

Avoiding conflicts and protecting coral reefs: customary management benefits marine habitats and fish biomass

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Abstract One of the major goals of coral reef conservation is to determine the most effective means of managing marine resources in regions where economic conditions often limit the options available. For example, no-take fishing areas can be impractical in regions where people rely heavily on reef fish for food. In this study we test whether coral reef health differed among areas with varying management practices and socio-economic conditions on Pulau Weh in the Indonesian province of Aceh. Our results show that gear restrictions, in particular prohibiting the use of nets, were successful in minimizing habitat degradation and maintaining fish biomass despite ongoing access to the fishery. Reef fish biomass and hard-coral cover were two- to eight-fold higher at sites where fishing nets were prohibited. The guiding principle of the local customary management system, *Panglima Laot*, is to reduce conflict among community members over access to marine resources. Consequently, conservation benefits in Aceh have arisen from a customary system that lacks a specific environmental ethic or the means for strong resource-based management. *Panglima Laot* includes many of the features of successful institutions, such as clearly defined membership rights and the opportunity for resource users to be involved in making, enforcing and changing the rules. Such mechanisms to reduce conflict are the key to the success of marine resource management, particularly in settings that lack resources for enforcement.

Keywords Aceh, coral reefs, fisheries, gear restrictions, Indonesia, marine protected areas, *Panglima Laot*

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Introduction

Across the Indo-Pacific marine resources are often managed by common property arrangements that limit access through closures of fishing grounds and gear restrictions (Thornburn, 2001; Harkes & Novaczek, 2002; Cinner & Aswani, 2007). Benefits of these customary practices include increases in fisheries yields (McClanahan et al., 1997), biomass of target species (Cinner et al., 2005a,b) and abundance (Aswani & Sabetian, 2010). Important ecosystem processes, such as herbivory (Aswani et al., 2007), and metrics of ecosystem health, such as coral cover, are often higher in areas under customary management (Baird et al., 2005). Integrating these customary systems with contemporary management practices (e.g. spatially defined marine protected areas) is an area of active research (Johannes, 2002; Aswani et al., 2007), with these alternate forms of marine resource management increasingly being advocated (Graham et al., 2008).

Customary management systems are frequently motivated by utilitarian social and economic goals rather than any conservation ethic (Polunin, 1984; Pannell, 1996; Cinner & Aswani, 2007). The ability of customary systems to meet community needs such as providing fish for harvest, reducing conflict among resource users and improving yields can lead to higher levels of compliance, and ultimately better ecological outcomes, than externally imposed biodiversity conservation (McClanahan et al., 2006a; Cinner & Aswani, 2007). One of the critical challenges for marine conservation in developing countries, where food security often takes priority over conservation goals, is how to make conservation more compatible with community needs (Drew, 2005; Cinner et al., 2007). Governance systems that respect customary knowledge, rules and decision-making processes are more likely to be supported by local communities (Aswani, 2005; Hoffman, 2006; Tiraa, 2006) and are common in many Pacific societies (Cinner & McClanahan, 2006; Aswani et al., 2007; Cinner & Aswani, 2007).

Compared with marine customary management in central and eastern Pacific societies there are relatively few examples of community involvement with marine resource management or marine customary law in Indonesia (Cinner & Aswani, 2007; Cinner et al., 2012). Community

governance structures in Indonesia have often been modified, eroded or overruled by provincial or national legal institutions (Novacek et al., 2001; Patlis, 2003) or restricted or prejudiced by centralized conservation policies and laws with respect to marine resource access (Thornburn, 2000; Lowe, 2003), incentives for destructive fishing practices (Thornburn, 2001; Varkey et al., 2010) or disincentives for community participation in management (Novacek et al., 2001; Lowe, 2003). However, as part of the decentralization of governance in many countries, including Indonesia (Thornburn, 2001; Patlis, 2003), customary practices are becoming enshrined in the legislation of district and local authorities (Janssen, 2005; Gelcich et al., 2008).

