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*BJPsych Advances* Volume 24, 2018 (six issues)

	Members of the Royal College of Psychiatrists		Institutions
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Print and electronic	£66/\$123	N/A	£206/\$356
Electronic only	Free	£148/\$223	£190/\$292

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Printed in Great Britain by Henry Ling Limited, The Dorset Press, 23 High East Street, Dorchester, Dorset DT1 1HD.

This journal issue has been printed on FSC™-certified paper and cover board. FSC is an independent, non-governmental, not-for-profit organization established to promote the responsible management of the world's forests. Please see [www.fsc.org](http://www.fsc.org) for information.

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ISSN 2056-4678



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Increasing secularism during the 18th century Enlightenment period led to the emergence of a natural concept of 'the mind' as a separate from the previously accepted body-soul duality. In this podcast, Dr Raj Persaud talks to the author of *Soul Machine*, Dr George Makari, about some of the key historical cases that contributed to this new idea and paved the way for the cognitive-style therapies used today. **CPD credits: 0.5**



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