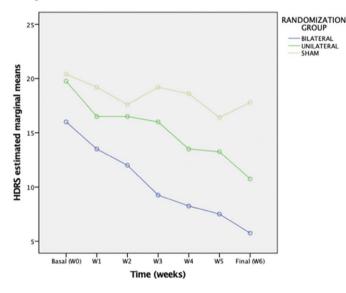
**Table 1:** Sample description. Data shown are means and standar deviations. Inbold significant differences p < 0,05.

	Bilateral TBS (n=4)	Unilateral TBS (n=4)	Sham TBS (n=5)
Age [M (SD)]	55,50	48,50	56,40
	(5,80)	(16,86)	(5,86)
Male: Female [n]	0:4	2:2	3:2
Depression:Bipolar disorder [n]	3:1	3:1	4:1
Length of depresive episode	12,00	16,50	15,00
(months) [M (SD)]	(4,08)	(6,61)	(5,83)
Current number of	2,00	1,75	2,60
antidepressants [M (SD)]	(0,82)	(0,50)	(0,55)
Maudsley score [M (SD)]	7,00	8,75	7,90
	(1,82)	(1,5)	(1,30)
Basal HDRS basal [M (SD)]	16,00	19,75	20,40
	(1,82)	(4,03)	(3,21)
Final HDRS [M (SD)]	5,75	10,75	17,80
	(3,30)	(3,10)	(2,49)
Response /Remission[n (%)]	3: <b>3</b> (75%)	2: <b>0(</b> 50:0%)	0: <b>0 (</b> 0%)

#### Image:



**Conclusions:** The results demonstrate the preliminary efficacy of intensive TBS protocols relative to sham.

Disclosure of Interest: None Declared

## EPP0996

# Prevalence and factors associated with depression among health care workers in the region of Sousse in Tunisia

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**Introduction:** Mental health disorder is common among working population worldwide and among health care-workers (HCWs) in particular. Depression is a major public health problem, with an economic impact because of lost days of work. Its prevention is essential and requires the identification of risk factors.

**Objectives:** The objectives of this work were to determine the epidemiological characteristics of depressive disorders in health care workers and identify their main risk factors.

**Methods:** A descriptive retrospective study was conducted on health care workers of Sousse in Tunisia who have had a longterm sick leave for depressive disorders from January 2010 to December 2021. data was collected from the medical records of the patients and completed with a telephone questionnaire

**Results:** The total number of cases was 650 with a prevalence of 12.8% and an incidence of 2 cases per 100 HCW. The median age was 50 years and the female workers represented 81% of cases. The majority of the sample were married (81%). Most of cases were nurses (43%) and health technician (19%). The median seniority of HCW in their jobs was 23 years with the first quartile at 12 and the third quartile at 31.

Around 48% of cases had severe depression. The severity of depression was significantly associated with working in surgical and emergency services, number of night shifts of 2 or more per week, the history of a psychiatric disorder other than depression, habits such as smoking and drinking, anxiety specificity and melancholy specificity of depression.

**Conclusions:** This study showed the importance of social and occupational factors of depression among HCW. Action policies focusing on workplace interventions appear to be relevant.

Disclosure of Interest: None Declared

## Neuroscience in Psychiatry 02

#### **EPP0997**

# Decrease in anterior cingulate cortex GABA in schizophrenia at early stage

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