

# THE BRITISH JOURNAL OF PSYCHIATRY

Volume 143

Published monthly

AUGUST 1983

Founded in 1853 as the *Asylum Journal* and known as the *Journal of Mental Science*  
from 1855 to 1963.

---

---

EDITOR

J. L. Crammer

ASSOCIATE EDITORS

Martin Roth      Kenneth Rawnsley

ASSISTANT EDITORS

Sidney Crown  
John Cutting  
Gaius Davies  
Hugh Freeman

Alan Kerr  
Margaret Little  
Julian Leff  
Andrew C. Smith

Philip Snaith  
William Spry  
Peter Tyrer  
Gregor Wilkinson

EDITORIAL MANAGEMENT

Jacqueline Yates

ASSISTANT FOR THE BULLETIN

Alison Campbell

---

---

Correspondence, manuscripts, books for review, for both the *Journal* and the *Bulletin* should be addressed to the Editor, 17 Belgrave Square, London SW1X 8PG (Tel 01-235 8857). See inside front cover for further instructions.

Advertising enquiries, correspondence and copy should be addressed to Mr. Peter T. Mell, Advertisement Manager, PTM Professional Publications Ltd, 282 High Street, Sutton, Surrey SM1 1PQ (Tel 01-642 0162 PBX).

Subscriptions for non-members of the College are payable directly to the printers, Headley Brothers Ltd, to whom all queries about missing or faulty copies should be addressed within six months of publication and who also supply on order Special Publications and Gaskell Books.

**Annual subscription rates 1983 (12 issues post free)**

Inland: Institutions £65.00; Individuals £55.00

Overseas: Institutions £90.00, US\$200.00; Individuals £75.00, US\$165.00

Single copies of the Journal, £6.00, US\$12.00 (post free).

**Bargain: Special American private subscription \$45.00** for 12 issues post free, to personal subscribers affirming the Journal is for their own use and naming the institution to which they belong and which already subscribes at the institutional rate. For residents of North America only.

**USA Mailing Agents**, Expeditors of the Printed Word Ltd., 527 Madison Avenue, Suite 1217, New York, NY 10022. 2nd Class postage paid at New York City, NY. (USPS No. 536-870).

**Back issues** published in 1982 may be purchased from Headley Brothers Ltd and all previous issues from William Dawson & Sons Ltd, Cannon House, Folkestone, Kent, England (Tel 0303 57421).

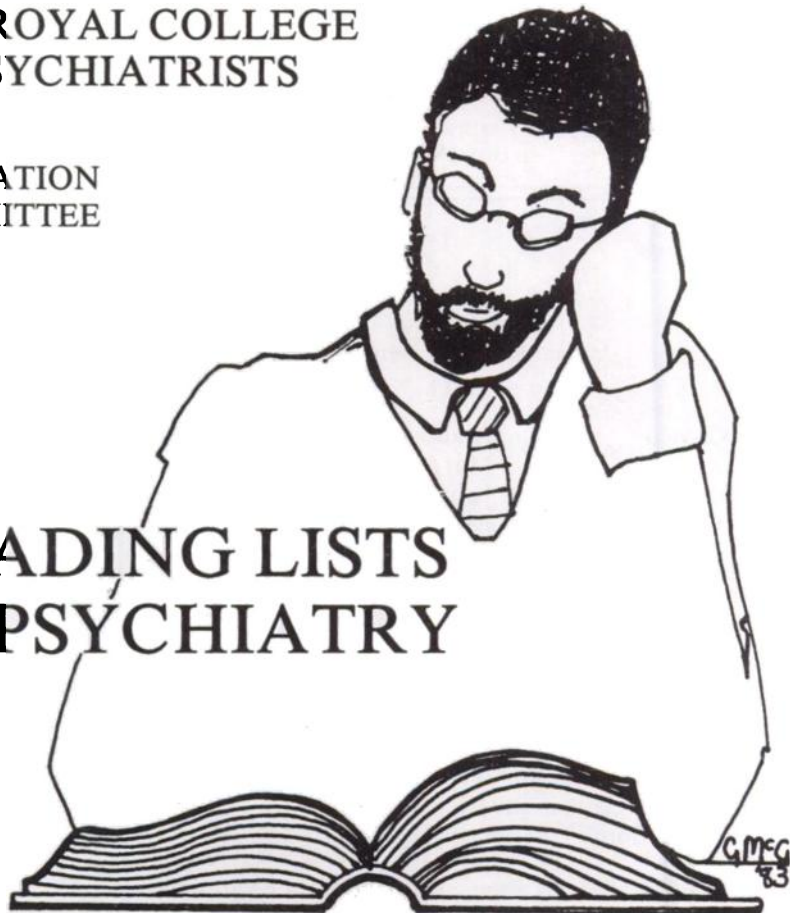
**Printed by Headley Brothers Ltd, Ashford, Kent TN24 8HH, England (Tel 0233 23131).**

