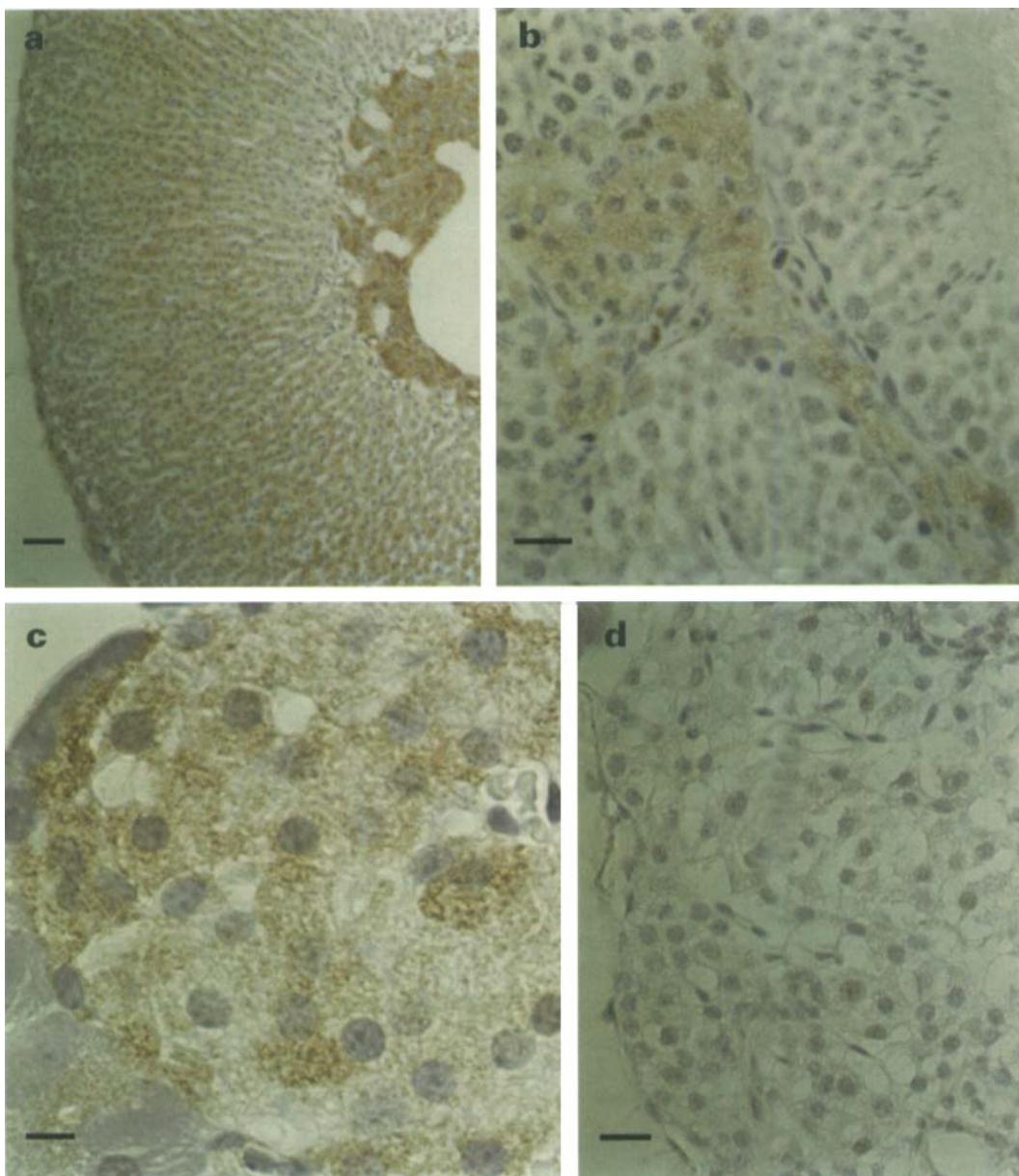
#### Results

Results are summarized in Table 1.

