

# BJPpsych

The British Journal of Psychiatry



**Recalibrating the risks and benefits of lithium therapy**

Michael Berk *et al*

**Association between body size, weight change and depression: systematic review and meta-analysis**

Sun Jae Jung *et al*

**Lithium dosing strategies during pregnancy and the postpartum period**

Richard Wesseloo *et al*

**Personality disorder and alcohol treatment outcome: systematic review and meta-analysis**

Giles Newton-Howes *et al*

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## Cover picture

*The Polite Reflection* (2014).  
Robert Powell (b. 1985)

This image could be a depiction of the medieval twins Orson and Valentin, or it could be Gilgamesh and Enkidu, those 'best buddies' from the beginnings of history. In either case, whatever reflection is proffered, the civilised or the feral, it is a version of the self that is unexpected and, perhaps, unwelcome. The piece is part of a series of etchings and watercolours that show the history of civilisation from its very beginning to its very end. Robert Powell is an Edinburgh-based artist. His esoteric and darkly humorous work follows in the traditions of caricature and grotesque from Hieronymus Bosch to James Gillray. He creates complex worlds in which literary and classical references are deployed to satirise contemporary society.



We are always looking for interesting and visually appealing images for the cover of the *Journal* and would welcome suggestions or pictures, which should be sent to Dr Allan Beveridge, British Journal of Psychiatry, 21 Prescot Street, London E1 8BB, UK or [bjp@rcpsych.ac.uk](mailto:bjp@rcpsych.ac.uk).