

# CNS SPECTRUMS®

The International Journal of Neuropsychiatric Medicine

## Every Crisis Is an Opportunity

*M.J. Friedman*

## Conceptually Driven Pharmacologic Approaches To Acute Trauma

*R.K. Pitman and D.L. Delabanty*

## Conceptually Driven Psychosocial Approaches of Acute Stress Reactions

*R.A. Bryant*

## Psychological Consequences of Mass Trauma in the General Population

*S. Galea and H. Resnick*

## Assessment and Treatment of Adult Acute Responses to Traumatic Stress

*P.J. Watson and A.Y. Shalev*

## Mental Health Care for Ethnic Minority Individuals and Communities in the Aftermath of Disasters and Mass Violence

*F.H. Norris and M. Alegria*

### **ALSO IN THIS ISSUE:**

#### **Case Report: Stroke-Associated Acquired Stuttering**

*R.G. Fawcett*

#### **Aripiprazole in the Treatment of Pediatric Bipolar Disorder: A Systematic Chart Review**

*J. Biederman, M.A. McDonnell, J. Wozniak, T. Spencer, M. Aleardi, R. Falzone, and E. Mick*

### **NEW COLUMN:**

#### **Pearls in Clinical Neuroscience**

*D.J. Stein and F.G. Moeller*

NOW  
INDICATED FOR  
ADULTS

In the treatment of ADHD...

AIM

*Max –  
setting his sights  
on astronomy*

The most common adverse events in pediatric trials included loss of appetite, insomnia, abdominal pain, and emotional lability. The most common adverse events in the adult trial included dry mouth, loss of appetite, insomnia, headache, and weight loss.

The effectiveness of ADDERALL XR for long-term use has not been systematically evaluated in controlled trials. As with other psychostimulants indicated for ADHD, there is a potential for exacerbating motor and phonic tics and Tourette's syndrome. A side effect seen with the amphetamine class is psychosis. Caution also should be exercised in patients with a history of psychosis.

# HIGHER

**With efficacy that goes beyond adequate symptom control—to help them reach new heights**

- Reduces symptoms to a level comparable to that of non-ADHD children<sup>1</sup>
- Effectively addresses the core impairments of ADHD—inattention, hyperactivity, and impulsivity<sup>2</sup>
- Once-daily dosing provides day-long improvement in academic productivity and social functioning<sup>3,4</sup>

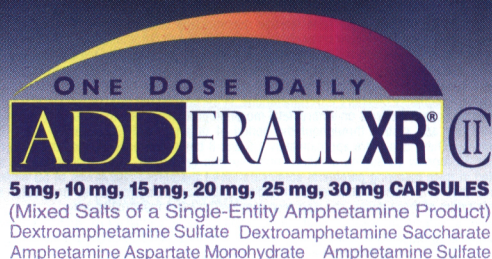
Please see references and brief summary of prescribing information on adjacent page.

[www.ADDERALLXR.com](http://www.ADDERALLXR.com)  
[www.ADHDSupportCompany.com](http://www.ADHDSupportCompany.com)

**Shire US Inc.**  
your ADHD support company™  
1-800-828-2088

 Shire

©2004 Shire US Inc., Newport, Kentucky 41071    October 2004    AXJA351



**Reach new heights**

Abuse of amphetamines may lead to dependence. Misuse of amphetamines may cause sudden death and serious cardiovascular adverse events. ADDERALL XR generally should not be used in children or adults with structural cardiac abnormalities. ADDERALL XR is contraindicated in patients with symptomatic cardiovascular disease, moderate to severe hypertension, hyperthyroidism and glaucoma, known hypersensitivity to this class of compounds, agitated states, history of drug abuse, or current or recent use of MAO inhibitors. ADDERALL XR should be prescribed with close physician supervision.

<https://doi.org/10.1017/S1092852900019313> Published online by Cambridge University Press

**References:** 1. Ambrosini PJ, Lopez FA, Chandler MC, et al. Safety and efficacy of ADDERALL XR in pediatric ADHD: results of an open-label community assessment trial. Poster presented at 14th Annual CHADD International Conference; October 17, 2002; Miami Beach, Fla. 2. Spencer T, Biederman J, Wilens T, et al. Pharmacotherapy of attention-deficit hyperactivity disorder across the life cycle. *J Am Acad Child Adolesc Psychiatry*. 1996;35:409-432. 3. Lopez FA, Ambrosini PJ, Chandler MC, et al. ADDERALL XR in pediatric ADHD: quality of life measures from an open-label community assessment trial. Poster presented at 14th Annual CHADD International Conference; October 17, 2002; Miami Beach, Fla. 4. Lopez FA, Chandler MC, Biederman J, et al. Long-term Adderall XR treatment improves quality of life in ADHD children. Poster presented at 156th Annual Meeting of the American Psychiatric Association; May 21, 2003; San Francisco, Calif.