In the adrenal gland (Fig. 2(a)), medullary cells were intensely positive only with the antibody recognizing the common part of the receptor (R). *Zona fasciculata* cells of the cortex stained for all three antibodies. In the pancreas, the exocrine portion was not stained while most of the cells in the Langerhans islets (Fig. 2(c and d)) were labelled, though more weakly for the long-splice variant (RL).

In the gonads, Leydig cells (Fig. 2(b)) in the testis and luteal and interstitial cells in the ovary (Fig. 3) were positive for all splice forms. Leydig cells were weakly positive for RL.

The heart (Fig. 4(d and e)) displayed diffuse positivity of myocardial fibres for all three antibodies which was more intense in atrial cells. Also, the striated cells of myocardial origin (Ludatscher, 1968; Hebel & Stromberg, 1986) in the wall of the main trunks of the pulmonary veins were intensely positive for the different splice forms of the receptor (Fig. 4(c)). The striated muscle cells of *soleus* (Fig. 5(c)) exhibited a focal staining pattern. The consistent positivity of different types of striated muscle cells prompted us to study by immunoblotting the expression of the receptor also in cultured cells. The present study (performed only with the antibody for R) revealed the presence of R in myoblasts of the C2C12 cell line (Fig. 6).



**Fig. 2.** (a) Adrenal gland of lean mouse showing intense labelling of *zona fasciculata* of cortical and medullary cells by the anti-R (intracellular part of leptin receptor common to all splice forms) antibody. Scale bar = 40 µm. (b) Testis of lean mouse showing Leydig cells labelled by the anti-R<sub>S</sub> (the intracytoplasmic part of the leptin receptor common to all transmembrane forms) antibody. Scale bar = 20 µm. (c) Langerhans isle of the pancreas of lean mouse showing R<sub>L</sub>-positive cells; negative exocrine pancreas is visible on the left of the figures. Scale bar = 10 µm. (d) Langerhans isle of the pancreas of obese db/db mouse negative for the anti-R<sub>L</sub> antibody. Scale bar = 20 µm. For details of procedures, see pp.441–442. R<sub>L</sub>, long form of the leptin receptor; R<sub>S</sub>, the intracytoplasmic part of the leptin receptor common to all transmembrane forms.

In the lung, in addition to the myocardial cells in the walls of the pulmonary veins, there were positive cells in the bronchiolar epithelium (Fig. 4(a and b)). These cells displayed a dome-like surface devoid of cilia and were identified as Clara cells.

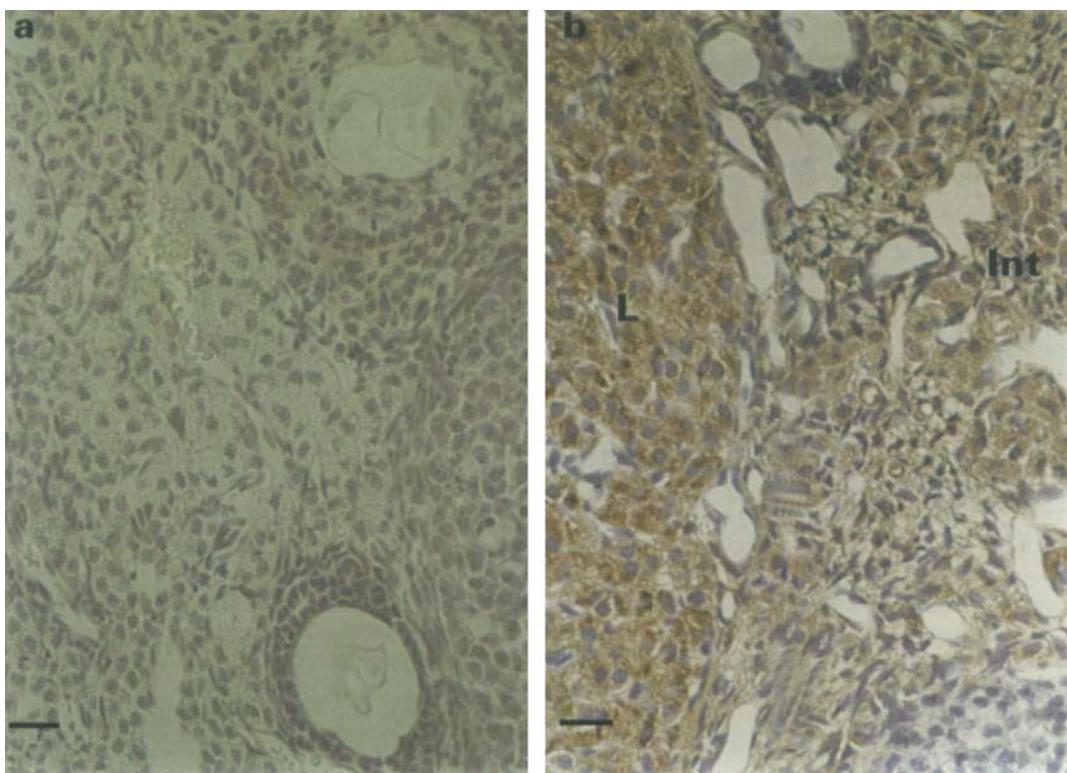
In adipose tissues (Fig. 5(b)), the thin peripheral rim of white adipocytes stained for all three antibodies. In interscapular brown adipose tissue only the cells in the peripheral portion of the organ were positive (Fig. 5(a)). They differed from the majority of the cells of the organ in their few and large lipid droplets, sometimes gathered in