Documenting the successes or failures of customary practices improves understanding of the governance frameworks within which marine environments and their resources are most effectively managed (McCleod et al., 2009). Here, we present a case study from Aceh, Indonesia, which examines the socio-economic and ecological conditions of six coastal communities in which a customary management system operates. Our objectives were to examine if aspects of coral reef condition, specifically hard-coral cover, fish biomass and fish assemblage structure, differed between reefs that were influenced by varying management practice, in particular the types of fishing gears restricted. To support our analysis we also investigated whether ecological variation was related to socio-economic

variables, including village population size, the number of fishing households, the mean number of occupations, distance to markets, distance to villages and the number of fishing gear types prohibited.

Study area and the *Panglima Laot* system of customary management

This study was conducted on Pulau Weh, a high continental island located c. 20 km off the northern tip of Sumatra (Fig. 1). Pulau Weh has diverse coral communities that grow primarily on bedrock and in unconsolidated sediments. The coastline is divided into several *lhoks* (a harbour, and the unit of management in the marine realm). Within six of these *lhoks* we examined 1–4 sites (15 sites in total; Fig. 1), each with its own set of restrictions on fishing gears (Table 1). One of the *lhoks*, Iboih, was divided into two separate areas for analysis because some sites within this *lhok* are managed as a special tourist reserve, *Kawasan Wisata*, whereas the others are managed by a *Panglima Laot*. Sites with both high (6–9) and low (2–5) numbers of restrictions on types of fishing gear were located in *lhoks* on the north, east and west coasts of Pulau Weh.

In Aceh fishing communities employ a customary management system known locally as *Panglima Laot*. The system was first introduced in the 17th century by Sultan

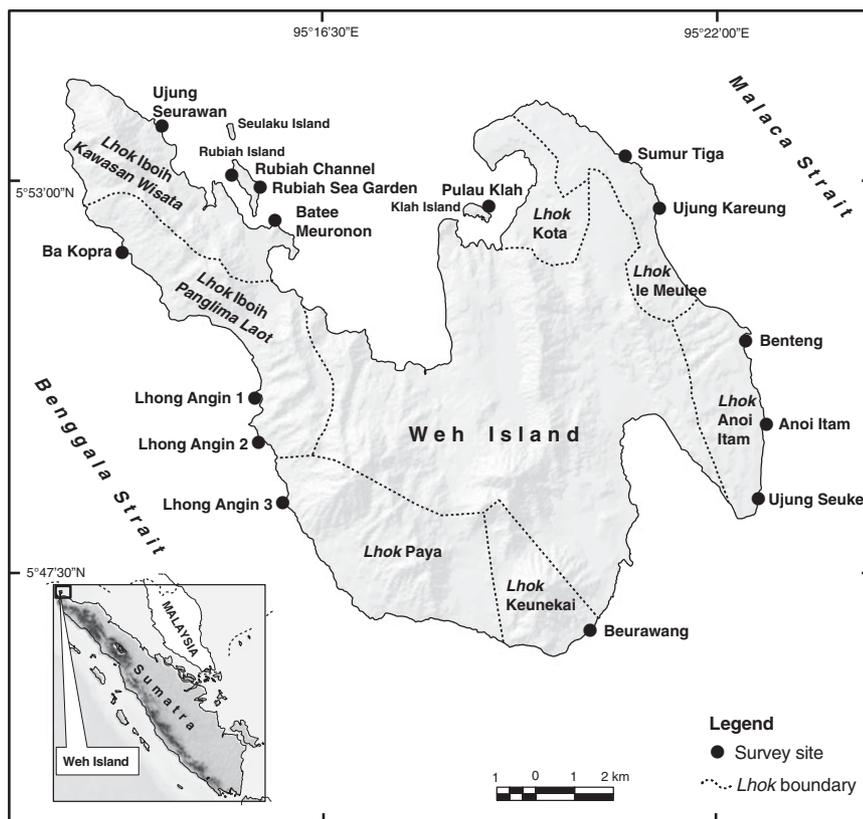


FIG. 1 Pulau Weh showing the boundaries of each of the six *lhoks* (Table 1) and the 15 survey sites located within these *lhoks*. The rectangle on the inset indicates the location of the main map off the northern tip of Sumatra.

