Palliative and Supportive Care

Bedbound

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Brian R. Smith, M.S.

Department of Anesthesiology, Perioperative and Pain Medicine, Stanford University School of Medicine, Stanford, CA, USA

Poetry

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Author for correspondence: Brian R. Smith, Department of Anesthesiology, Perioperative and Pain Medicine, Stanford University School of Medicine, Stanford, CA 94305, USA. Email: BSmith19@stanford.edu

My grandmother Lily beckons me over from the bed where she lies wilted and asks that I open the window.

The breeze glides in first, its gentle breath meeting hers.
She tells me she missed this dearly when last year's summer winds brought wildfire ash.

The birdsong arrives next, bearing a sweet aftertaste. She tells me the names of every mourning dove and quail, and introduces Gilbert, the hummingbird.

I turn to her as I step back from the sill and for a moment she is suspended in the light, her face serene, eyes fixed elsewhere, outward. A trick of the light, or some other magic, perhaps, but her eyes drink in the glow of the sunbeam and above the bed that houses her roots, she is floating.

She beckons me over and tells me there is no gift more precious than an open window.

And in that moment, among the breeze and serenade and sunglow, all I want is to fling open every window in the world.

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