

P01-246 - SELF ESTEEM AND SELF EVALUATION DURING ADOLESCENCE. THE CONTRIBUTION OF THE REY-WEINSTEIN

M. Schweitzer¹, G. Weinstein², N. Puig-Verges²

¹Hopital la Salpêtrière, ²Groupe de Recherche d'Epistémologie Clinique Comparative, Paris, France

Numerous studies have focused on concepts of self esteem during the period of adolescence, but studies about self portrayal or self image are less frequent. They find their sources in the theories of the contemporary psychoanalytical schools about narcissism and " the Self"concept.

The reference to the "Self" is more frequently found in Anglo-Saxon studies. The focus is on the links between "The Self" and subjective experience as well as construction of personal identity in relation with developmental psychopathology. The construction of personal identity is due to a very complex process: the person has to figure up his own physical and psychic features and at the same time has to live in social interaction.

In reference to a developmental and psychogenetic approach, the interactions between the "Self" and the group will play an important role during the period of adolescence. It is necessary to focus on the identity process in reference with parental psychopathology and environment.

The contribution of the Rey- Weinstein test is focussed precisely on this double approach:

André Rey whose concerns were mainly on development and construction of personality created this test, modernized by G. Weinstein, both authors aiming to explore the field of

self image. By doing the test, the adolescent is asked to self evaluate himself on physical, intellectual, social and psychic features and to figure up how he would be evaluated by people surrounding him .

Projection of fears and desires, various levels of identifications sustain the self evaluation process and create a specific dynamic during the assessment.

In this clinical interactive prospect, the Rey Weinstein self evaluation test and in addition the

N. PUIG VERGES AND G.WEINSTEIN self portrait test contribute to the explore the self evaluation process and allow the adolescent to understand the way he lives, the way he builds his self experience and his own identity.

Keywords: Self esteem, self evaluation, Rey, Weinstein test, Adolescence

References:

Schweitzer M. : M.D., Hospital Practitioner, Psychiatrist, Doctor of psychology, Doctor of law and political sciences, GRECC, Pitié-Salpêtrière Hôpital, 47 Boulevard de l'Hôpital 75013 Paris

Weinstein G. Psychotherapist, Clinical psychologist, D.E. Doctor of Psychology, 32 rue des Voisins, 1205 Genève

Puig-Vergès N. University Professor, M.D, Psychiatrist for children and adolescents, Doctor of psychology, Doctor of Literature, Director of the Epistemological, clinical, comparative research group.