

## Infection Control Hospital Epidemiology

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Volume 42 2021 Number 7

#### **CONTENTS**

#### **Original Articles**

- 797 Surveillance and identification of clusters of healthcare workers with coronavirus disease 2019 (COVID-19): Multidimensional interventions at a comprehensive cancer center Ella J. Ariza-Heredia, Elizabeth Frenzel, Sherry Cantu, Mary Carlson, Georgia Thomas, Fareed Khawaja, Issam I. Raad and Roy F. Chemaly
- 803 Severe acute respiratory coronavirus virus 2 (SARS-CoV-2) infection among hospital workers in a severely affected institution in Madrid, Spain: A surveillance cross-sectional study Felipe Pérez-García, Aurora Pérez-Zapata, Naroa Arcos, Manuel De la Mata, María Ortiz, Encarnación Simón, Irene Hervás Fernández, Victoria González Ventosa, Mario Muñoz Monte, Javier González Arroyo, Ramón Pérez-Tanoira and Juan Cuadros-González.
- 810 Changes in antimicrobial utilization during the coronavirus disease 2019 (COVID-19) pandemic after implementation of a multispecialty clinical guidance team *Milner B. Staub, Ronald M. Beaulieu, John Graves and George E. Nelson*
- 817 Respiratory viral testing and antibacterial treatment in patients hospitalized with community-acquired pneumonia Michael Klompas, Peter B. Imrey, Pei-Chun Yu, Chanu Rhee, Abhishek Deshpande, Sarah Haessler, Marya D. Zilberberg and Michael B. Rothberg
- 826 Subglottic suction frequency and adverse ventilator-associated events during critical illness Hatem O. Abdallah, Melanie F. Weingart, Risa Fuller, David Pegues, Rebecca Fitzpatrick and Brendan J. Kelly
- 833 Five-year outcome of peripherally inserted central catheters in adults: a separated infectious and thrombotic complications analysis

  Samuel González, Pedro Jiménez, Pedro Saavedra, Desiré Macías, Ana Loza, Cristóbal León,

  Magdalena López, Elena Pallejá, Carmen Rosa Hernández-Socorro and Sergio Ruiz-Santana
- 842 Trends in central-line-associated bloodstream infections and catheter-associated urinary tract infections in a large acute-care hospital system in New York City, 2016-2019
  Monica A. Kaminski, Briana Episcopia, Saquib Malik, Mary Fornek, David Landman, Geralda Xavier and John Quale
- 847 Investigating the association of room features with healthcare-facility—onset *Clostridioides difficile*: An exploratory study

  Elisabeth Dowling Root, Megan Lindstrom, Amy Xie, Julie E. Mangino, Susan Moffatt-Bruce
  and Courtney Hebert

**853** Evaluation of the negative predictive value of methicillin-resistant *Staphylococcus aureus* nasal swab screening in patients with acute myeloid leukemia

Sarah K. Perreault, Bailee Binks, Dayna S. McManus and Jeffrey E. Topal

857 An agent-based model to simulate the transmission of vancomycin-resistant enterococci according different prevention and control measures

Stéphanie Deboscker, François Séverac, Jean Gaudart, Céline Ménard, Nicolas Meyer and Thierry Lavigne

#### **Commentaries**

- 864 Rapid diagnostic testing for antimicrobial stewardship: Utility in Asia Pacific Anucha Apisarnthanarak, Hong Bin Kim, Luke Moore, Yonghong Xiao, Sanjeev Singh, Yohei Doi, Andrea Lay-Hoon Kwa, Sasheela Sri La Sri Ponnampalavanar, Qing Cao, Shin-Woo Kim, Hyukmin Lee and Pitak Santanirand
- **869** Need of the hour: Dental stewardship *Ritu Cheema*
- 871 Patient notification about suspected hospital-associated outbreaks of invasive mold infections: Considerations for public health and hospital personnel *Pooja Gandhi, Kaitlin Benedict, Mitsuru Toda, Karlyn D. Beer, Tom M. Chiller and Brendan R. Jackson*

