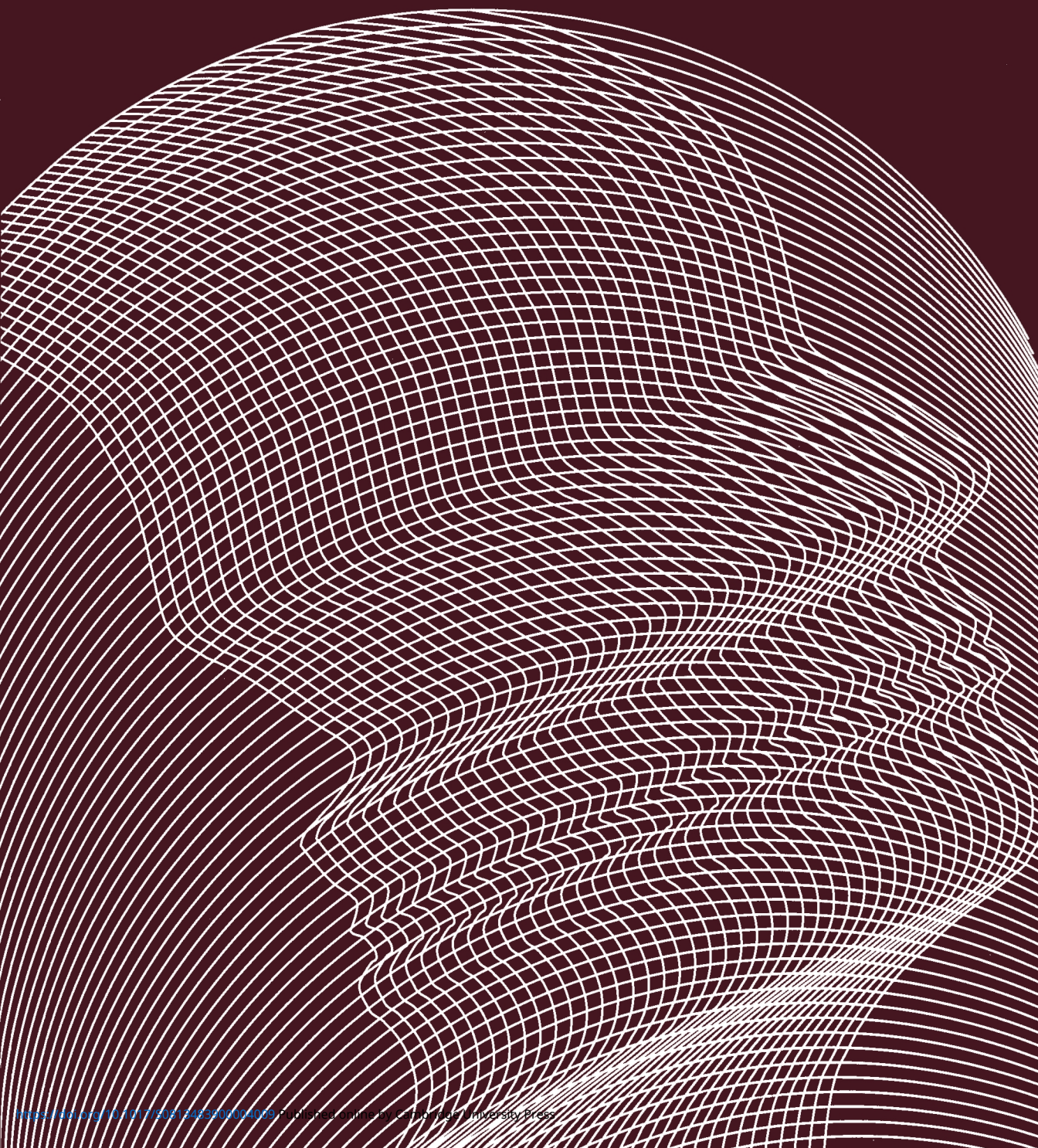


Behaviour Change

Journal of the Australian Association for Cognitive and Behaviour Therapy Vol. 12, No. 4, 1995



