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JOURNAL OF THE
AUSTRALIAN ASSOCIATION FOR COGNITIVE
AND BEHAVIOUR THERAPY

CAMBRIDGE
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This journal is published 4 times per year.
The institutional rates (excluding VAT) are:

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Australia	298 AUD	285 AUD
N America	326 USD	311 USD
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Behaviour Change

VOLUME 30

NUMBER 3

2013

Contents

- Assessing Randomised Clinical Trials of Cognitive and Exposure Therapies for Gambling Disorders: A Systematic Review 139

David P. Smith, Kirsten I. Dunn, Peter W. Harvey, Malcolm W. Battersby, and Rene G. Pols

- Further Evidence That Repeated Checking Leads to Reduced Memory Confidence, Vividness and Detail: New Evidence That Repeated Object Exposure Also Results in Memory Distrust 159

Meredith Medway, and Mairwen K. Jones

- Autobiographical Memory in Children and Adolescents With Acute Stress and Chronic Posttraumatic Stress Disorder 180

Reginald D.V. Nixon, Shelly-Anne Ball, Jisca Sterk, Talitha Best, and Lisa Beatty

- The Common Fears and Their Origins Among Turkish Children and Adolescents 199

Begüm Serim Yıldız, Özgür Erdur-Baker, and Aslı Bugay

- Towards a Unified Worry Exposure Protocol for Generalised Anxiety Disorder: A Pilot Study 210

Cameron McIntosh, and Rocco Crino

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Published by Cambridge University Press on behalf of Australian Academic Press Pty Ltd. and AACBT.
Cambridge University Press,
University Printing House
Shaftesbury Road
Cambridge CB2 8BS
United Kingdom
journals.cambridge.org

Australian Association for Cognitive and Behaviour Therapy

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AIMS

The Australian Association for Cognitive and Behaviour Therapy (AACBT) is a multidisciplinary professional society.

The aims of the Association are:

1. to organise continuing education and training in the principles and practice of Cognitive and Behaviour Therapy
2. to publish and disseminate information to members about developments in Cognitive and Behaviour Therapy in Australia and other countries
3. to educate the community in the principles and ethical practice of Cognitive and Behaviour Therapy
4. to liaise and consult with other persons or organisations in the teaching and practice of Cognitive and Behaviour Therapy
5. to promote the ethical practice of Cognitive and Behaviour Therapy by members
6. to organise or assist in the organisation of an annual National Conference on Cognitive and Behaviour Therapy.

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