**BRIEF SUMMARY:** Consult the full prescribing information for complete product information.

**ADDERALL XR® CAPSULES**

**CII Rx Only**

AMPHETAMINES HAVE A HIGH POTENTIAL FOR ABUSE. ADMINISTRATION OF AMPHETAMINES FOR PROLONGED PERIODS OF TIME MAY LEAD TO DRUG DEPENDENCE. PARTICULAR ATTENTION SHOULD BE PAID TO THE POSSIBILITY OF SUBJECTS OBTAINING AMPHETAMINES FOR NON-THERAPEUTIC USE OR DISTRIBUTION TO OTHERS AND THE DRUGS SHOULD BE PRESCRIBED OR DISPENSED SPARINGLY. MISUSE OF AMPHETAMINE MAY CAUSE SUDDEN DEATH AND SERIOUS CARDIOVASCULAR ADVERSE EVENTS.

**INDICATIONS**

ADDERALL XR® is indicated for the treatment of Attention Deficit Hyperactivity Disorder (ADHD). The efficacy of ADDERALL XR® in the treatment of ADHD was established on the basis of two controlled trials in children aged 6 to 12, and one controlled trial in adults who met DSM-IV criteria for ADHD (see CLINICAL PHARMACOLOGY), along with extrapolation from the known efficacy of ADDERALL®, the immediate-release formulation of this substance.

**CONTRAINDICATIONS**

Advanced arteriosclerosis, symptomatic cardiovascular disease, moderate to severe hypertension, hyperthyroidism, known hypersensitivity or idiosyncrasy to the sympathomimetic amines, glaucoma. Agitated states. Patients with a history of drug abuse. During or within 14 days following the administration of monoamine oxidase inhibitors (hypertensive crises may result).

**WARNINGS**

**Psychosis:** Clinical experience suggests that, in psychotic patients, administration of amphetamine may exacerbate symptoms of behavior disturbance and thought disorder. **Long-Term Suppression of Growth:** Data are inadequate to determine whether chronic use of stimulants in children, including amphetamine, may be causally associated with suppression of growth. Therefore, growth should be monitored during treatment, and patients who are not growing or gaining weight as expected should have their treatment interrupted. **Sudden Death and Pre-existing Structural Cardiac Abnormalities:** Sudden death has been reported in association with amphetamine treatment at usual doses in children with structural cardiac abnormalities. ADDERALL XR® generally should not be used in children or adults with structural cardiac abnormalities.

**PRECAUTIONS**

**General:** The least amount of amphetamine feasible should be prescribed or dispensed at one time in order to minimize the possibility of overdose. **Hypertension:** Caution should be exercised in prescribing amphetamines for patients with even mild hypertension (see CONTRAINDICATIONS). Blood pressure and pulse should be monitored at appropriate intervals in patients taking ADDERALL XR®, especially patients with hypertension. **Tics:** Amphetamines have been reported to exacerbate motor and phonic tics and Tourette's syndrome. Therefore, clinical evaluation for tics and Tourette's syndrome in children and their families should precede use of stimulant medications. **Information for Patients:** Amphetamines may impair the ability of the patient to engage in potentially hazardous activities such as operating machinery or vehicles; the patient should therefore be cautioned accordingly. **Drug Interactions:** **Acidifying agents—**Gastrointestinal acidifying agents (guanethidine, reserpine, glutamic acid HCl, ascorbic acid, etc.) lower absorption of amphetamines. **Urinary acidifying agents—**These agents (ammonium chloride, sodium acid phosphate, etc.) increase the concentration of the ionized species of the amphetamine molecule, thereby increasing urinary excretion. Both groups of agents lower blood levels and efficacy of amphetamines. **Adrenergic blockers—**Adrenergic blockers are inhibited by amphetamines. **Alkalinizing agents—**Gastrointestinal alkalinizing agents (sodium bicarbonate, etc.) increase absorption of amphetamines. Co-administration of ADDERALL XR® and gastrointestinal alkalinizing agents, such as antacids, should be avoided. Urinary alkalinizing agents (acetazolamide, some thiazides) increase the concentration of the non-ionized species of the amphetamine molecule, thereby decreasing urinary excretion. Both groups of agents increase blood levels and therefore potentiate the actions of amphetamines. **Antidepressants, tricyclic—**Amphetamines may enhance the activity of tricyclic antidepressants or sympathomimetic agents; d-amphetamine with desipramine or protriptyline and possibly other tricyclics cause striking and sustained increases in the concentration of d-amphetamine in the brain; cardiovascular effects can be potentiated. **MAO inhibitors—**MAOI antidepressants, as well as a metabolite of fluoxetine, slow amphetamine metabolism. This slowing potentiates amphetamine, increasing its effect on the release of norepinephrine and other monoamines from adrenergic nerve endings; this can cause headache and other signs of hypertensive crisis. A variety of toxic neurological effects and malignant hyperpyrexia can occur, sometimes with fatal results. **Antihistamines—**Amphetamines may counteract the sedative effect of antihistamines. **Antihypertensives—**Amphetamines may antagonize the hypotensive effects of antihypertensives. **Chlorpromazine—**Chlorpromazine blocks dopamine and norepinephrine receptors, thus inhibiting the central stimulant effects of amphetamines, and can be used to treat amphetamine poisoning. **Ethosuximide—**Amphetamines may delay intestinal absorption of ethosuximide. **Haloperidol—**Haloperidol blocks dopamine receptors, thus inhibiting the central stimulant effects of amphetamines. **Lithium carbonate—**The anorectic and stimulatory effects of amphetamines may be inhibited by lithium carbonate. **Meperidine—**Amphetamines potentiate the analgesic effect of meperidine. **Methamphetamine—**Urinary excretion of amphetamines is increased, and efficacy is reduced, by acidifying agents used in methamphetamine therapy. **Norepinephrine—**Amphetamines enhance the adrenergic effect of norepinephrine. **Phenobarbital—**Amphetamines may delay intestinal absorption of phenobarbital; co-administration of phenobarbital may produce a synergistic anticonvulsant action. **Phenytol—**Amphetamines may delay intestinal absorption of phenytoin; co-administration of phenytoin may produce a synergistic anticonvulsant action. **Propoxyphene—**In cases of propoxyphene overdose, amphetamine CNS stimulation is potentiated and fatal convulsions can occur. **Veratrum alkaloids—**Amphetamines inhibit the hypotensive effect of veratrum alkaloids.