TABLE 1 Population size, number of fisher households, mean number of occupations and reef area in six *lhoks* on Pulau Weh (Fig. 1).

<i>Lhok</i>	Population size	No. of fisher households	Mean no. of occupations	Reef area (ha)
Anoi	693	56	3.1	120.55
Itam				
Iboih	766	52	2.5	158.65
Ie	3,574	60	2.5	177.9
Meulee				
Paya	731	71	2.8	111.3
Kota	2,623	170	2.6	112.31
Keunekai	532	21	3.2	32.51

Iskandar Muda (Nurdin et al., 2004). Fishers in each *lhok* elect an individual, usually an elder fisherman, the *Panglima Laot* (literally Commander of the Sea) who meets with fishers every Friday to adjudicate disputes. The *Panglima Laot* has the authority to adjudicate provincial laws concerning fishing rights except in cases where provincial or national criminal law is violated. The *Panglima Laot* decides who is entitled to the catch at sea and which fishing gears can be used. He enforces prohibitions on fishing on religious days, initiates searches for lost fishers, decides compensation in the event of boat collisions and arbitrates general disputes over access to the fisheries (Janssen, 2005). The *Panglima Laot* can also enforce measures to protect the marine environment from land-based threats such as poorly placed development and agriculture. Should a fisher violate the code of conduct for a given *lhok*, the *Panglima Laot* has the authority to ground a boat for 1 week at a time, and if the fisher continues to disobey the rules the *Panglima Laot* can banish boats from the *lhok*. Other sanctions include monetary fines, and preventing fishers from attending community events. Sanctions or punishments are administered through community meetings and ceremonies to reach consensus among parties (Nurdin et al., 2004). Fishers must pay a fee to enter the *Panglima Laot* system, which is used to cover the cost of rescues (C. Wilson, pers. comm., 2009). Importantly, the role of the *Panglima Laot* is not to manage fishery resources per se but rather to promote social harmony by minimizing conflict among fishers (Nurdin et al., 2004). This lack of a conservation ethic is summed up by an Acehnese proverb mentioned by Nurdin et al. (2004) to describe the philosophy behind *Panglima Laot* 'Uleu bak matee, ranteng bek patah'. This saying is translated by Collier et al. (2010) as 'killing a snake without breaking tree branches' or, in other words, to solve one problem without creating a new one. The role of the *Panglima Laot* system in marine resource management has most recently been recognized in 2008, in Provincial Laws No. 9 and 10, which give the *Panglima Laot* authority to arbitrate customary laws in relation to the sea.

Methods

Coral cover and fish biomass

In March 2006 coral cover and fish biomass were estimated along two replicate 50 m transects at two depths (3–4 and 6–8 m) at each of the 15 sites (Fig. 1). Coral cover was recorded at 100 points along each transect, spaced at 0.5 m intervals. Any hard coral (i.e. scleractinian or hydrozoan coral) underlying each survey point was recorded to genus.

The fish assemblages were surveyed along the same 50 m transects used for estimating hard-coral cover. One diver recorded all visually apparent reef fish (i.e., excluding cryptobenthic families Blenniidae, Gobiidae and Tripterygiidae) > 10 cm total length in a 5 m wide belt, and a second diver recorded all fish < 10 cm total length in a 2-m wide belt that extended from the reef substratum to the surface of the water. Individual fishes were identified to species and placed into one of nine size classes (0–5, 5–10, 10–15, 15–20, 20–25, 25–30, 30–35, 35–40 and > 40 cm). Density estimates were converted to biomass using known length–weight relationships; $W = aL^b$, where W is weight (kg), L is total length (cm) and a , b are the indices for a given species (Froese & Pauly, 2008). To examine variation in fish assemblage structure, individual species were allocated to six trophic groups (corallivores, herbivores, invertivores, omnivores, piscivores and planktivores) following Froese & Pauly (2008).

