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PSYCHOEDUCATION IN PSYCHOSOCIAL REHABILITATION OF PATIENTS WITH SCHIZOPHRENIA

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Acomprehensive survey was carried out of 142 female patients at the age 18 – 35, which have diagnosis the schizophrenia in period of stabilization state.

Depending on the leadingpsychopathologic syndrome the patients were divided into 4 clinical groups, each of those has one of the following syndromes: the apathyabulic syndrome, the wihallucinatory-paranoid syndrome, the depressive-paranoid syndrome, and paranoid one.

The integrative model ofpsychoeducational work was proposed, which includes application of variousinformation modules, techniques of cognitive-behavioral therapy, trainingeffects, problem-oriented discussions, and family psychotherapy.

The psychoeducation was determined tobe superior over conventional complex treatment intended for reduction ofnegative symptoms, productive symptoms and general psychopathological symptomsof patients with schizophrenia. It is supported by dynamic analysis of theclinical disturbances and psychopathological ones on the PANSS. The improvementof psychosocial functioning and quality of life of the patients withschizophrenia who participated in the psychoeducational activities was determined.

It is proved that psychoeducation notonly increases the amount of knowledge intensifies confidence in the fightagainst the disease, but solves the problem of social reintegration of thepatient.