**Drug/Laboratory Test Interactions:** Amphetamines can cause a significant elevation in plasma corticosteroid levels. This increase is greatest in the evening. Amphetamines may interfere with urinary steroid determinations. **Cardiomyopathy/Myopathy and Impairment of Fertility:** No evidence of cardiomyopathy was found in studies in which d-amphetamine (enantiomer ratio of 1:1) was administered to mice and rats in the diet for 2 years at doses of up to 30 mg/kg/day in male mice, 19 mg/kg/day in female mice, and 5 mg/kg/day in male and female rats. These doses are approximately 2.4, 1.5, and 0.8 times, respectively, the maximum recommended human dose of 30 mg/day [child] on a mg/m<sup>2</sup> body surface area basis.

Amphetamine, in the enantiomer ratio present in ADDERALL XR® (immediate-release)(d- to l- ratio of 3:1), was not clastogenic in the mouse bone marrow micronucleus test *in vivo* and was negative when tested in the *E. coli* component of the Ames test *in vitro*. d,l-Amphetamine (1:1 enantiomer ratio) has been reported to produce a positive response in the mouse bone marrow micronucleus test, an equivocal response in the Ames test, and negative responses in the *in vitro* sister chromatid exchange and chromosomal aberration assays. Amphetamine, in the enantiomer ratio present in ADDERALL XR® (immediate-release) (d- to l- ratio of 3:1), did not adversely affect fertility or early embryonic development in the rat at doses of up to 20 mg/kg/day (approximately 5 times the maximum recommended human dose of 30 mg/day) on a mg/m<sup>2</sup> body surface area basis).

**Pregnancy:** Pregnancy Category C. Amphetamine, in the enantiomer ratio present in ADDERALL XR® (d- to l- ratio of 3:1), had no apparent effects on embryofetal morphological development or survival when orally administered to pregnant rats and rabbits throughout the period of organogenesis at doses of up to 6 and 16 mg/kg/day, respectively. These doses are approximately 1.5 and 8 times, respectively, the maximum recommended human dose of 30 mg/day [child] on a mg/m<sup>2</sup> body surface area basis. Fetal malformations and death have been reported in mice following parental administration of d-amphetamine doses of 50 mg/kg/day (approximately 6 times that of a human dose of 30 mg/kg/day [child] on a mg/m<sup>2</sup> basis) or greater to pregnant animals. Administration of amphetamine was associated with severe maternal toxicity.

A number of studies in rodents indicate that prenatal or early postnatal exposure to amphetamine (d- or l-), at doses similar to those used clinically, can result in long-term neurochemical and behavioral alterations. Reported behavioral effects include learning and memory deficits, altered locomotor activity, and changes in sexual function. There are no adequate and well-controlled studies in pregnant women. There has been one report of severe congenital bony deformity, tracheo-esophageal fistula, and anal atresia (vater association) in a baby born to a woman who took dextroamphetamine sulfate with lovastatin during the first trimester of pregnancy. Amphetamines should be used during pregnancy only if the potential benefit justifies the potential risk to the fetus.

**Nonteratogenic Effects:** Infants born to mothers dependent on amphetamines have an increased risk of premature delivery and low birth weight. Also, these infants may experience symptoms of withdrawal as demonstrated by dysphoria, including agitation, and significant lassitude.

**Usage in Nursing Mothers:** Amphetamines are excreted in human milk. Mothers taking amphetamines should be advised to refrain from nursing.

**Pediatric Use:** ADDERALL XR® is indicated for use in children 6 years of age and older. **Use in Children Under Six Years of Age:** Effects of ADDERALL XR® in 3-5 year olds have not been studied. Long-term effects of amphetamines in children have not been well established. Amphetamines are not recommended for use in children under 3 years of age.

**Geriatric Use:** ADDERALL XR® has not been studied in the geriatric population.

**ADVERSE EVENTS**

The premarketing development program for ADDERALL XR® included exposures in a total of 965 participants in clinical trials (635 pediatric patients, 248 adult patients, 82 healthy adult subjects). Of these, 635 patients (ages 6 to 12) were evaluated in two controlled clinical studies, one open-label clinical study, and two single-dose clinical pharmacology studies (N=40). Safety data on all patients are included in the discussion that follows. Adverse

reactions were assessed by collecting adverse events, results of physical examinations, vital signs, weights, laboratory analyses, and ECGs.