EDITOR

ALAN M. HUDSON

Royal Melbourne Institute of Technology

ASSOCIATE EDITORS

NEVILLE M. BLAMPIED

University of Canterbury

ELEONORA GULLONE

Monash University

MARGOT R. PRIOR

La Trobe University

ALAN RALPH

James Cook University

MATTHEW R. SANDERS

University of Queensland

MANAGING EDITOR

MERVYN S. JACKSON

Royal Melbourne Institute of Technology

Dept of Psychology and Intellectual

Disability Studies

Plenty Road

BUNDOORA VIC 3083

Phone (03) 9468 2367

Fax (03) 9468 2303

BOOK REVIEW EDITOR

RON M. RAPEE

Macquarie University

EDITORIAL BOARD

Keith D. Ballard

University of Otago

David H. Barlow

State University of New York at Albany

Jay S. Birnbrauer

Murdoch University

Edward B. Blanchard

State University of New York at Albany

Cynthia M. Bulik

University of Canterbury

Mark R. Dadds

Griffith University

Georg H. Eifert

West Virginia University

Cyril M. Franks

Rutgers University

W. Kim Halford

Griffith University

David J. de L. Horne

University of Melbourne

Jack E. James

La Trobe University

Alan E. Kazdin

Yale University

Neville J. King

Monash University

Peter Lovibond

University of New South Wales

Paul R. Martin

University of New England

Iain Montgomery

University of Tasmania

Thomas H. Ollendick

Virginia Polytechnic and State University

Neville Owen

Deakin University

Alan Ralph

Murdoch University

Clare Roberts

Curtin University of Technology

John F. Smith

University of Waikato

Susan H. Spence

University of Queensland

G. Terence Wilson

Rutgers University

Peter H. Wilson

Flinders University of South Australia

Kevin W. Wheldall

Macquarie University

Behaviour Change

Journal of the Australian Association for Cognitive and Behaviour Therapy Vol.12, No.4, 1995

CONTENTS

| | |
|--|-----|
| Teaching Coping Skills to Depressed Adolescents in High School Settings | 175 |
| <i>Alan Ralph and Linda Nicholson</i> | |
| The Roles of Temptation Strength and Self-efficacy in Predicting Smoking Cessation Attempts | 191 |
| <i>Lucila Zentner and Ron Borland</i> | |
| Insensitivity of Salivation to Fear Arousal in Women with Spider Phobias | 196 |
| <i>Rachel H. Lawson and Cynthia M. Bulik</i> | |
| Reliability of Assigning Functions to Behaviours of People with Intellectual Disability | 201 |
| <i>B. Pennington and R.D. Tustin</i> | |
| Regionally Based Teams for the Treatment of Challenging Behaviour: A Three-year Outcome Study | 209 |
| <i>Alan Hudson, Patrick Wilken, Roland Jauernig, and Gary Radler</i> | |
| Behavioural Treatment of Challenging Behaviour: A Cost-benefit Analysis of a Service Delivery Model | 216 |
| <i>Alan Hudson, Roland Jauernig, Patrick Wilken, and Gary Radler</i> | |
| Adaptive Behaviour in Children and Adolescents With and Without an Intellectual Disability: Relationships with Fear and Anxiety | 227 |
| <i>Eleonora Gullone, Robert A. Cummins, and Neville J. King</i> | |
| Advertisements | 238 |
| Book Reviews | 240 |

Published four times annually and issued to all financial ordinary, institutional and student members of AACBT.

©1995 The Australian Association for Cognitive and Behaviour Therapy
Behaviour Change is indexed in the following information systems: Australian Education Index, Multicultural Education Abstracts, Special Educational Needs Abstracts, CABS, Excerpta Medica, Psychological Abstracts, PsycINFO, Sociological Abstracts, Sage Family Study Abstracts, Current Contents/Social and Behavioural Sciences, Social SciSearch, and Research Alert.

Responsibility for the contents of papers rests upon the authors, and not upon the Association or the Publisher.