a single vacuole mimicking the morphology of white adipocytes.

In the liver, the hepatocytes in the central part of the lobule were diffusely positive (Fig. 5(d)). Staining was more intense with the antibodies for R and the short splice variant (R<sub>S</sub>). Small intestine and lymph nodes were negative.

In the tissues of ob/ob mice we obtained the same results as in lean mice, but Leydig cells and the endocrine cells of the pancreas stained intensely with all three antibodies.

With adsorption test (see pp. 441–442) the tissues were negative (not shown).



**Fig. 3.** (a) Ovary of *db/db* mouse. All tissues resulted negative for the anti- $R_L$  (the long form of the leptin receptor) antibody. (b) The same organ in a lean mouse shows luteal (L) and interstitial (Int) cells stained for the same antibody. For details of procedures, see pp. 441–442. Scale bar = 20  $\mu\text{m}$ .

The same tissues, tested with  $R_L$  in *db/db* mice, were negative (Figs. 2–3), except the kidney, where there were some positive cells in the medullary elements of the nephron. Since this finding requires further investigation, kidney results were not included.

### Discussion

The presence of leptin-receptor splice variants in peripheral tissues, described by several authors, suggests that leptin plays a direct role in peripheral organs (Tartaglia *et al.* 1995; Ghilardi *et al.* 1996; Fei *et al.* 1997; Hoggard *et al.* 1997; Lollmann *et al.* 1997). Thus, their cytological localization in these tissues must be known precisely if the role of the leptin receptor is to be fully understood. Since most published studies have been performed using techniques that do not achieve a precise cytological localization of the protein, the present work used immunohistochemistry to localize the splice variants in a number of peripheral tissues.