Fishing gears of Pulau Weh

Eight main fishing gears are used on Pulau Weh: reef nets, gill nets, mosquito nets, muroami, hookah, spearguns, handlines and trolling. Reef nets are modified seine nets, not more than 60 m in length, with a height of 8–10 m and a mesh size of 6 cm. They are deployed after dusk from two canoes in calm waters. Gill nets target reef fish, including trigger (family Balistidae), snapper (family Lutjanidae) and emperor fish (family Lethrinidae), and consist of single nylon nets that are either small (length 300–400 m; height 2–5 m) or large (length 800–1,000 m; height up to 15 m). Mesh sizes are 4–11 cm and nets are set passively at the surface or at mid water. Mosquito nets are monofilament nets of 200–300 m length, with a mesh size of < 3 mm, which mostly target anchovies and other small pelagic fishes. Muroami is a technique that primarily targets fusiliers (family Caesionidae) but is non-selective and can catch many reef fish species. The technique involves the use of divers and surface-supplied air (hookah) to chase fish along the reef into a large drive net or purse net (mesh size 2–5 cm) set on reef slopes at depths of 7–30 m. The crew of a muroami operation on Pulau Weh usually consists of 8–10 people. Reef nets and muroami are relatively non-selective, catching fish from many different families. Hookah

gear consists of an air compressor with several air hoses of 50–100 m length. Hooker divers use their hands to collect sea cucumber, lobster and troches, and occasionally spears to target grouper *Cephalopholis*, *Epinephelis* and *Variola* spp. (family Serranidae) and gill nets to target aquarium fishes. Spearguns are made from wood, with spears 1.2–2.0 m in length, and are used by fishers on snorkel to target a wide variety of reef fish species, including snapper and grouper. Hook and line fishing is employed from many boat types including canoes and motorized boats, and trolling consists of a single fisher with a hook and line deployed from the rear of a motorized boat.

Socio-economic variables

In December 2006 143 household surveys were conducted by AM and YH in the six *lhoks*. All respondents were asked to list and rank the occupations of members of the household, from which the mean number of occupations per *lhok* was calculated. Concurrent with these surveys demographic data were sourced from the *Panglima Laot* and government records. Data available for each *lhok* included the population size, number of households, number of households involved in fishing, and mean number of occupations per household (Table 1). At the site level data were available on the distance (m) from survey site to the nearest village (a proxy variable for the likelihood of restrictions being enforced), the distance to the nearest fish market and the number and types of fishing gears prohibited (Table 2).

Statistical analysis

Variation in hard-coral cover and total fish biomass among *lhoks* and sites were tested with two nested ANOVAs. Assumptions of the ANOVA were examined using residual analysis. Subsequently total fish biomass was $\log_{10}(x+1)$ transformed to improve normality and homoscedasticity; Fisher's LSD tests were used to identify which means contributed to any significant differences among sites or *lhoks*.

Variation in the functional composition of the fish assemblages among *lhoks* was analysed using a one-factor multivariate analysis of variance (MANOVA). The analysis was based on the biomass of each of the six functional groups, and was $\log_{10}(x+1)$ transformed to improve multivariate normality. A canonical discriminant analysis was then used to examine how the *lhoks* differed in fish assemblage composition. Ninety-five percent confidence ellipses were plotted around the group centroids (Seber, 1984).

The relationships among the socio-economic variables and hard-coral cover and total fish biomass were examined using bivariate correlations and stepwise multiple

regressions. The correlations provided an indication of the relationships between hard-coral cover and total fish biomass and each of the socio-economic variables independently, and the multiple regressions examined the combined effects of all socio-economic variables and determined the relative importance of each variable in determining coral cover and total fish biomass. All analyses were performed using *STATISTICA v. 7.0* (Statsoft Inc, Tulsa, USA).

