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Podcast Soul Machine: the invention of the modern mind

Increasing secularism during the 18th century Enlightenment period led to the emergence of a natural concept of 'the mind' as a separate from the previously accepted body-soul duality. In this podcast, Dr Raj Persaud talks to the author of *Soul Machine*, Dr George Makari, about some of the key historical cases that contributed to this new idea and paved the way for the cognitive-style therapies used today. **CPD credits: 0.5**



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Eating disorders can have major psychological, physical and social sequelae with poor quality of life, high health burden and a high burden on families and other carers. The adverse physical consequences of dieting, weight loss and purging behaviours can sometimes prove fatal. This module covers the risk factors associated with eating disorders and the principles of treatment for adults with eating disorders, including physical risk management. **CPD credits: 1**



Podcast Viktor Frankl's search for meaning

Viktor Frankl's 1946 memoir, *Man's Search for Meaning*, documented its author's philosophical journey in the wake of the Holocaust. In this podcast, Dr Raj Persaud talks to Professor Timothy Pytell about Frankl's experiences before, during and after World War 2, and the development of Frankl's 'third Viennese school' of psychotherapy, logotherapy. **CPD credits: 0.5**