Adverse events during exposure were obtained primarily by general inquiry and recorded by clinical investigators using terminology of their own choosing. Consequently, it is not possible to provide a meaningful estimate of the proportion of individuals experiencing adverse events without first grouping similar types of events into a smaller number of standardized event categories. In the tables and listings that follow, COSTART terminology has been used to classify reported adverse events.

The stated frequencies of adverse events represent the proportion of individuals who experienced, at least once, a treatment-emergent adverse event of the type listed.

**Adverse events associated with discontinuation of treatment:** In two placebo-controlled studies of up to 5 weeks duration among children with ADHD, 2.4% (10/425) of ADDERALL XR® treated patients discontinued due to adverse events (including 3 patients with loss of appetite, one of whom also reported insomnia) compared to 2.7% (7/259) receiving placebo. The most frequent adverse events associated with discontinuation of ADDERALL XR® in controlled and uncontrolled, multiple-dose clinical trials of pediatric patients (N=595) are presented below. Over half of these patients were exposed to ADDERALL XR® for 12 months or more.

Adverse event	% of pediatric patients discontinuing (n=595)
Anorexia (loss of appetite)	2.9
Insomnia	1.5
Weight loss	1.2
Emotional lability	1.0
Depression	0.7

In one placebo-controlled 4-week study among adults with ADHD, patients who discontinued treatment due to adverse events among ADDERALL XR®-treated patients (N=191) were 3.1% (n=6) for nervousness including anxiety and irritability, 2.6% (n=5) for insomnia, 1% (n=2) each for headache, palpitation, and somnolence; and, 0.5% (n=1) each for ALT increase, agitation, chest pain, cocaine craving, elevated blood pressure, and weight loss.

**Adverse events occurring in a controlled trial:** Adverse events reported in a 3-week clinical trial of pediatric patients and a 4-week clinical trial in adults treated with ADDERALL XR® or placebo are presented in the tables below.

The prescriber should be aware that these figures cannot be used to predict the incidence of adverse events in the course of usual medical practice where patient characteristics and other factors differ from those which prevailed in the clinical trials. Similarly, the cited frequencies cannot be compared with figures obtained from other clinical investigations involving different treatments, uses, and investigators. The cited figures, however, do provide the prescribing physician with some basis for estimating the relative contribution of drug and non-drug factors to the adverse event incidence rate in the population studied.

**Table 1 Adverse Events Reported by More Than 1% of Pediatric Patients Receiving ADDERALL XR® with Higher Incidence Than on Placebo in a 584 Patient Clinical Study**

Body System	Preferred Term	ADDERALL XR® (n=374)	Placebo (n=210)
<b>General</b>	Abdominal Pain (stomachache)	14%	10%
	Accidental Injury	3%	2%
	Asthenia (fatigue)	2%	0%
	Fever	5%	2%
	Infection	4%	2%
	Viral Infection	2%	0%
<b>Digestive System</b>	Loss of Appetite	22%	2%
	Diarrhea	2%	1%
	Dyspepsia	2%	1%
	Nausea	5%	3%
	Vomiting	7%	4%
<b>Nervous System</b>	Dizziness	2%	0%
	Emotional Lability	9%	2%
	Insomnia	17%	2%
	Nervousness	6%	2%
	Weight Loss	4%	0%

**Table 2 Adverse Events Reported by 5% or More of Adults Receiving ADDERALL XR® with Higher Incidence Than on Placebo in a 255 Patient Clinical Forced Weekly-Dose Titration Study\***

Body System	Preferred Term	ADDERALL XR® (n=191)	Placebo (n=64)
<b>General</b>	Asthenia	6%	5%
	Headache	26%	13%
<b>Digestive System</b>	Loss of Appetite	33%	3%
	Diarrhea	6%	0%
	Dry Mouth	35%	5%
	Nausea	8%	3%
<b>Nervous System</b>	Agitation	8%	5%
	Anxiety	8%	5%
	Dizziness	7%	0%
	Insomnia	27%	13%
	Tachycardia	6%	3%
<b>Cardiovascular System</b>	Tachycardia	6%	3%
<b>Metabolic/Nutritional</b>	Weight Loss	11%	0%
<b>Urogenital System</b>	Urinary Tract Infection	5%	0%

Note: The following events did not meet the criterion for inclusion in Table 2 but were reported by 2% to 4% of adult patients receiving ADDERALL XR® with a higher incidence than patients receiving placebo in this study: infection, photosensitivity reaction, constipation, tooth disorder, emotional lability, libido decreased, somnolence, speech disorder, palpitation, twitching, dyspnea, sweating, dysmenorrhea, and impotence. \*Included doses up to 60 mg.

The following adverse reactions have been associated with amphetamine use: Cardiovascular: Palpitations, tachycardia, elevation of blood pressure, sudden death, myocardial infarction. There have been isolated reports of cardiomyopathy associated with chronic amphetamine use. Central Nervous System: Psychotic episodes at recommended doses, overstimulation, restlessness, dizziness, insomnia, euphoria, dyskinesia, dysphoria, depression, tremor, headache, exacerbation of motor and phonic tics and Tourette's syndrome, seizures, strokes. Gastrointestinal: Dryness of the mouth, unpleasant taste, diarrhea, constipation, other gastrointestinal disturbances. Anorexia and weight loss may occur as undesirable effects. Allergic: Urticaria. Endocrine: Impotence, changes in libido.