Results

The cover of hard corals varied significantly among *lhoks* ($F_{6,8} = 4.22$, $P = 0.033$) and sites within *lhoks* ($F_{8,42} = 2.53$, $P = 0.02$), ranging from a mean of $10.8 \pm \text{SE } 4.2\%$ at Paya to $59.6 \pm \text{SE } 5.2\%$ at Ie Meulee (Fig. 2a). Overall, coral cover was highest at Ie Meulee and Anoi Itam (54.5–59.6%), intermediate at Iboih–*Kawasan Wisata* (41.9%) and lowest at Iboih–*Panglima Laot*, Keunekai and Paya (10.8–30.8%; Fig. 2a).

Total biomass of reef fish varied significantly among *lhoks* ($F_{6,8} = 3.67$, $P = 0.047$) but displayed no significant variation among sites ($F_{8,45} = 1.56$, $P = 0.165$). Reef fish biomass was significantly greater at Ie Meulee and Anoi Itam ($1,090.4$ – $1,729.4 \text{ kg ha}^{-1}$) than at Kota, Iboih–*Panglima Laot*, Keunekai and Paya (241.5 – 444.6 kg ha^{-1} ; Fig. 2b). The composition of the reef fish assemblages also varied significantly among *lhoks* on Pulau Weh (MANOVA, $F_{5,85} = 2.45$, $P < 0.001$). The canonical discriminant analysis revealed two distinct groups of *lhoks* along the first canonical variate, which explained 47.4% of the total variation (Fig. 3). Anoi Itam, Ie Meulee and Iboih–*Kawasan Wisata* were characterized by a greater biomass of corallivores, omnivores, herbivores, and to a lesser extent piscivores and planktivores, than Iboih–*Panglima Laot*, Keunekai, Kota and Paya (Fig. 3).

The cover of live hard corals was positively related to the number of fishing gears prohibited and *lhok* population size, and negatively related to distance to village and distance to market (Table 3). The multiple regression analysis suggested that the number of fishing gear types prohibited, population size and the mean number of occupations were the best combination of predictors of hard-coral cover, with the overall model explaining 53% of the variation in coral cover among sites (Table 3). Similarly, total reef fish biomass was positively related to coral cover, the number of gear types prohibited, and negatively related to distance to nearest village and market (Table 4). The multiple regression indicated that coral cover and the number of fishing gears prohibited were the best combination of predictors of reef fish biomass, explaining 32.9 and 6.2% of the variation in fish biomass among sites, respectively (Table 4).

TABLE 2 Distances from ecological sites to markets and village and the fishing gears prohibited (*) in each of the 15 sites on Pulau Weh.

Site (by <i>lhok</i>)	Distance to market (m)	Distance to village (m)	Nets										Total no. of gears prohibited	
			Trolling	Handline	Hookah	Spear	Gill net	Reef net	Mosquito net	Muroami	Bomb	Cyanide		
Anoi Hitam														
Anoi Hitam	12,292	1,392			*		*	*	*	*	*	*	*	7
Benteng	8,704	1,033	*		*	*	*	*	*	*	*	*	*	9
Ujung Seuke	4,556	3,278			*		*	*	*	*	*	*	*	7
Iboih–Kawasan Wisata														
Batee Meuronon	7,338	907				*	*	*	*	*	*	*	*	7
Rubiah Channel	7,286	1,271	*			*	*	*	*	*	*	*	*	8
Rubiah Sea Garden	6,679	1,110				*	*	*	*	*	*	*	*	7
Ujung Seurawan	9,291	3,445				*	*	*	*	*	*	*	*	7
Iboih–Panglima Laot														
Ba Kopra	40,086	11,487			*		*	*	*	*	*	*	*	7
Lhong Angin 1	24,455	10,167							*	*	*	*	*	4
Lhong Angin 2	22,809	8,823							*	*	*	*	*	4
Ie Meulee														
Sumur Tiga	3,907	1,127				*	*	*		*	*	*	*	6
Ujung Kareung	4,728	2,890					*	*		*	*	*	*	5
Keunekai														
Beurawang	5,820	2,710									*	*	*	2
Kota/Pasiran														
Pulau Klah	2,363	1,570									*	*	*	2
Paya														
Lhong Angin 3	17,534	7,036									*	*	*	2

