# **Behaviour Change**

Journal of the Australian Association for Cognitive and Behaviour Therapy Vol. 14, No.3, 1997

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Formerly the Australian Behaviour Modification Association (ABMA)

### AIMS

The Australian Association for Cognitive and Behaviour Therapy (AACBT) is a multidisciplinary professional society. The aims of the Association are:

- 1 To organise continuing education and training in the principles and practice of Cognitive and Behaviour Therapy;
- 2 To publish and disseminate information to members about developments in Cognitive and Behaviour Therapy in Australia and other countries;
- 3 To educate the community in the principles and ethical practice of Cognitive and Behaviour Therapy;
- 4 To liaise and consult with other persons or organisations in the teaching and practice of Cognitive and Behaviour Therapy;
- 5 To promote the ethical practice of Cognitive and Behaviour Therapy by members;
- **6** To organise or assist in the organisation of an annual National Conference on Cognitive and Behaviour Therapy.

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