#### **Concise Communications**

877 The role of the social vulnerability index in personal protective equipment shortages, number of cases, and associated mortality during the coronavirus disease 2019 (COVID-19) pandemic in Michigan skilled nursing facilities

Jennifer J. LeRose, Courtney Merlo, Phong Duong, Kelsi Harden, Rebecca Rush, Adam Artzberger, Nikki Sidhu, Avnish Sandhu and Teena Chopra

881 Determinants for voluntary participation in staff screening during an methicillin-resistant *Staphylococcus aureus* (MRSA) outbreak on a neonatal ward

Aline Wolfensberger, Manuel Schmid, Hugo Sax, Lauren Clack, Colette Wyler, Dirk Bassler, Katharina Kusejko, Lilly Meyer, Silvana K. Rampini and Jehudith R. Fontijn

885 Carbapenem-resistant *Enterobacteriaceae* epidemiology in Veterans' Affairs medical centers varies by facility characteristics

Marissa S. Wirth, Margaret A. Fitzpatrick, Katie J. Suda, Geneva M. Wilson, Swetha Ramanathan, Martin E. Evans, Makoto M. Jones, Christopher D. Pfeiffer and Charlesnika T. Evans

890 Impact of restricting procalcitonin measurements in a Swiss tertiary-care hospital on antibiotic use, clinical outcomes, and costs: An interrupted time-series analysis

Mohamed Abbas, Nathalie Vernaz, Elodie von Dach, Nicolas Vuilleumier, Stephan J. Harbarth and Benedikt D. Huttner

893 Gaining momentum in colorectal surgical site infection reduction through a human factors engineering approach

Aurora E. Pop-Vicas, Julie A. Keating, Charles Heise, Pascale Carayon and Nasia Safdar

#### Research Brief

896 N95 filtering face piece respirators remain effective after extensive reuse during the coronavirus disease 2019 (COVID-19) pandemic

Valeria Fabre, Sara E. Cosgrove, Yea-Jen Hsu, George F. Jones, Taylor Helsel, James Bukowski, Mark Sobota, Anna C. Sick-Samuels, Aaron M. Milstone, Lisa L. Maragakis and Clare Rock, for the Centers for Disease Control and Prevention Epicenters Program

899 Clinical features and risk factors for community-onset bloodstream infections among coronavirus disease 2019 (COVID-19) patients

Elisa F. Akagi, Mamta Sharma, Leonard B. Johnson, Susanna M. Szpunar, Kathleen Riederer, Louis D. Saravolatz and Ashish Bhargava

901 Characterization of handheld disinfectant sprayers for effective surface decontamination to mitigate severe acute respiratory coronavirus virus 2 (SARS-CoV-2) transmission

Seong Chan Kim, Dong-Bin Kwak, Thomas Kuehn and David Y.H. Pui

#### Letters to the Editor

- 904 Healthcare worker acute respiratory illness cluster in 2020: Could it be from COVID-19? Win Mar Kyaw, Aung Aung Hein, Zoe Zhang Xiaozhu, Lay Tin Lee, Cui Lin, Brenda Ang and Angela Chow
- 906 Size-dependent filtration efficiencies of face masks and respirators for removing SARS-CoV-2-laden aerosols

  Yumeng Liu and Bin Zhao
- 907 Effect of vaporized hydrogen peroxide reprocessing on N95 respirators Elena Beam, Jeffrey C. Nesbitt, Matthew D. Austin and Kannan Ramar
- 908 RE: Universal SARS-CoV-2 testing on admission to the labor and delivery unit: Low prevalence among asymptomatic obstetric patients

  Sean Cronin, Megan Piacquadio, Katelyn Brendel, Aden Goldberg, Marco Goldberg, Chase White,