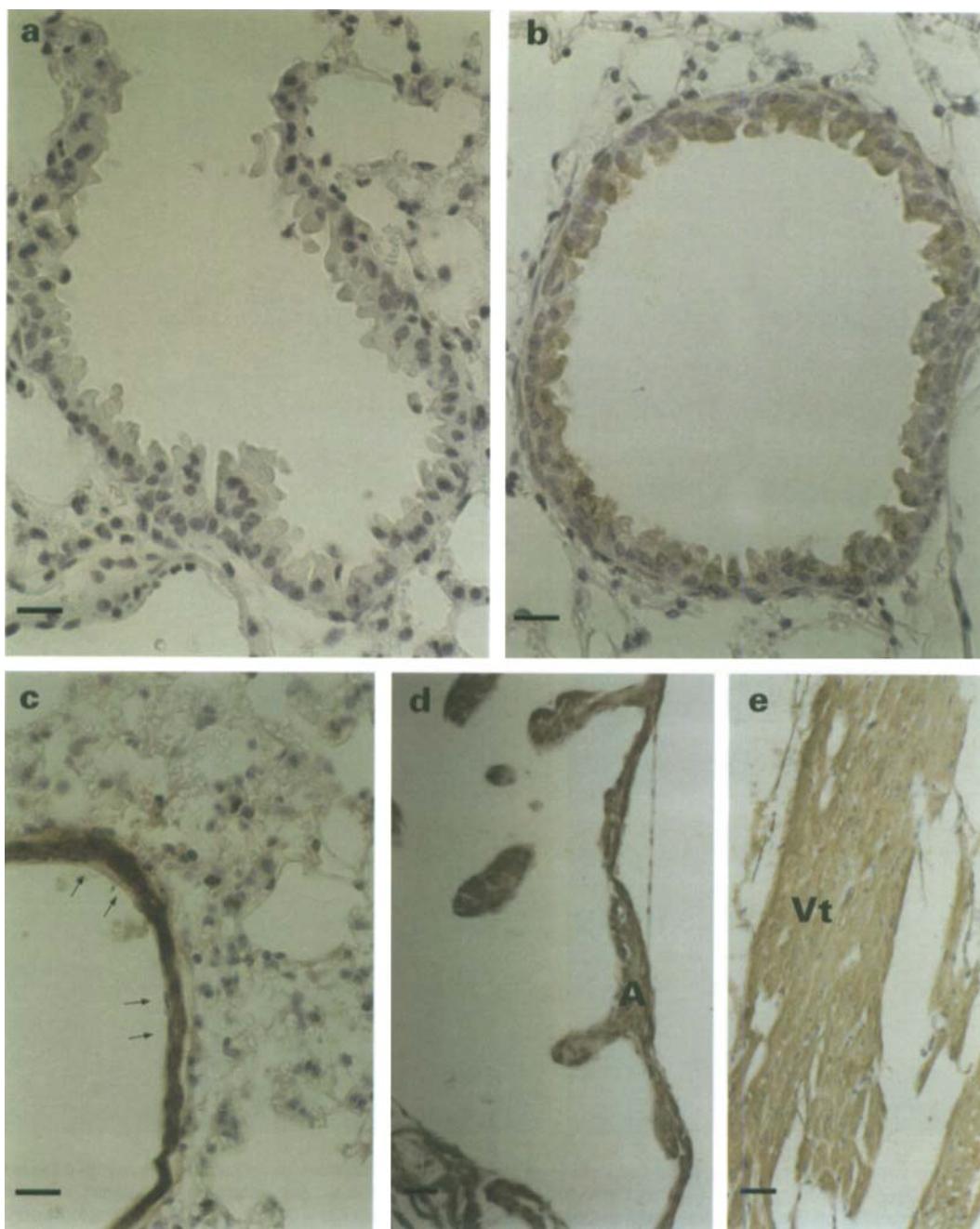
Our results indicate that most of the organs expressing  $R_S$  (adrenal gland, adipose tissues, heart, liver, lung, ovary, endocrine pancreas, skeletal muscle and testis) also express  $R_L$  in the same cell type, although in some of them (adrenal gland, liver, endocrine pancreas and testis) staining for  $R_L$  was weaker.

In the adrenal gland the medullary portion was intensely positive only with the antibodies for  $R$ , while the cortex (only the cells of *zona fasciculata*) was intensely positive also for  $R_S$ . Some authors (Cao *et al.* 1997) reported staining of the

medulla and negative staining of the cortex by autoradiography and immunohistochemistry using an antibody recognizing both  $R_S$  and  $R_L$  in rats. Others (Hoggard *et al.* 1997), by *in situ* hybridization, showed a detectable signal in the medulla of mice that was stronger with the probe for  $R_S$ , and a weak signal also in the cortex.