**DRUG ABUSE AND DEPENDENCE**

ADDERALL XR® is a Schedule II controlled substance. Amphetamines have been extensively abused. Tolerance, extreme psychological dependence, and severe social disability have occurred. There are reports of patients who have increased the dosage to many times that recommended. Abrupt cessation following prolonged high dosage administration results in extreme fatigue and mental depression; changes are also noted on the sleep EEG. Manifestations of chronic intoxication with amphetamines may include severe dermatoses, marked insomnia, irritability, hyperactivity, and personality changes. The most severe manifestation of chronic intoxication is psychosis, often clinically indistinguishable from schizophrenia.

**OVERDOSAGE**

Individual patient response to amphetamines varies widely. Toxic symptoms may occur idiosyncratically at low doses. Symptoms: Manifestations of acute overdosage with amphetamines include restlessness, tremor, hyperreflexia, rapid respiration, confusion, assaultiveness, hallucinations, panic states, hyperpyrexia and rhabdomyolysis. Fatigue and depression usually follow the central nervous system stimulation. Cardiovascular effects include arrhythmias, hypertension or hypotension and circulatory collapse. Gastrointestinal symptoms include nausea, vomiting, diarrhea, and abdominal cramps. Fatal poisoning is usually preceded by convulsions and coma.

Treatment: Consult with a Certified Poison Control Center for up to date guidance and advice. Management of acute amphetamine intoxication is largely symptomatic and includes gastric lavage, administration of activated charcoal, administration of a cathartic and sedation. Experience with hemodialysis or peritoneal dialysis is inadequate to permit recommendation in this regard. Acidification of the urine increases amphetamine excretion, but is believed to increase risk of acute renal failure if myoglobinuria is present. If acute severe hypertension complicates amphetamine overdosage, administration of intravenous phentolamine has been suggested. However, a gradual drop in blood pressure will usually result when sufficient sedation has been achieved. Chlorpromazine antagonizes the central stimulant effects of amphetamines and can be used to treat amphetamine intoxication.

The prolonged release of mixed amphetamine salts from ADDERALL XR® should be considered when treating patients with overdose. Dispense in a tight, light-resistant container as defined in the USP. Store at 25° C (77° F). Excursions permitted to 15-30° C (59-86° F) [see USP Controlled Room Temperature]. Manufactured by: **Shire US Inc.**, Newport, KY 41071 Made in USA For more information call 1-800-828-2088, or visit www.adderallxr.com. ADDERALL® and ADDERALL XR® are registered in the US Patent and Trademark Office. Copyright ©2004 Shire US Inc.

403980

381 0107 004

Rev. 9/04



# CNS SPECTRUMS®

The International Journal of Neuropsychiatric Medicine

## EDITOR

Jack M. Gorman, MD  
Mount Sinai School of Medicine  
New York, NY

## ASSOCIATE AND FOUNDING EDITOR

Eric Hollander, MD  
Mount Sinai School of Medicine  
New York, NY

## INTERNATIONAL EDITOR

Joseph Zohar, MD  
Chaim Sheba Medical Center  
Tel-Hashomer, Israel

## ASSOCIATE INTERNATIONAL EDITORS

### EUROPE

Donatella Marazziti, MD  
University of Pisa  
Pisa, Italy

### MID-ATLANTIC

Dan J. Stein, MD, PhD  
University of Stellenbosch  
Tygerberg, South Africa

### FAR EAST

Shigeto Yamawaki, MD, PhD  
Hiroshima University School  
of Medicine  
Hiroshima, Japan

## CONTRIBUTING WRITERS

Joseph Biederman, MD  
Richard A. Bryant, PhD  
Robert G. Fawcett, MD  
Matthew J. Friedman, MD, PhD  
Sandro Galea, MD, DrPH  
Fran H. Norris, PhD  
Roger K. Pitman, MD  
Patricia J. Watson, PhD

## MEDICAL REVIEWER

David L. Ginsberg, MD

## BOARD OF ADVISORS

### NEUROLOGISTS

Mitchell F. Brin, MD  
University of California, Irvine  
Irvine, CA

Jeffrey L. Cummings, MD  
University of California, Los Angeles  
Los Angeles, CA

Jerome Engel, Jr., MD, PhD  
University of California, Los Angeles  
Los Angeles, CA

Mark S. George, MD  
Medical University of South Carolina  
Charleston, SC

Deborah Hirtz, MD  
National Institute of Neurological  
Disorders and Stroke, NIH  
Rockville, MD

Richard B. Lipton, MD  
Albert Einstein College of Medicine  
Bronx, NY

C. Warren Olanow, MD, FRCPC  
Mount Sinai School of Medicine  
New York, NY

Steven George Pavlakis, MD  
Maimonides Medical Center  
Brooklyn, NY

Stephen D. Silberstein, MD, FACP  
Thomas Jefferson University  
Philadelphia, PA