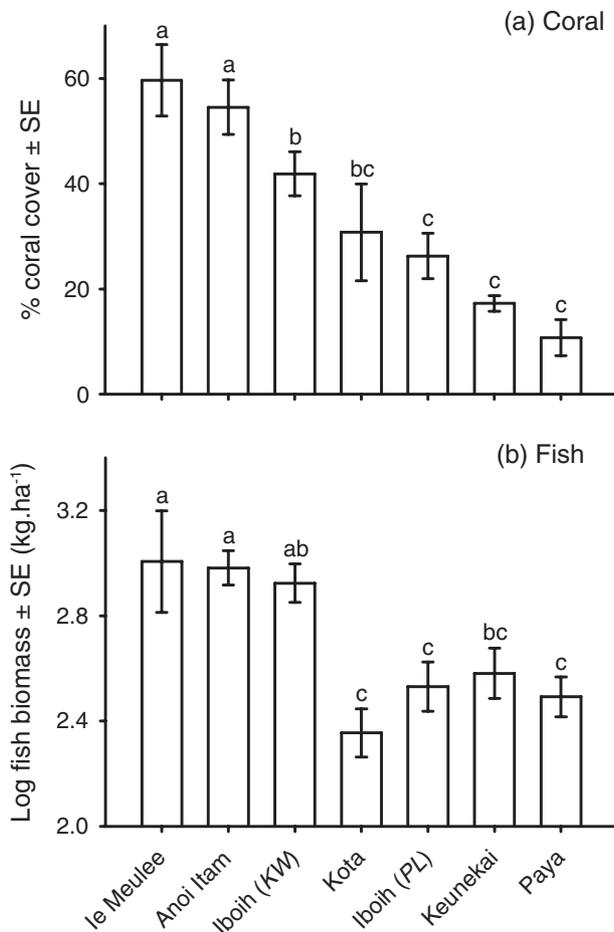


Fig. 2 Variation in (a) mean coral cover and (b) mean total fish biomass among the seven management areas (in six *lhoks*) on Pulau Weh (Fig. 1; KW, *Kawasan Wisata*; PL, *Panglima Laot*). Letters above each bar indicate homogeneous groups identified by Fisher's LSD post hoc analyses.

Discussion

Customary marine resource management practices in the Indo-Pacific are often focused on social goals such as minimizing conflict among coastal communities, rather than western ideals of conservation or fisheries management (Polunin, 1984; Pannell, 1996; Aswani et al., 2007). Although the primary aim of the *Panglima Laot* is to minimize conflict among fishers our findings indicate that controls on fishing gears indirectly yield conservation benefits, including healthier coral reefs that support a greater biomass of reef fish and important trophic groups such as herbivores that are essential for promoting reef resilience.

The correlation of coral cover with the number of gears prohibited is most likely a result of the banning of fishing gears, in particular the various types of nets that cause direct mechanical damage to corals and indirect damage by trampling from high numbers of fishers in the water to set the nets and/or scare fish into the nets. The reasons for the