In white and brown adipose tissue, our results confirm the recent data (Emilsson *et al.* 1997; Fruhbeck *et al.* 1997; Siegrist-Kaiser *et al.* 1997; Tanizawa *et al.* 1997; Kutoh *et al.* 1998), showing the presence of all isoforms, but cytological localization allows us to specify that only the unilocular and mainly unilocular cells at the periphery of interscapular brown adipose tissue were labelled. Interestingly, we obtained the same type of results for leptin expression in a previous study (Cinti *et al.* 1997). This suggests that only when brown adipocytes contain large lipid vacuoles, or are unilocular, do they express both leptin and its receptor.

Some of the cell types expressing the receptor isoforms were steroid-secreting cells: cells of *zona fasciculata* of the adrenal-gland cortex, luteal and interstitial (Blandau, 1977) cells of the ovary and Leydig cells of the testes. These results are consistent with the hypothesized interaction of leptin with the glucocorticoid system (Ahima *et al.* 1996; Campfield *et al.* 1997) and with its trophic role in the gonads of obese *ob/ob* mice (Mounzih *et al.* 1997; Zachow & Magoffin, 1997). On the other hand, they are only partially in line with those of other researchers, mainly because in our samples the receptor was not expressed in the spermatogenic epithelium of the testis (Hoggard *et al.* 1997) nor in the follicular cells of the ovary (Cioffi *et al.* 1997; Karlsson *et al.*