© 1983 THE ROYAL COLLEGE OF PSYCHIATRISTS

# THE ROYAL COLLEGE OF PSYCHIATRISTS

EDUCATION  
COMMITTEE

## READING LISTS IN PSYCHIATRY



The Royal College of Psychiatrists has been publishing reading lists of papers since 1970, as a service to trainees, but not as a suggested syllabus for any particular course of training or examination. Since 1977 the Sections have been invited to submit specialized lists, prepared by small working parties. Discussion, editing and preparation in this format have been the responsibility of a Library and Reading Lists Sub-Committee of the Education Committee, with representation from all Sections and with trainee membership, the officers being the Chairman, Dr. John Bowlby (who resigned in 1980 after years of the closest attention to the project) and the Secretary, Dr. Andrew C. Smith.

**Part I** Mental Handicap, Forensic Psychiatry, Social and Community Psychiatry, Psychiatry of Old Age. Pp 9.

**Part II** Addictions, Child and Adolescent Psychiatry. Pp 10.

**Part III** Psychotherapy. Pp 9 (available singly 50p).

**Part IV** General Reading List. Pp 41.

**Part III available singly 50p. Parts I, II and IV sold only as a set with Part III (£2.00 the set including packing and postage).**

*Order from*  
**Headley Brothers Ltd**  
**Ashford, Kent TN24 8HH**



BOWDEN HOUSE  
CLINIC

**For treatment of all forms and severity of psychiatric illness usually in the short term, including acute Psychosis, Alcoholism and Psycho-geriatric cases**

- *Medical and nursing care to a high standard provided in an informal and friendly atmosphere*
- *Special arrangements for patients covered by a private Medical Insurance scheme*

**For further information please contact the Medical Director**

**London Road, Harrow-on-the-Hill  
01-864-0221**

Schizophrenia, Depression, Anxiety; Alzheimer's, Parkinson's, Huntington's Diseases; Epilepsy; Pain – all areas where basic knowledge has advanced greatly over the past decade.

## NEUROTRANSMITTERS AND CNS DISEASE

is now available as a **LANCET** page-size combined reprint, with index.

The reprint costs £2.25

Orders with prepayment should be sent to:

**THE LANCET**

Publications Department, (JP)  
7 Adam Street, London WC2N 6AD



**Hayes Grove Priory Hospital**

Prestons Road, Hayes, Kent BR2 7AS

Telephone: 01-462 7722

## MEDICAL DIRECTOR

This new, 55 bed private hospital for acutely ill psychiatric patients will open in November 1983. Located in the London Borough of Bromley, the hospital enjoys beautifully landscaped gardens and is situated on the edge of Hayes Common.

In addition to general psychiatry, the Hayes Grove Priory will provide facilities for a day care programme, psychogeriatric assessment, treatment for alcoholism, and an emergency consultation service.

The medical staff will consist of two or three hospital-based psychiatrists together with twenty visiting consultants with admitting privileges.

The hospital will operate as an autonomous clinic of Community Psychiatric Centres (London). Affiliated hospitals in England are the Priory Hospital, London, and Galsworthy House, Kingston upon Thames.

The successful candidate will have both a distinguished academic background and proven experience in private practice. The salary, which is negotiable, will include a guaranteed additional income from private practice.

