

# The British Journal of Psychiatry



In debate: Praying with a patient constitutes a breach of professional boundaries in psychiatric practice

Rob Poole/ Christopher Cook

**Antenatal depression** and offspring psychopathology: the influence of childhood maltreatment Susan Pawlby et al

**Psychopathology** of perpetrators of fabricated or induced illness in children Christopher Bass & David Jones

Pathological gambling and the treatment of psychosis with aripiprazole

Neil Smith et al

## **BJPsych**

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#### **Cover picture**

Desperately Depressed (2010). Ravinder Kaur (b. 1985)

'I just don't want to wake up every morning. You can't possibly know how I feel!' These words resonated against every surface in my small, stuffy and somewhat dated consultation room. What could I say to this woman sitting with her head buried in her hands in front of me? She was right after all: I couldn't possibly know how she felt. As a foundation year doctor with only a morsel of undergraduate psychiatry training behind me, here I was in my general practice rotation, faced with a patient with depression and the responsibility to treat them.



Later that evening my thoughts lingered on my encounter with this patient. I started doodling how she appeared to me, engulfed in her feelings of loneliness, worthlessness and guilt and unable to see a way out. This is my depiction of her as an outsider looking in, trying desperately to help.

We are always looking for interesting and visually appealing images for the cover of the *Journal* and would welcome suggestions or pictures, which should be sent to Dr Allan Beveridge, British Journal of Psychiatry, 17 Belgrave Square, London SW1X 8PG, UK or bjp@rcpsych.ac.uk.