Michael Trimble, MD, FRCP, FRPsych  
National Hospital for Neurology  
and Neurosurgery  
London, United Kingdom

### PSYCHIATRISTS

Margaret Altemus, MD  
Cornell University Medical College  
New York, NY

Dennis S. Charney, MD  
National Institute of Mental Health  
Bethesda, MD

Dwight L. Evans, MD  
University of Pennsylvania  
Philadelphia, PA

Siegfried Kasper, MD  
University of Vienna  
Vienna, Austria

Martin B. Keller, MD  
Brown Medical School  
Providence, RI

Lorin M. Koran, MD

Stanford University School of Medicine  
Stanford, CA

Yves Lecrubier, MD  
Hôpital de la Salpêtrière  
Paris, France

Herbert Y. Meltzer, MD  
Vanderbilt University Medical Center  
Nashville, TN

Stuart A. Montgomery, MD  
St. Mary's Hospital Medical School  
London, United Kingdom

Charles B. Nemeroff, MD, PhD  
Emory University School of Medicine  
Atlanta, GA

Humberto Nicolini, MD, PhD  
National Mexican Institute of Psychiatry  
Mexico City, Mexico

Stefano Pallanti, MD, PhD  
University of Florence  
Florence, Italy

Katharine Phillips, MD  
Brown Medical School  
Providence, RI

Harold A. Pincus, MD  
Western Psychiatric Institute & Clinic  
RAND-University of Pittsburgh Health  
Institute, Pittsburgh, PA

Scott L. Rauch, MD  
Massachusetts General Hospital  
Charlestown, MA

Alan F. Schatzberg, MD  
Stanford University School of Medicine  
Stanford, CA

Thomas E. Schlaepfer, MD  
University of Bonn  
Bonn, Germany

Stephen M. Stahl, MD, PhD  
University of California, San Diego  
La Jolla, CA

Norman Sussman, MD, DFAPA  
New York University Medical School  
New York, NY

Karen Dineen Wagner, MD, PhD  
The University of Texas Medical Branch  
Galveston, Texas

Herman G.M. Westenberg, MD  
University Hospital Utrecht  
Utrecht, The Netherlands

Stuart C. Yudofsky, MD  
Baylor College of Medicine  
Houston, TX

## MBL COMMUNICATIONS Corporate Staff

### CEO & PUBLISHER

Darren L. Brodeur

### ASSOCIATE PUBLISHER

Elizabeth Katz

### MANAGING EDITOR

Christopher Naccari

### SENIOR EDITOR

Deborah Hughes

### NATIONAL ACCOUNT MANAGER

Kathleen J. Skae, MBA

### DEPUTY SENIOR EDITOR

José R. Ralat

### ACQUISITIONS EDITORS

Lisa Arrington  
Shoshana Bauminger

### ASSISTANT EDITOR

Emil J. Ross

### PUBLISHING ASSOCIATE

Shelley Wong

### COPY EDITOR

Keith Papa

### ART DIRECTOR

Derek Oscarson

### CONTROLLER

John Spano

### INFORMATION TECHNOLOGY

Clint Bagwell Consulting

### OFFICE ASSISTANT

Manuel Pavón

### CORPORATION COUNSEL

Lawrence Ross, Esq.  
Bressler, Amery, and Ross

# ADAA 25th Annual Conference

Seattle Sheraton Hotel and Towers  
Seattle, Washington

March 17 - 20

## ANXIETY DISORDERS IN SPECIAL POPULATIONS



# SEATTLE 2005

Devoted exclusively to anxiety disorders, the Anxiety Disorders Association of America's Annual Conference provides a unique forum to learn about scientific advances and current practices in the diagnosis and treatment of these disorders.

- Earn over 30 CME/CE credits
- Pre-conference institutes, half-day & full-day workshops
- Tremendous value: receptions & meals included with registration
- Special features: Silent Auction, Gala Event at the Experience Music Project, & Exhibits
- Registration, Hotel and Travel information online at [www.adaa.org](http://www.adaa.org)

Visit [www.adaa.org](http://www.adaa.org) to stay involved with ADAA all year long ...

- Regional Training Workshops
- Travel Awards & Research Grants
- Patient Education Materials
- ADAA Women's Initiative
- Online Bookstore
- Advocacy Action Center



**Anxiety Disorders  
Association of America**

Program Chair:

Peter P. Roy-Byrne, MD  
University of Washington

Anxiety Disorders Association of America, 8730 Georgia Avenue, Suite 600, Silver Spring, MD 20910  
Phone: 240-485-1001 • Fax: 240-485-1035 • [www.adaa.org](http://www.adaa.org)



*When depression symptoms persist, why wait?*

# Start **EFFEXOR XR** sooner rather than later

## Proven high rates of remission

High rates of remission in controlled, short-term studies<sup>1</sup>

Long-term prevention (52 weeks) of relapse and recurrence<sup>2</sup>

## Proven tolerability

Incidence of adverse events comparable to Celexa<sup>®</sup> (citalopram HBr)<sup>1</sup>

## Convenient once-daily dosing

The first and only once-daily SNRI across its dose range<sup>2</sup>

*EFFEXOR XR is believed to work by inhibiting the reuptake of both serotonin and norepinephrine.*



### IMPORTANT TREATMENT CONSIDERATIONS

#### Suicidality in Children and Adolescents.

Antidepressants increased the risk of suicidal thinking and behavior (suicidality) in short-term studies in children and adolescents with Major Depressive Disorder (MDD) and other psychiatric disorders. Anyone considering the use of EFFEXOR XR or any other antidepressant in a child or adolescent must balance this risk with the clinical need. Patients who are started on therapy should be observed closely for clinical worsening, suicidality, or unusual changes in behavior. Families and caregivers should be advised of the need for close observation and communication with the prescriber. EFFEXOR XR is not approved for use in pediatric patients.