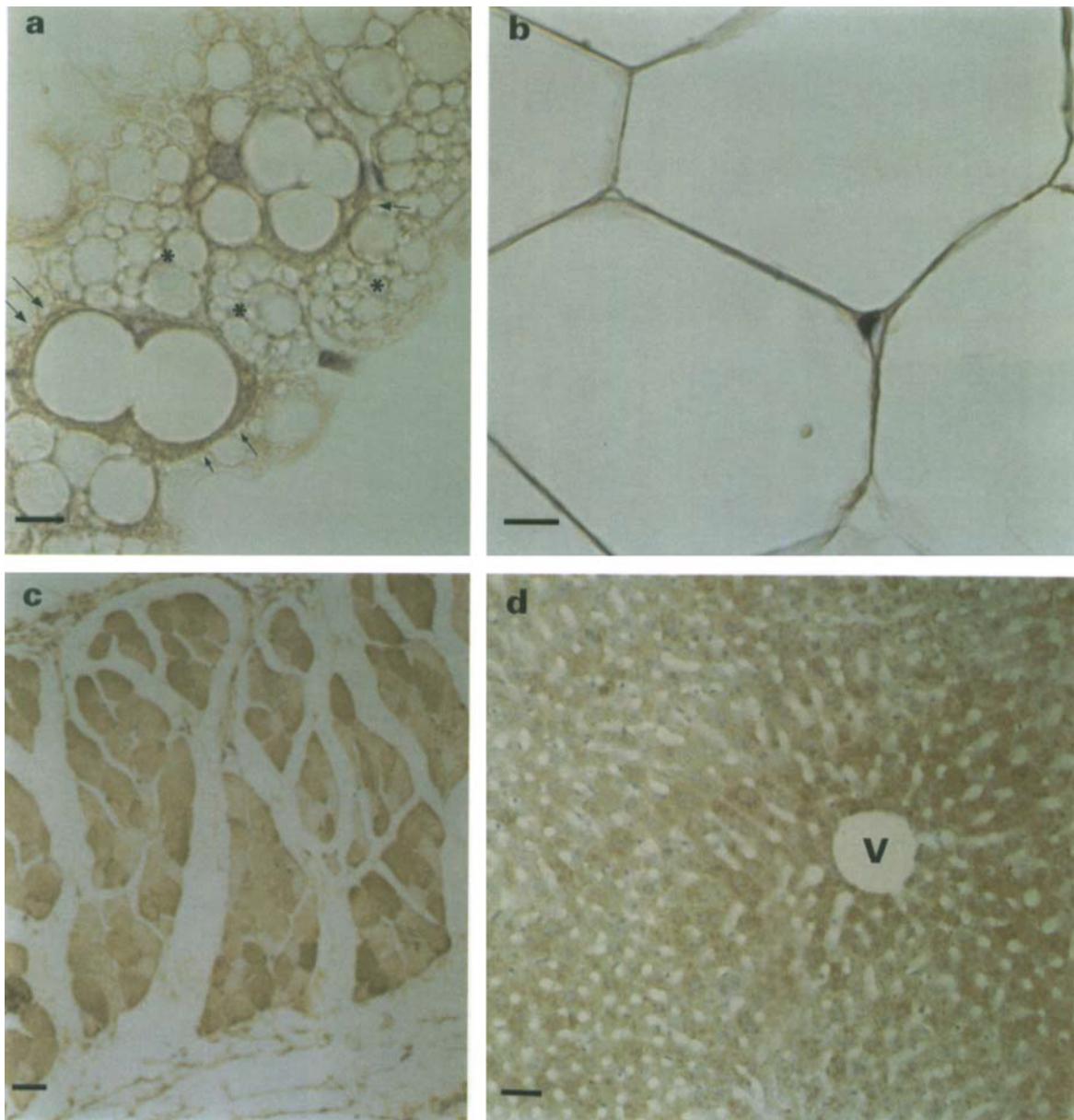


**Fig. 4.** (a) Pulmonary parenchyma and bronchiolar cells were completely negative in *db/db* mice with the anti- $R_L$  antibody. Scale bar = 20  $\mu\text{m}$ . (b) Bronchiolar epithelial cells strongly labelled by the same antibody in lean mouse. Scale bar = 20  $\mu\text{m}$ . (c) Pulmonary vein showing striated muscular fibres in the media  $R_S$ -positive ( $\rightarrow$ ). Scale bar = 20  $\mu\text{m}$ . (d–e) Heart of lean mouse; atrial (A) and ventricular (Vt) fibres were  $R_L$ -positive. Scale bar = 40  $\mu\text{m}$ . For details of procedures, see pp. 441–442.  $R_L$ , long form of the leptin receptor;  $R_S$ , the intracytoplasmic part of the leptin receptor common to all transmembrane forms.

1997), although the latter localization has been found in human specimens. Our findings confirm the presence of  $R_S$  and  $R_L$  in Langerhans islets, in agreement with the results obtained with different techniques by other authors (Kieffer *et al.* 1996; Leclercq-Meyer *et al.* 1996; Emilsson *et al.* 1997; Fei *et al.* 1997; Tanizawa *et al.* 1997).

The present work is the first to show the presence of  $R_S$  and  $R_L$  in the epithelial cells of the bronchioles and in striated muscle cells (Ludatscher, 1968; Hebel & Stromberg, 1986)

of the pulmonary veins. The positive cells in the bronchioles had a dome-like surface and were devoid of cilia, which suggested their identification as Clara cells. Interestingly, the striated muscle cells of the wall of the pulmonary veins are of cardiac origin (Ludatscher, 1968; Hebel & Stromberg, 1986) and the striated cardiac cells of the heart were positive, more intensely in atrial cells. Previous studies have shown the presence of only  $R_S$  in lung and heart (Tartaglia *et al.* 1995; Fei *et al.* 1997; Hoggard *et al.* 1997) but, in agreement with



**Fig. 5.** (a)  $R_L$ -positive interscapular brown adipose tissue of lean mouse. Classic multilocular adipocytes (\*) resulted negative. Only adipocytes with a few lipid droplets were positive ( $\rightarrow$ ) in the cytoplasm. Scale bar = 10  $\mu\text{m}$ . (b) Unilocular adipocytes in periepididymal white adipose tissue of lean mouse. The thin peripheral rim of cytoplasm was positive. Scale bar = 10  $\mu\text{m}$ . (c) Soleus muscle in *ob/ob* mice  $R_S$ -positive. Scale bar = 40  $\mu\text{m}$ . (d)  $R_S$ -positive liver in lean mice. The hepatocytes around the centrilobular vein (V) were more intensely positive. Scale bar = 10  $\mu\text{m}$ . For details of procedures, see pp. 441–442.  $R_L$ , long form of the leptin receptor;  $R_S$ , the intracytoplasmic part of the leptin receptor common to all short transmembrane forms.