  David Jaspan and Jay Goldberg
- 909 Validation of a small-size pooling approach targeting hospital surveillance of SARS-CoV-2 infection Andrea Petrucca, Marina Borro, Luana Lionetto, Giovanna Gentile, Antonella Alari Biol, Maurizio Simmaco and Iolanda Santino
- 911 Configuring a hospital in the COVID-19 era by integrating crisis management logistics *Abdulrahman Alharthy, Fahad Faqihi, Huda Mhawish, Abdullah Balhamar, Ziad A. Memish and Dimitrios Karakitsos*

- 913 A model for shared clinical care in the COVID-19 crisis *Katrin Gillis, Peter Van Bogaert, Hilde Servotte, Serge Lievens, Henk Cuvelier, Philip Nieberding and Veroniek Saegeman*
- 915 Impact of COVID-19 on pneumonia-focused antibiotic use at an academic medical center Matthew J. Nestler, Emily Godbout, Kimberly Lee, Jihye Kim, Andrew J. Noda, Perry Taylor, Rachel Pryor, J. Daniel Markley, Michelle Doll, Gonzalo Bearman and Michael P. Stevens

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#### About the cover:



Starting in 2015, the cover format of each volume of Infection Control and Hospital Epidemiology will be changed in order to honor one of the many professionals throughout history who not only recognized how disease might be spread, but also how those principles could be applied to reduce healthcare associated infections.

Wu Lien-teh, M.D., MPH was born Gnoh Lean Tuck in Malaysia in 1879. His father, who was Chinese, immigrated to Penang to work as a goldsmith. In 1896, Wu won the Queen's Scholarship allowing him to enroll at Emmanuel College in Cambridge University. After training at St. Mary's Hospital in London, Wu pursued research at the Liverpool School of Tropical Medicine, the Pasteur Institute, and the Bacteriological Institute of Halle in the fields of bacteriology, malaria, and tetanus. By the age of 24, Dr. Wu was the first student of Chinese descent to graduate from Cambridge with a medical degree.

Dr. Wu returned to Malaysia in 1903, to find that there were no posts in the Medical Service for non-British specialists. After a brief time studying beri-beri, he returned to Penang to establish

a medical practice. He advocated for the abolition of gambling, spirits and opium which impacted local government coffers. Wu soon found himself to be in possession of an ounce of opium for which he was prosecuted. In 1907, Wu left Malaysia to accept an invitation to serve as the Vice-Director of Imperial Army Medical College in Tientsin, China.

In 1910, an outbreak of a rapidly fatal respiratory disease occurred in the Chinese-Russian town of Harbin in Manchuria. The outbreak began amongst 10,000 hunters who stayed in crowded inns; they sought marmots for their pelts which, when appropriately dyed, could pass for sable. Wu, being conversant in French and German, was dispatched to work with foreign medical officers. No one had seen pneumonic plague in recent memory, but Dr. Wu strongly suspected the diagnosis and had to overcome Chinese prohibitions against performing postmortems to prove it. With his direction, travel was restricted, plague hospitals were built and the symptomatic isolated, their homes were disinfected, and asymptomatic contacts were identified and quarantined in freight cars. Bodies that could not be buried in the frozen soil were cremated contrary to the teachings of Confucianism. Everyone was encouraged to wear anti-plague masks, the forerunner of the N95 mask. One senior physician who notably refused to wear a mask died of the disease. By the Lunar New Year in 1911, the outbreak had ceased; 60,000 inhabitants had died.

Dr. Wu was nominated for the Nobel Prize for his work as a plague fighter; he directed the National Quarantine Service and was the first president of the China Medical Society. He also championed the modernization of Chinese Medical and Public Health Systems. After the Japanese occupation of China in 1937, he returned to Malaysia where he practiced medicine until retirement at the age of 80. Dr. Wu Lien-teh died on January 20, 1960 following a stroke.

Cover image: The Wu Lien Teh Memorial Museum in Harbin, China (https://wulienteh.com/1453/dr-wu-lien-teh-memorial-museum/).