Further details may be obtained by writing, in confidence, to:

**John C. Hughes, Chairman, Community Psychiatric Centres (London), Priory Lane, London SW15 5JJ.**

# The Australian National University

THE AUSTRALIAN NATIONAL UNIVERSITY invites applications for POSTDOCTORAL FELLOW GRADE I/RESEARCH FELLOW (BIOMETRICIAN OR PSYCHOMETRICIAN) NH&MRC SOCIAL PSYCHIATRY RESEARCH UNIT, RESEARCH SCHOOL OF PACIFIC STUDIES. The person appointed would work in one of the Unit's two areas of research: the epidemiology of neurosis; or studies of mental illness in the elderly. She/he would also be expected to advise on and assist with the statistical design and analysis of other Unit projects. Applicants should have training in mathematical statistics, a PhD and preferably have experience and publications in one or more of the following: the design and analysis of epidemiological studies; clinical research in medicine or psychiatry; or the development of psychological measures. Experience in causal modelling would be an advantage. The Unit consists of five scientific staff and four research assistants and is funded by the National Health and Medical Research Council. Staff are full members of the University staff. Appointment as Research Fellow will be for three years initially with possible extension, following review, to 31 December 1986, or for a further period should the Unit be funded beyond that date. Appointment as Post-doctoral Fellow will be for two years initially and may be extended for a third year. Further information is available from Dr A. S. Henderson, Director of the Unit. Salary in accordance with qualifications and experience within the ranges: Research Fellow \$22,430–\$29,467 p.a.; Postdoctoral Fellow Grade 1 (at fixed point) \$19,333–\$22,148 p.a. Current exchange rates: \$A1 = \$US0.88 = UK56p. Grants are provided towards travel and removal; assistance towards housing; superannuation. The University reserves the right not to make an appointment or to make an appointment by invitation at any time. Applicants should write to The Registrar, The Australian National University, G.P.O. Box 4, Canberra 2601, Australia with whom applications close on 5 AUGUST 1983.

UNIVERSITY OF OTAGO  
Dunedin, New Zealand

## SENIOR LECTURER IN ADULT PSYCHIATRY

Applications are invited for the post of Senior Lecturer in Adult Psychiatry within the Department of Psychological Medicine of the Faculty of Medicine, Dunedin.

This is a full-time University-Hospital post with University conditions of appointment, including a limited right of private practice and carrying consultant status in the Dunedin Hospitals. Applicants should be suitably qualified psychiatrists with clinical experience and an interest in research and teaching. The appointee would be involved in a full range of undergraduate and postgraduate teaching within the Department of Psychological Medicine. The successful applicant would be encouraged to pursue his/her own area of research interest. Considerable flexibility is possible in the appointee's choice of clinical specialisation within adult psychiatry. Facilities to pursue liaison psychiatry and a wide range of adult psychiatry are available. Undergraduate and postgraduate teaching is carried on by the Department and the appointee would be expected to contribute to both aspects.

*Salary:* Senior Lecturer NZ\$35,121–NZ\$45,213 per annum.

An allowance for clinical responsibility may be payable in the light of status and duties performed.

Further information is available from the Association of Commonwealth Universities (Appts), 36 Gordon Square, London WC1H 0PF, or from the Registrar of the University, P.O. Box 56, Dunedin, New Zealand.

Applications 31 July 1983, or as soon as possible thereafter.

## **The University of Manitoba**

The University of Manitoba invites applications for faculty positions with appointment in its major teaching hospitals and in its proposed professional units in provincial facilities. These appointments offer major clinical and academic opportunities in child, adolescent, adult, geriatric, and consultation-liaison psychiatry. They offer substantial opportunities for academic and professional growth and development.

The department's teaching hospitals are the province's principal referral institutions for psychiatric problems and they offer a comprehensive range of teaching, therapeutic, and research activities.

Applicants must have an interest in contributing to the department with established teaching and research activities. Opportunities are available in a number of clinical and research settings. Salary and rank commensurate with experience and qualifications.

Both men and women are encouraged to apply. In accordance with Canadian Immigration requirements, this advertisement is directed to Canadian citizens and permanent residents.

Enquiries should be directed to Dr. Harry Prosen, Professor and Head, Department of Psychiatry, University of Manitoba, 770 Bannatyne Avenue, Winnipeg, Manitoba, R3E OW3.