It is a condition of publication that manuscripts submitted to this journal have not been published and will not be simultaneously

submitted or published elsewhere. By submitting a manuscript, the authors agree that the copyright for their article is transferred to the Publisher if and when the article is accepted for publication. However, assignment of copyright is not required from authors who work for organisations that do not permit such assignment. The copyright covers the exclusive rights to reproduce and distribute the article, including reprints, photographic reductions, microfilm or any other reproductions of similar nature and translations. No part of this publication may be reproduced, stored in a retrieval system or transmitted in any form or by any means, electronic, electrostatic, magnetic tape, mechanical, photocopying, recording or otherwise, without permission in writing from the copyright holder.

ISSN 0813-4839

Published for the AACBT by
AUSTRALIAN ACADEMIC PRESS
32 Jeays Street Bowen Hills QLD Australia

AUSTRALIAN ASSOCIATION FOR COGNITIVE AND BEHAVIOUR THERAPY

Formerly the Australian Behaviour Modification Association (ABMA)

AIMS

The Australian Association for Cognitive and Behaviour Therapy (AACBT) is a multidisciplinary professional society. The aims of the Association are:

- 1 To organise continuing education and training in the principles and practice of Cognitive and Behaviour Therapy;
- 2 To publish and disseminate information to members about developments in Cognitive and Behaviour Therapy in Australia and other countries;
- 3 To educate the community in the principles and ethical practice of Cognitive and Behaviour Therapy;
- 4 To liaise and consult with other persons or organisations in the teaching and practice of Cognitive and Behaviour Therapy;
- 5 To promote the ethical practice of Cognitive and Behaviour Therapy by members;
- 6 To organise or assist in the organisation of an annual National Conference on Cognitive and Behaviour Therapy.

NATIONAL PRESIDENT

NEVILLE KING
Faculty of Education
Monash University
Wellington Road
Clayton VIC 3168
Ph: (03) 9905 2853

BRANCH PRESIDENTS

NEW SOUTH WALES

ETTY MATALON
Jarrah House
C/- Prince Henry Hospital
Anzac Parade
Little Bay NSW 2036

VICTORIA

NEVILLE KING
Faculty of Education
Monash University

Wellington Road
Clayton VIC 3168
Ph: (03) 9905 2853

QUEENSLAND

SANDY HUTCHINSON
143 Khartoum Street
Gordon Park QLD 4031
Ph: (07) 3253 5187

SOUTH AUSTRALIA

BARBARA PENNINGTON
Minda Inc.
PO Box 5
Brighton SA 5048
Ph: (08) 296 4711

WESTERN AUSTRALIA

WENDY RADCLIFFE
Disability Service Commission
22 Queen Street
Fremantle WA 6160
Ph: (09) 430 0632

PAST NATIONAL PRESIDENTS

| | |
|---------|--------------------|
| 1978-79 | Keith Jonson |
| 1979-80 | David De L. Home |
| 1980-83 | Matthew R. Sanders |
| 1983-84 | Peter Millier |
| 1984-85 | Paul Martin |
| 1985-86 | Alan Hudson |
| 1986-87 | Peter Wilson |
| 1987-88 | Mark Dadds |
| 1988-89 | Don Tustin |
| 1989-90 | Nada Murphy |
| 1990-91 | Mervyn Jackson |
| 1991-92 | Peter Lovibond |
| 1992-93 | Jan Lawton |
| 1993-94 | Leone McCarron |
| 1994-95 | Jura Tender |

SUBSCRIPTION RATES

Orders and subscription enquiries should be addressed to Journal Subscriptions, Australian Academic Press, 32 Jays Street, Bowen Hills, QLD 4006, AUSTRALIA.

AUSTRALIA

| | |
|--------------|------|
| Individuals | \$33 |
| Institutions | \$63 |

NEW ZEALAND

| | |
|--------------|------------|
| Individuals | \$43 (1yr) |
| Institutions | \$74 (1yr) |

OVERSEAS

| | |
|--------------|------------|
| Individuals | \$60 (1yr) |
| Institutions | \$83 (1yr) |