

Is to Treat or Not to Treat Depressive Episode in Bipolar Disorder Type II with Trazodone?

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Introduction

Trazodone is a 5-HT₂ antagonist and 5-HT reuptake inhibitor (SARI), and an antidepressant with therapeutic effects on its target symptoms depressed mood, anxiety and insomnia [1,2]. The aim of our study is to present a possible line of treatment of a depressive episode in bipolar disorder type II with three case report.

Method

BT is a 35-year-old Caucasian lady affected by bipolar disorder type II with a depressive episode. CA is a 40-year-old Caucasian lady affected by bipolar disorder type II with recurrent depressive episode with atypical symptoms. FR is a 38-year-old Caucasian gentleman affected by bipolar disorder type II with recurrent depressive episode. All patients are treated with trazodone immediate release subsequently increased up to 50-75 mg/day. After 6 months of treatment the patients showed a good outcome.

Discussion and conclusion

These case reports underscore the possibility of tailoring therapeutic strategies for the treatment of depressive episode in bipolar disorder type II. Our interest in trazodone lies in the possibility of treatment of depressive episode with the added benefit of resolution of affective symptoms, with fewer adverse effects and a well done effect in this patients. Moreover our opinions is that a therapy like trazodone with this particular profile of action, could represent a new strategy of treatment this patients. Further research is warranted to confirm the efficacy of this treatment.

Reference(s)

[1] Pacchiarotti I et al., 2013.

[2] Saletu-Zyhlarz GM, et al., 2003.

[3] Sidor MM et al., 2011.