

Psychological Medicine

MONOGRAPH SUPPLEMENT 5

Hypertension: psychological
aspects and diagnostic
impact in a clinical trial
Anthony Mann

Cambridge University Press

Hypertension: psychological aspects and diagnostic impact in a clinical trial

The clinical trial of the potential benefit from the reduction of mildly and moderately elevated blood pressure has allowed a rare opportunity for psychiatrists and physicians to collaborate in research. A psychiatric study was incorporated to determine the psychological consequences of alerting asymptomatic individuals to their raised blood pressure and recruiting them into a clinical trial.

The monograph reports the results of this psychiatric study and reviews the psychological theories of the aetiology of hypertension itself. Two long-held theories are challenged by the data collected during this special psychiatric study.

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