

OUTPATIENT DEPRESSION TREATMENT - COMPARATIVE ANALYSIS OF GENERAL PRACTITIONER'S, PSYCHIATRIST'S AND PSYCHOTHERAPIST'S TREATMENT STRATEGIES

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Objective: To analyze the status quo of outpatient treatment of depression from general practitioner's , psychiatrist's and psychotherapist's point of view.

Method: Pooled analysis of the outpatient treatment of depression of general practitioners (n = 180), psychiatrists (n = 71), and psychotherapists (n = 160). Survey performed to uncover the clinical process the clinical process, the perceived obstacles, and subjective responsibilities.

Results: The diagnosis of all three groups was based primarily on their clinical impression, rather than on formal diagnosis criteria. The cooperation with the medical-psychotherapeutic sector was assessed more favorably than cooperation with the psycho-social sector.

Conclusions: Needs for improvements particularly regarding diagnoses and an interdisciplinary cooperation.