

P02-567

## EARLY INTERVENTION PROGRAM FOR PSYCHOSIS: EXPERIENCE AND RESULTS IN A MENTAL HEALTH CENTER

M.C. Campos Mangas<sup>1</sup>, M.A. Ruiz Feliu<sup>2</sup>

<sup>1</sup>Csm Amara - Osakidetza, San Sebastian D, <sup>2</sup>Clinica de Rehabilitacion Psiquiatrica - Osasunbidea, Pamplona, Spain

**Introduction:** This program aims to assist young people aged 16 to 35 years at risk for or who have a severe mental disorder, a psychosis both affected and unaffected, according to the principles of early intervention and assertive community treatment.

**Objectives:** Assisting young people with psychosis in order to achieve symptomatic and functional recovery, return to provide standardized environment and prevent deterioration.

**Methods:** Initial assessment is made and individualized plan of work.

**Inclusion criteria:**

1. Diagnosis: substance-induced psychotic disorder, schizophrenia and other psychotic disorders, bipolar disorder and mood disorders with psychotic symptoms

2. age: 16-35 years

3. Informed consent

**Evaluation Tools:** PANSS, SCIP, CDS, CGI-S, PAS, CAN, EU, SFS, GAF, WHOQUOL-BREF, IEQ-EU, UKU, HoNOS, CGI-IP, CGI-IC

**Results:** The sample consisted of 22 patients. 45.5% men and 54.5% women. Mean age 24 (SD = 4.74). Diagnosis: schizophrenia 54.5%, 27.3% acute psychotic disorder, 4.5% and 13.6% schizoaffective disorder manic episode with psychotic symptoms. Clinical stage at the beginning of the program: 45.5% stage 2, 4.5% stage 3a; 22.7% stage 3b, 3c stage 22.7% and 4.5% stage 4.

**Conclusions:** It is necessary to implement such programs to establish the treatment as soon as possible to the onset of the disease and improve prognosis.