our results, Lollmann *et al.* (1997) reported high levels of  $R_L$  in the lung. The presence of the receptor in cultured C2C12 myoblasts suggests their precocious appearance during development and confirms the presence of  $R_S$  in this cell line, providing evidence that this form could mediate the functional activities observed in these cells after leptin administration (Berti *et al.* 1997; Kellerer *et al.* 1997; Muoio *et al.* 1997). In the soleus muscle, the receptor expression was in agreement with the studies showing important effects of glucose intake and glycogen synthesis in this muscle after leptin administration (Liu *et al.* 1997; Muoio *et al.* 1997).

In the liver, a major concentration of the receptor (mainly  $R_S$ ) was observed near the centrilobular vein. Other authors (Hoggard *et al.* 1997) described the presence of  $R_S$  adjacent to the larger hepatic blood vessels, although some authors also found  $R_L$  (Emilsson *et al.* 1997).

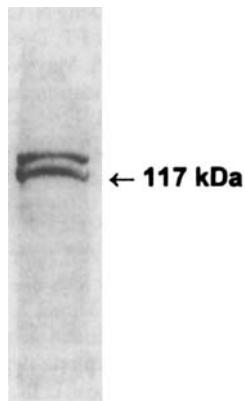
The absence of immunoreactivity in the exocrine pancreas is in agreement with the results of other authors (Emilsson *et al.* 1997; Fei *et al.* 1997), but our negative results in small intestine and lymph nodes contrast with some previous reports (Cioffi *et al.* 1996; Ghilardi *et al.* 1996; Lollmann *et al.* 1997).

**Table 1.** Immunohistochemical localization of leptin receptor OB-R splice variants\*

Organ	R	Rs	R <sub>L</sub>
Adrenal gland	Medulla and <i>zona fasciculata</i> of cortex	<i>Zona fasciculata</i> of cortex and a few medullary cells ( <i>weak</i> )	<i>Zona fasciculata</i> of cortex and a few medullary cells ( <i>weak</i> )
Adipose tissues: BAT WAT	Only unilocular cells at the periphery	Only unilocular cells at the periphery	Only unilocular cells at the periphery
	Unilocular cells	Unilocular cells	Unilocular cells
Heart	Atrial and ventricular ( <i>weak</i> ) striated cells	Atrial and ventricular ( <i>weak</i> ) striated cells	Atrial and ventricular ( <i>weak</i> ) striated cells
Liver	Centrolobular region	Centrolobular region	Centrolobular region ( <i>weak</i> )
Lung	Bronchiolar Clara cells and striated muscle cells of pulmonary veins	Bronchiolar Clara cells and striated muscle cells of pulmonary veins	Bronchiolar Clara cells and striated muscle cells of pulmonary veins
Lymph nodes	Negative	Negative	Negative
Ovary	Luteal and interstitial cells	Luteal and interstitial cells	Luteal and interstitial cells
Pancreas:	Endocrine Exocrine	Insular cells	Insular cells ( <i>weak</i> )
Skeletal muscle ( <i>soleus</i> )		Negative	Negative
Small intestine	Negative	Negative	Negative
Testis	Leydig cells	Leydig cells	Leydig cells ( <i>weak</i> )

R, the extracellular part of the receptor common to all known splice variants; Rs, intracytoplasmic part common to all short transmembrane forms, short-splice variants; R<sub>L</sub>, long form of the receptor, i.e. long-splice variant; BAT, brown adipose tissue; WAT, white adipose tissue.

\*For details of procedures, see pp. 441–442.



**Fig. 6.** Immunochemical detection of the extracellular part of the leptin receptor common to all splice forms (R) in total cell homogenate of C2C12 myocytes. Total cell homogenate (30 µg) was subjected to SDS-PAGE using 7·5% acrylamide gels and transferred to nitrocellulose membrane. Anti-R antibody dilution was 1 : 750. For details of procedures, see pp. 441–442.

Further work is in progress in our laboratory to study other organs and provide further details on the cellular localization of the leptin-receptor splice variants.

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