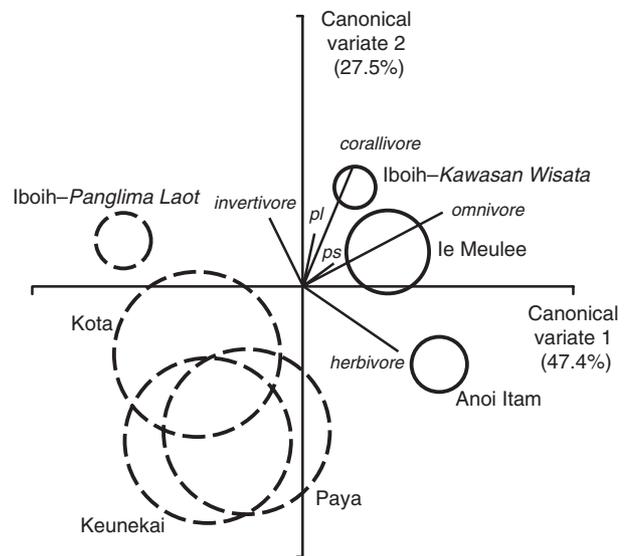


Fig. 3 Canonical discriminant analysis showing the relationship among reef fish assemblages across seven management areas (in six *lhoks*) on Pulau Weh (Fig. 1). Ellipses represent 95% confidence limits around the centroids for each *lhok*. Vectors are structural coefficients of response variables, indicating the relative contributions of each of the fish functional groups to the observed differences in assemblage composition (pl, planktivore; ps, piscivore). Dashed ellipses indicate *lhoks* where nets are allowed; solid ellipses are *lhoks* where nets are prohibited.

gear restrictions are not, however, because of potential damage to the reef but rather because some fishing gears are more likely to create conflict among fishers. Reef nets and muroami, in particular, compete with handlines and spears for many species (e.g. surgeonfish *Acanthurus* and *Naso* spp., grouper, parrotfish: *Chlorurus* and *Scarus* spp., trevally *Caranx* and *Elagatis* spp., and pelagic species such as *Caesio* and *Scomberomorus* spp.) and return relatively high rates of catch. The perception among most fishers is that nets deplete local fish stocks, with the profit mostly going to wealthy boat owners (Wildlife Conservation Society, unpubl. data). Controls enforced by the *Panglima Laot* on the use of nets therefore limit the perceived inequity by reducing competition among fishers of different economic status.

Many different socio-economic factors influence the ability of customary institutions to limit overexploitation of fishery resources. Generally, customary management systems operate best when the human population is low and distance to markets is great (Cinner & Aswani, 2007; Aswani & Sabetian, 2010) Our findings suggest an opposite trend on Pulau Weh, where the proximity of a fishing location to a village and the number of people in the *lhok* probably assists the *Panglima Laot* to enforce compliance with fishing rules, because fishing activities are in view of local communities and there are more people to watch over the resource (Crawford et al., 2004; McClanahan et al., 2006b).

TABLE 3 Relationship between live coral cover and six socio-economic variables across 15 sites on Pulau Weh, with Pearson's correlation coefficient and the results of a stepwise multiple regression analysis.

	Bivariate correlation		Multiple regression				
	<i>r</i>	P	Multiple R^2	β	S.E. of β	$t_{(56)}$	P
Number of gears prohibited	0.555	<0.001	0.308	0.662	0.094	7.072	<0.001
Population	0.306	0.017	0.487	0.516	0.100	5.163	<0.001
Mean occupations	0.032	0.806	0.533	0.229	0.098	2.345	0.023
Fishing households	-0.035	0.792					

TABLE 4 Relationship between total fish biomass and six socio-economic variables and live hard-coral cover across 15 sites on Pulau Weh, with Pearson's correlation coefficient and the results of a stepwise multiple regression analysis. Total fish biomass was log-transformed.

	Bivariate correlation		Multiple regression				
	<i>r</i>	P	Multiple R^2	β	S.E. of β	$t_{(57)}$	P
Coral cover	0.574	<0.001	0.329	0.347	0.131	5.338	<0.001
Number of gears prohibited	0.525	<0.001	0.391	0.257	0.131	2.401	0.020
Population	0.087	0.511					
Mean occupations	0.065	0.622					
Fishing households	-0.248	0.056					
Distance to village	-0.431	0.001					
Distance to market	-0.313	0.015					