## **British Journal of Psychiatry**

*Back issues published in  
1982 may be purchased from  
Headley Brothers Limited  
and all previous  
issues from*

**William Dawson & Sons  
Limited,  
Cannon House,  
Folkestone,  
Kent.**

## **NOTICE TO ADVERTISERS**

Applications for advertisement  
space in  
*The British Journal of Psychiatry*  
should be made to:

## **PTM PROFESSIONAL PUBLICATIONS LIMITED**

282 High Street,  
Sutton, Surrey SM1 1PQ  
Telephone: 01-642 0162

## **PSYCHIATRISTS, CONSIDER A FUTURE IN ONTARIO, CANADA.**

There are challenging and exciting opportunities for experienced psychiatrists in Ontario, Canada. The Ontario Government, dedicated to providing its 8.5-million people with the best Mental Health System in the world, is presently developing a team to achieve this end.

In addition to attractive salary and fringe benefits, large tax-free incentives and university appointments are available to the psychiatrists who qualify.

Add to these considerations the wonderfully varied climate, the cultural and recreational facilities and the friendliness of Canadians to professionals from other lands, and Ontario makes a great deal of sense.

### **FOR INFORMATION KINDLY CONTACT:**

W. J. Copeman, M.D., D.P.H., F.C.F.P.  
Underserviced Area Program  
Ontario Ministry of Health  
Sixth Floor, 15 Overlea Boulevard  
Toronto, Ontario, Canada  
M4H 1A9  
Telephone: (416) 963-1176

Ministry of Health  
 **Ontario**  
Larry Grossman, Minister

## **Psychiatrists**

**\$71,500–\$87,800**  
(contract rates)

The MINISTRY OF HEALTH, North Bay Psychiatric Hospital, a fully accredited facility affiliated with the University of Western Ontario, seeks individuals to provide diagnostic, treatment and consultative services in general adult psychiatry to in-patients and out-patients. These are contract positions, one month to one year in duration. Location: North Bay, Ontario, CANADA.

Qualifications: Licence to practise medicine in Ontario; RCPS (Canada) certification as a specialist in psychiatry or approved equivalent status. Applicants eligible to write certification examinations will also be considered.

Salary negotiable depending on qualifications and experience. Transportation costs will be reimbursed; staff accommodation is available for short-term appointees.

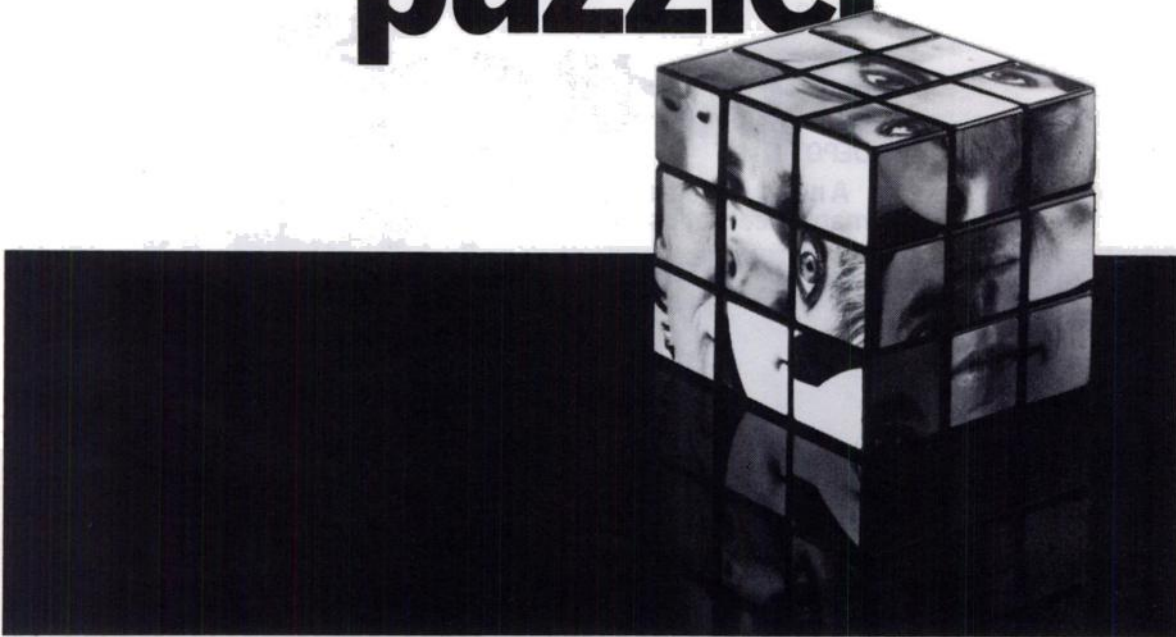
Please submit application/résumé, indicating length of employment desired and quoting file HL-30-99, as soon as possible to: Medical Director, North Bay Psychiatric Hospital, PO Box 3010, North Bay, Ontario, CANADA, P1B 8L1. For further information, call (705) 474-1200.

