

is no other religion which has insisted so much on the fact of sin and on the development of the moral virtues to counteract it. It imposes on its disciples not only the whole of the natural law, but the founder repeatedly extols and insists on the virtues of chastity and humility. Pride is one of the three capital sins which render a person completely incapable of starting out on the road of salvation. And to show that humility among the Buddhists is not merely a theoretical ideal Fr Taymans d'Eypernon recalls one of the many intimate conversations he had with different monks. When asked what his desires actually were this particular monk replied:

'I would like to be able to pass a day without having anything to reproach myself with by the evening.'

'And after this life you hope for Nirvana?'

'Oh, Nirvana is not yet for me. I still have many existences to pass through, and then, perhaps?'

M. PENMAN

HOW TO WALK WITH THE HOLY SPIRIT. By Dr James, O.F.M.Cap. (The Mercier Press; 9d.)

A helpful little book full of sound theology. It would perhaps be even more useful if it contained practical directions on how to recognise the inspirations of this interior guide.

S. M. C.

ANGELS COME TO MASS. By Sr Mary Ansgar, O.P. (Bloomsbury Publishing Co.; 2s.)

May God bless and reward Sr M. Ansgar for this beautiful Mass book for children. It is certainly the best ever yet published, and will be much appreciated by all who have to teach small boys and girls about the Holy Mass.

S. M. V.

THE SAINT OF BETHARRAM, St Michael Garicots. By P. E. Collier, S.C.J., B.A. (Sacred Heart College, Droitwich; 2s. 6d.)

Hats off to the devoted and unappreciated grandmothers! It was his grandmother in the eighties who discovered a vocation in St Michael Garicots and whose energy and influence arranged for his education. Owing, under God, to her, this poor shepherd boy became a priest and the founder of an ecclesiastical 'flying corps'.

He 'has seen Bishops weep' and so his priests 'should be at the disposal of their Bishop to fulfil his every desire . . . the mark of the Betharramites was to be their readiness to undertake work which others did not want.'

It is comforting to read of these zealous priests with their excellent schools and vigorous missions extending largely in S. America and even to China.

Missionaries, nuns and especially lay-brothers will all find St Michael Garicots, the farmer's son, a ready and understanding patron.