The strong relationship between reef fish biomass and coral cover is not surprising because many reef fish rely on corals for shelter and food (Jones et al., 2004; Graham et al., 2007). Numerous studies have reported declines in reef fish diversity and abundance following declines in coral cover and structural complexity (Jones et al., 2004; Pratchett et al., 2008; Messmer et al., 2011). This result suggests that one of the most effective means of protecting fish biomass is to protect the habitat. However, the positive correlation between fish biomass and the number of fishing gears prohibited also suggests that gear restrictions are having a direct effect by reducing fishing pressure. Reef fish biomass can be ten-fold greater in marine protected areas within 10 years of closure when compared to adjacent heavily fished areas (McClanahan & Graham, 2005; Russ et al., 2005). Similarly, in a reef fishery in Tanzania the banning of dynamite, cyanide and small-mesh seine nets that are deployed in a similar manner to muroami nets on Pulau Weh also resulted in an increased abundance of reef fish and the biomass of some fish families (Tyler et al., 2011). Although banning destructive fishing gears appears to be improving fish biomass on Pulau Weh and elsewhere (Tyler et al., 2011) effort may need to be further limited to facilitate greater improvements in fish biomass. The *Panglima Laot* on the east coast of Pulau Weh have recently achieved this through the establishment of strict no-take areas within their marine waters. The proximity of a site to a village can shape reef fish biomass because of market-driven demands (Brewer et al., 2009) and increased fishing pressure (Cinner & McClanahan, 2006). In contrast, our findings suggest the proximity of a fishing location to a village probably assists

the *Panglima Laot* to enforce compliance with fishing rules, as described above.

Reef fish populations also vary in response to environmental factors such as wave exposure, currents and primary productivity (Halford et al., 2004; Pratchett et al., 2008). Although we did not specifically control for these environmental factors, the variation in reef fish biomass was much greater (up to eight-fold) than we would predict on the basis of environmental differences alone. Furthermore, adjacent *lhoks* (which have similar environments) with different levels of gear restriction (i.e. Ie Meulee vs Kota; Iboih-Kawasan Wisata vs Iboih-Panglima Laot, and Anoi Itam vs Keunekai) followed the general trend of greater fish biomass where the number of gears restricted was high.

Poor enforcement of controls on destructive fishing, including blast and cyanide fishing, may also be responsible for some of the differences in coral cover and fish biomass. According to local fishers, although blast fishing ceased in the 1990s, sporadic cyanide fishing continues in some *lhoks* such as Paya and Keunekai and may be contributing to consistently low coral cover and reef fish biomass at these sites.

The relative abundance of the different trophic groups was also linked to gear restrictions. The three *lhoks* where the most types of gears were prohibited (i.e. Anoi Itam, Ie Meulee and Iboih-Kawasan Wisata) were characterized by a greater biomass of corallivores, omnivores, herbivores, and to a lesser extent piscivores and planktivores, than *lhoks* where the number of gears prohibited was low (i.e., Iboih-Panglima Laot, Keunekai, Kota and Paya; Fig. 3). Similar

responses following spatial closures on fishing of herbivorous parrot fish has been reported in the Indo-Pacific (Aswani & Sabetian, 2010).

The customary system of *Panglima Laot* has a number of the design principles identified by Ostrom (2009), and more recently examined by Gutierrez et al. (2011), to be associated with successful fisheries management institutions, including clearly defined membership rights, rules that limit resource use, the right of resource users to make, enforce and change the rules, graduated sanctions and a mechanism for conflict resolution (Cinner et al., 2012). These principles are the key to the ability of the institution to reduce conflict among communities, provide sustainable access to marine resources and limit the destruction of marine habitats. However, the institution has not been uniformly successful. In particular, reef condition in the adjacent island group of Pulau Aceh was poor in 2005, possibly because of destructive fishing and poor coastal management (Baird et al., 2005; Campbell et al., 2007). The precise causes of this breakdown of the *Panglima Laot* system are the focus of current research efforts in the region. Investing a single individual with authority to make all decisions poses some risk of abuse.

Motivated by the aim of producing social harmony, restrictions on gear use by the *Panglima Laot* in Aceh have direct conservation benefits such as high coral cover and enhanced fish biomass. Additional surveys over a wider geographical scale and over a longer period are required to reveal whether these findings also apply at larger spatial and temporal scales.

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