Behaviour Change

Journal of the Australian Association for Cognitive and Behaviour Therapy Vol. 13, No. 1, 1996

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AIMS

The Australian Association for Cognitive and Behaviour Therapy (AACBT) is a multidisciplinary professional society. The aims of the Association are:

- 1 To organise continuing education and training in the principles and practice of Cognitive and Behaviour Therapy;
- 2 To publish and disseminate information to members about developments in Cognitive and Behaviour Therapy in Australia and other countries;
- **3** To educate the community in the principles and ethical practice of Cognitive and Behaviour Therapy;
- 4 To liaise and consult with other persons or organisations in the teaching and practice of Cognitive and Behaviour Therapy;
- 5 To promote the ethical practice of Cognitive and Behaviour Therapy by members;
- 6 To organise or assist in the organisation of an annual National Conference on Cognitive and Behaviour Therapy.

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