

THE BRITISH JOURNAL OF PSYCHIATRY

Volume 145

Published monthly

SEPTEMBER 1984

Founded in 1853 as the *Asylum Journal* and known as the *Journal of Mental Science*
from 1855 to 1963.

EDITOR

Hugh Freeman

ASSOCIATE EDITORS

Martin Roth Kenneth Rawnsley

ASSISTANT EDITORS

Sidney Bloch
Sidney Crown
John Cutting
Gaius Davies

Alan Kerr
Julian Leff
Margaret Little
Henry Rollin
Andrew C. Smith

Philip Snaith
William Spry
Peter Tyrer
Gregor Wilkinson

EDITORIAL MANAGEMENT

Jacqueline Yates

EDITORIAL SECRETARY

Elaine Millen

ASSISTANT FOR THE BULLETIN

Alison Campbell

Correspondence, manuscripts, books for review, for both the *Journal* and the *Bulletin* should be addressed to the Editor, 17 Belgrave Square, London SW1X 8PG (Tel 01-235 8857). See inside front cover for further instructions.

Advertising enquiries, correspondence and copy should be addressed to Mr. Peter T. Mell, Advertisement Manager, PTM Professional Publications Ltd, 282 High Street, Sutton, Surrey SM1 1PQ (Tel 01-642 0162 PBX).

Subscriptions for non-members of the College are payable directly to the printers, Headley Brothers Ltd, to whom all queries about missing or faulty copies should be addressed within six months of publication and who also supply on order Special Publications and Gaskell Books.

Annual subscription rates 1984 (12 issues post free)

Inland: Institutions £65.00; Individuals £55.00

Overseas: Institutions £90.00, US\$200.00; Individuals £75.00, US\$165.00

Single copies of the *Journal*, £6.00, US\$12.00 (post free).

USA Mailing Agents, Expeditors of the Printed Word Ltd., 527 Madison Avenue, Suite 1217, New York, NY 10022. 2nd Class postage paid at New York City, NY. (USPS No. 536-870).

Back issues published in 1984 may be purchased from Headley Brothers Ltd and all previous issues from William Dawson & Sons Ltd, Cannon House, Folkestone, Kent, England (Tel 0303 57421).


Printed by Headley Brothers Ltd, Ashford, Kent TN24 8HH, England (Tel 0233 23131).

© 1984 THE ROYAL COLLEGE OF PSYCHIATRISTS

PRIVATE PSYCHIATRIC TREATMENT

**Your Patient –
when down days last for weeks
and drugs don't help.
Consider St. Andrew's.**

For details: The Medical Director, FREEPOST
St. Andrew's Hospital, Northampton NN1 5DG
Telephone Northampton (0604) 29696

St. Andrew's Hospital 

THE UNIVERSITY OF TASMANIA
Hobart, Australia

CHAIR OF PSYCHIATRY

Applications are invited for the Chair of Psychiatry, vacant since the retirement of Professor D.W.K. Kay in December 1982.

The professorial salary is \$A51,006 per annum (at present under review) with a medical loading of \$A4,566 to \$A9,120 depending on the level of clinical responsibility. Members of clinical departments may undertake a limited amount of private consultant practice.

Prospective candidates should in the first instance write to the Acting Registrar, University of Tasmania, Box 252C, G.P.O., Hobart, Tasmania, Australia 7001, or to the Secretary General, Association of Commonwealth Universities (Appts), 36 Gordon Square, London WC1H 0PF, to obtain a detailed statement of the conditions of appointment, additional information and application forms.

Applications close on 15 October 1984.

UNIVERSITY OF BIRMINGHAM

SENIOR LECTURESHIPS IN PSYCHIATRY

Applications are invited for two posts of Senior Lecturer (Clinical) in the Department of Psychiatry at the Medical School. Clinical duties will be in the West Birmingham Health District, where the holder will be offered an honorary consultant post. Successful applicants will participate fully in the Department's extensive teaching activities and will be expected to develop their own research programmes for which excellent facilities exist.

Salary scale: £18,900–£24,260 under review, with superannuation.

Further particulars can be obtained from Professor Ian Brockington, Department of Psychiatry, University of Birmingham, and candidates are encouraged to visit the Department. Applications, naming 3 referees, should be sent by 10 September 1984.

NOTICE TO ADVERTISERS

Applications for advertisement
space in
The British Journal of Psychiatry
should be made to:

PTM PROFESSIONAL PUBLICATIONS LIMITED

282 High Street,
Sutton, Surrey SM1 1PQ
Telephone: 01-642 0162

The Retreat, York

for Psychiatric Illnesses

Founded in 1792 by the Quaker, William Tuke, who established the tradition of concern for patients as individuals The Retreat is a 200-bedded private registered nursing home surrounded by extensive grounds on the outskirts of the historic City of York. It is easily reached by rail and motorways.