EFFEXOR XR is contraindicated in patients taking monoamine oxidase inhibitors (MAOIs). Adult and pediatric patients taking antidepressants can experience worsening of their depression and/or the emergence of suicidality. Patients should be observed closely for clinical worsening and suicidality, especially at the beginning of drug therapy, or at the time of increases or decreases in dose. Anxiety, agitation, panic attacks, insomnia, irritability, hostility, impulsivity, akathisia, hypomania, and mania have been reported and may represent precursors to emerging suicidality. Stopping or modifying therapy should be

considered especially when symptoms are severe, abrupt in onset, or not part of presenting symptoms. Treatment with venlafaxine is associated with sustained increases in blood pressure (BP) in some patients. Regular BP monitoring is recommended. Abrupt discontinuation or dose reduction has been associated with discontinuation symptoms. Patients should be counseled on possible discontinuation symptoms and monitored while discontinuing the drug; the dose should be tapered gradually. The most common adverse events reported in EFFEXOR XR short-term placebo-controlled depression, generalized anxiety disorder (GAD), and/or social anxiety disorder trials (incidence  $\geq 10\%$  and  $\geq 2x$  that of placebo) were anorexia, asthenia, constipation, dizziness, dry mouth, ejaculation problems, impotence, insomnia, nausea, nervousness, somnolence, and sweating.

**References:** 1. Data on file, Wyeth Pharmaceuticals Inc. 2. Effexor XR<sup>®</sup> (venlafaxine HCl) Extended-Release and Effexor Immediate-Release Prescribing Information, Wyeth Pharmaceuticals Inc.

EFFEXOR<sup>®</sup> and EFFEXOR XR<sup>®</sup> are registered trademarks of Wyeth Pharmaceuticals Inc. Other brands listed are the trademarks of their respective owners and are not trademarks of Wyeth Pharmaceuticals Inc.

*Please see brief summary of Prescribing Information on adjacent page.*

**ONCE-DAILY**  
**VENLAFAXINE HCl**  
**EFFEXOR XR**<sup>®</sup> EXTENDED  
RELEASE  
CAPSULES

**Means Effective**

Wyeth<sup>®</sup> © 2005, Wyeth Pharmaceuticals Inc., Philadelphia, PA 19101 112364-01



# CNS SPECTRUMS®

The International Journal of Neuropsychiatric Medicine

## Table of Contents

- 96 Introduction: Every Crisis Is an Opportunity**  
Matthew J. Friedman, MD, PhD, *National Center for PTSD*
- 99 Conceptually Driven Pharmacologic Approaches To Acute Trauma**  
Roger K. Pitman, MD, *Massachusetts General Hospital*;  
and Douglas L. Delahanty, PhD, *Kent State University*
- 107 Psychological Consequences of Mass Trauma in the General Population**  
Sandro Galea, MD, DrPH, *Center for Urban Epidemiologic Studies*;  
and Heidi Resnick, PhD, *Medical University of South Carolina*
- 116 Conceptually Driven Psychosocial Approaches of Acute Stress Reactions**  
Richard A. Bryant, PhD, *University of New South Wales*
- 123 Assessment and Treatment of Adult Acute Responses to Traumatic Stress**  
Patricia J. Watson, PhD, *National Center for PTSD*;  
and Arieh Y. Shalev, MD, *Hadassah University Hospital*
- 132 Mental Health Care for Ethnic Minority Individuals and Communities in the Aftermath of Disasters and Mass Violence**  
Fran H. Norris, PhD, *National Center for PTSD*;  
and Margarita Alegria, PhD, *Harvard Medical School*
- 141 Aripiprazole in the Treatment of Pediatric Bipolar Disorder: A Systematic Chart Review**  
Joseph Biederman, MD, *Massachusetts General Hospital (MGH)*;  
Mary Ann McDonnell, APRN, BC, *MGH*; Janet Wozniak, MD, *MGH*;  
Thomas Spencer, MD, *MGH*; Megan Aleardi, BA, *MGH*; Richard Falzone, MD, *MGH*;  
and Eric Mick, ScD, *MGH*
- CASE REPORT**
- 94 Stroke-Associated Acquired Stuttering**  
By Robert G. Fawcett, MD, *Little Traverse Psychiatric Associates, PC*

### EDITORIAL MISSION

CNS Spectrums' editorial mission is to address relevant neuropsychiatric topics, including the prevalence of comorbid diseases among patients, and original research and reports that emphasize the profound diagnostic and physiologic connections made within the neurologic and psychiatric fields. The journal's goal is to serve as a resource to psychiatrists and neurologists seeking to understand and treat disturbances of cognition, emotion, and behavior as a direct consequence of central nervous system disease, illness, or trauma.