*Equality of Opportunity  
for Employment*

 **Ontario  
Public Service**



# A new depot neuroleptic to help solve the psychotic puzzle.



Prescribing information is available overleaf.

# Piportil

DEPOT PIPOTHIAZINE PALMITATE

## From May & Baker the company that developed Largactil.

New Piportil depot is a unique phenothiazine derivative from May & Baker, the company that helped to revolutionise the treatment of psychoses with the introduction of Largactil.

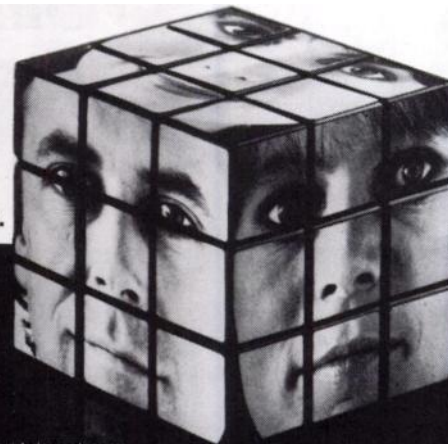
Clinical trials show Piportil depot to exert a potent antipsychotic action against a wide range of symptoms!<sup>4</sup> Piportil depot is a fast acting<sup>5,6</sup> phenothiazine, and causes minimal sedation<sup>6</sup> and depression.<sup>3,5</sup>

These benefits, together with its four week duration of action<sup>2,7</sup> facilitate rapid and maintained social integration for your psychotic patients,<sup>3</sup> helping you to solve the psychotic puzzle.

# Piportil

DEPOT

A new way to treat the many facets of psychoses.



**Prescribing Information:** Dosage: (Adults) Initially 25mg (0.5ml) by deep intramuscular injection into the gluteal region to assess susceptibility of patient. Dosage should be increased by increments of 25 or 50mg at appropriate intervals until a satisfactory response is obtained. Most patients respond to a dose of 50-100mg (1-2ml) every 4 weeks. Patients should be stabilised under psychiatric supervision.  
**Contra-indications:** Marked cerebral atherosclerosis, phaeochromocytoma, renal or liver failure, severe cardiac insufficiency or hypersensitivity to other phenothiazine derivatives. **Precautions:** A history of convulsive disorders or marked extrapyramidal reactions to oral phenothiazines, in pregnancy and lactation. **Side-effects:** Reversible extrapyramidal reactions, sleep disturbance, depression, blurred vision, asthenia, impotence, dry mouth, nausea, amenorrhoea, galea, torrhoea, hypotension, hyperhydrosis and weight gain have been observed occasionally. Corneal or lenticular cloudiness have not been observed with Piportil alone, but in treatment with phenothiazine preparations at high dosage over a long period, there is a risk of such side-effects occurring. **Local reactions:** at site of injection are rare. **Presentations:** Boxes of 10 x 1ml (50mg) and 10 x 2ml (100mg) ampoules. **Product Licence No. (P1002/017).** **References:** 1. Singh A.N., Saxena B., *Curr. Ther. Res.* 1979; 25:121. 2. Albert J.M., Ebe R., Cooper S.F., *Curr. Ther. Res.* 1980; 27:897. 3. Valeraque A., Fontaine P., *Curr. Ther. Res.* 1980; 27:411. 4. Lapierre Y.D. et al. 2nd World Congress Psychiat Barcelona 1978; *Biological Psych.* Today 1979; Elsevier/Holtans Biomedical Press, pages 1087-1094. 5. Johnson R.E., *J. Int. Med. Res.* 1979; 7:187. 6. H.T.M., Resberg B., Patterson C., Amin A., Wadud A., Heerman W.M., *Curr. Ther. Res.* 1978; 24:689. 7. Simpson G., Yarga V., *Curr. Ther. Res.* 1975; 17:No. 3:276-280. Further information is available on request, May & Baker Ltd., Dagenham, Essex RM10 7XS. Piportil depot is a Trademark. MA1977.