Care and treatment is offered for all types of psychiatric illness on the short or long term in a sympathetic and friendly atmosphere. Patients suffering from neuroses, psychoses, alcoholism and dementia are treated by the full-time consultant psychiatrists in surroundings suitable for their individual needs. Outpatient facilities are available by appointment with the consultant medical staff.

The Nursing Home is a registered charity and is able to offer inclusive care in shared accommodation from £29.00 per day or in single rooms at slightly increased charge. The Nursing Home is recognised by the main private patient schemes.

For further details apply to The Medical Director, The Retreat, York YO1 5BN (Telephone 0904 412551).

Private treatment of anorexia nervosa

A specialist unit for the treatment of anorexia nervosa has been established at Bowden House Clinic. It is led by a consultant psychiatrist with a special interest and experience in the management of the condition, supported by a team of nurses and therapists trained in the care of anorexic patients.

Referring psychiatrists and physicians are given full facilities to work closely with the team so that they may themselves provide continuing care after in-patient treatment.

Bowden House Clinic—a member of the St. Andrew's Hospital Group of private psychiatric hospitals—is only 30 minutes by road from central London. Subscribers to private medical insurance schemes may be able to claim within the terms of their cover for treatment at the clinic.

For full details, please contact:
Medical Director, Bowden House Clinic
London Road, Harrow-on-the-Hill,
Middlesex HA1 3JL. Tel: 01-864 0221



**BOWDEN HOUSE
CLINIC**

St. Andrew's Hospital Group—Specialists in Psychiatric Medicine

St Andrew's Hospital, Northampton Bowden House Clinic, Harrow-on-the-Hill St. Andrew's House (Day Clinic) London W1

PART OF THE LARGACTIL HERITAGE

chlorpromazine

May and Baker's record of innovation in psychotropic medicines includes the first, major tranquilliser, Largactil, and now Piportil Depot – arguably the most useful of the depot neuroleptics in terms of:

Efficacy

against a wide range of target symptoms of schizophrenia.

Convenience

for patients, medical and nursing staff because of a full, four-week duration of activity.

Acceptability

because of its greater freedom from extra-pyramidal effects than other depot neuroleptics^{1,2,3,4}

Experience

which comes from both short and long-term studies performed in the U.K. and worldwide.

Piportil

DEPOT PIPOTHIAZINE PALMITATE

HELPING TO SOLVE THE PUZZLES OF SCHIZOPHRENIA

PRESCRIBING INFORMATION

Dosage:

(Adults) Initially 25mg (0.5ml) by deep intramuscular injection into the gluteal region to assess susceptibility of patient. Dosage should be increased by increments of 25 or 50mg at appropriate intervals until a satisfactory response is obtained. Most patients respond to a dose of 50-100mg (1-2ml) every 4 weeks. Patients should be stabilised under psychiatric supervision.

Contra-indications:

Marked cerebral atherosclerosis, phaeochromocytoma, renal or liver failure, severe cardiac insufficiency or hypersensitivity to other phenothiazine derivatives.

Precautions:

A history of convulsive disorders or marked extra-pyramidal reactions to oral phenothiazines, in pregnancy and lactation.

Side-effects:

Reversible extra-pyramidal reactions, sleep disturbance, depression, blurred vision, asthenia, impotence, dry mouth, nausea, amenorrhoea, galactorrhoea, hypotension, hyperhidrosis and weight gain have been observed occasionally. Corneal or lenticular cloudiness have not been observed with Piportil alone, but in treatment with phenothiazine preparations in high dosage over a long period, there is a risk of such side-effects occurring. Local reactions at site of injection are rare.

Presentations and Basic N.H.S.

Prices

Box of 10 x 1ml ampoules (5mg) £53.70. Box of 10 x 2ml ampoules (100mg) £87.875 (PL0012/0017)

References:

1. Villeneuve, A. *et al.*, *Clin. Ther. Res.*, 1972, **14**, No. 11, 696.
2. St. Laurent, J. *et al.*, *Can. Psychiatr. Assoc. J.*, 1974, **19**, 583.
3. Singh, A. N. & Saxena, B. *Curr. Ther. Res.*, 1979, **25**, 121.
4. Villeneuve, A. & Fontaine, P. *Curr. Ther. Res.*, 1980, **27**, 411.

Piportil Depot and Largactil are Trade Marks.



M&B May & Baker

Further information is available on request.

May and Baker Ltd, Dagenham, Essex.



MA/2323