# CNS SPECTRUMS®

The International Journal of Neuropsychiatric Medicine

## Table of Contents

### Departments/Monthly Columns

#### FROM THE EDITOR'S DESK

- 81 **In the Wake of Trauma**  
By Jack M. Gorman, MD

#### CLINICAL UPDATES IN NEUROPSYCHIATRY

- 82 **News from the Field of Neuroscience**

- *FDA Approves Eszopiclone for the Treatment of Insomnia*
- *FDA Approves Carbamazepine Extended-Release for the Treatment of Bipolar Disorder*
- *Eli Lilly Adds Bolded Warning on Atomoxetine Label About Liver Safety*
- *Pacemakers May Prevent Fatal Heart Rhythms in Epilepsy Patients*
- *Brain Imaging May Be Useful in Diagnosing Bipolar Disorder*
- *New Treatment Guidelines for Children with Migraines*
- *Follow-up Care for Children with Attention-Deficit/Hyperactivity Disorder Lacking*

#### PEARLS IN CLINICAL NEUROSCIENCE

NEW COLUMN

- 88 **The Man Who Turned Bad**  
By Dan J. Stein, MD, PhD, and Frederick G. Moeller, MD

#### CME QUIZ

- 151 The quiz on the aftermath of trauma: individual and societal perspectives is CME-accredited by Mount Sinai School of Medicine for 3.0 credit hours.

Founded in 1996, *CNS Spectrums* is an *Index Medicus* journal and is available on MEDLINE under the citation *CNS Spectr.* It is available online at [www.cnsspectrums.com](http://www.cnsspectrums.com). *CNS Spectrums* is also distributed to all CINP members and is accredited for international CME by EACIC.

*CNS Spectrums* (ISSN 1092-8529) is published monthly by MBL Communications, Inc. 333 Hudson Street, 7th Floor, New York, NY 10013.

One-year subscription rates: domestic \$140; foreign \$195; in-training \$85. For subscriptions: Phone: 212-328-0800; Fax: 212-328-0600; Web: [www.cnsspectrums.com](http://www.cnsspectrums.com).

Postmaster: Send address changes to *CNS Spectrums* c/o MMS, Inc., 185 Hansen Court, Suite 110, Wood Dale, IL 60191-1150

For editorial inquiries, please fax us at 212-328-0600 or e-mail us at [jrr@mbcommunications.com](mailto:jrr@mbcommunications.com). For bulk reprint purchases, please contact: Kathleen J. Skae at [ks@mbcommunications.com](mailto:ks@mbcommunications.com).

Opinions and views expressed by authors are their own and do not necessarily reflect the views of the publisher, MBL Communications, Inc., or the editorial advisory board. Advertisements in *CNS Spectrums* are accepted on the basis of adherence to ethical medical standards, but acceptance does not imply endorsement by *CNS Spectrums* or the publisher.

*CNS Spectrums* is a registered trademark of CNS Spectrums, LLC, New York, NY. Permission to reproduce articles in whole or part must be obtained in writing from the publisher.

BPA Worldwide Membership Applied for August 2004.

Copyright ©2005 by MBL Communications, Inc. All rights reserved. Printed in the United States.

#### CNS SPECTRUMS ONLINE

This month's issue of *CNS Spectrums*, as well as a host of educational resources, enduring materials, and archived issues, is available at [www.cnsspectrums.com](http://www.cnsspectrums.com).



I never thought I could be myself again

# Now I can

SEROQUEL is indicated for the treatment of acute manic episodes associated with bipolar I disorder and the treatment of schizophrenia. Patients should be periodically reassessed to determine the need for continued treatment.

Prescribing should be consistent with the need to minimize the risk of tardive dyskinesia, seizures, and orthostatic hypotension. A rare condition referred to as neuroleptic malignant syndrome (NMS) has been reported with this class of medications, including SEROQUEL.

There have been reports of diabetes mellitus and hyperglycemia-related adverse events associated with the use of atypical antipsychotics, including SEROQUEL.

The most commonly observed adverse events associated with the use of SEROQUEL in clinical trials were somnolence, dry mouth, dizziness, constipation, asthenia, abdominal pain, postural hypotension, pharyngitis, SGPT increase, dyspepsia, and weight gain.

 **Seroquel**<sup>®</sup>  
quetiapine fumarate  
25 mg, 100 mg, 200 mg & 300 mg tablets

AstraZeneca 

AstraZeneca Pharmaceuticals LP

To prevent medication errors, write "**SEROQUEL**" clearly  
on your Rx pad. Spell "**SEROQUEL**" clearly over the phone.

Please see Brief Summary of Prescribing Information on following page.

[www.SEROQUEL.com](http://www.SEROQUEL.com)

© 2004 AstraZeneca Pharmaceuticals LP. All rights reserved. SEROQUEL is a registered trademark of the AstraZeneca group of companies

221563

8 04

<https://doi.org/10.1017/S1092852900019313> Published online by Cambridge University Press

## Redefine Success

