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An Endpoint Alexandrov Bakelman Pucci Estimate in the Plane

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Abstract. The classical Alexandrov-Bakelman-Pucci estimate for the Laplacian states

$$
\max_{x\in\Omega}|u(x)|\leq \max_{x\in\partial\Omega}|u(x)|+c_{s,n}\operatorname{diam}(\Omega)^{2-\frac{n}{s}}\|\Delta u\|_{L^{s}(\Omega)},
$$

where $\Omega \subset \mathbb{R}^n$, $u \in C^2(\Omega) \cap C(\overline{\Omega})$ and $s > n/2$. The inequality fails for $s = n/2$. A Sobolev embedding result of Milman and Pustylnik, originally phrased in a slightly different context, implies an endpoint inequality: if $n \geq 3$ and $\Omega \subset \mathbb{R}^n$ is bounded, then

 $\max_{x \in \Omega} |u(x)| \leq \max_{x \in \partial \Omega} |u(x)| + c_n \|\Delta u\|_{L^{\frac{n}{2},1}(\Omega)},$

where $L^{p,q}$ is the Lorentz space refinement of L^p . This inequality fails for $n = 2$, and we prove a sharp substitute result: there exists $c > 0$ such that for all $\Omega \subset \mathbb{R}^2$ with finite measure,

$$
\max_{x\in\Omega}|u(x)|\leq \max_{x\in\partial\Omega}|u(x)|+c\max_{x\in\Omega}\int_{y\in\Omega}\max\left\{1,\log\left(\frac{|\Omega|}{\|x-y\|^2}\right)\right\}|\Delta u(y)|dy.
$$

This is somewhat dual to the classical Trudinger–Moser inequality; we also note that it is sharper than the usual estimates given in Orlicz spaces; the proof is rearrangement-free. The Laplacian can be replaced by any uniformly elliptic operator in divergence form.

1 Introduction and Main Results

1.1 Introduction

The Alexandrov–Bakelman–Pucci estimate $[2, 3, 7, 27, 28]$ $[2, 3, 7, 27, 28]$ $[2, 3, 7, 27, 28]$ $[2, 3, 7, 27, 28]$ $[2, 3, 7, 27, 28]$ $[2, 3, 7, 27, 28]$ $[2, 3, 7, 27, 28]$ $[2, 3, 7, 27, 28]$ is one of the classical estimates in the study of elliptic partial differential equations. In its usual form it is stated for a second order uniformly elliptic operator

$$
Lu = a_{ij}(x)\partial_{ij}u + b_i(x)\partial_i u
$$

with bounded measurable coefficients in a bounded domain $\Omega \subset \mathbb{R}^n$. The Alexandrov–Bakelman–Pucci estimate then states that for any $u \in C^2(\Omega) \cap C(\overline{\Omega}),$

$$
\sup_{x\in\Omega}|u(x)|\leq \sup_{x\in\partial\Omega}|u(x)|+c \operatorname{diam}(\Omega)\|Lu\|_{L^{n}(\Omega)},
$$

where c depends on the ellipticity constants of L and the $Lⁿ$ -norms of the b_i . It is a rather foundational maximum principle and discussed in most of the standard text-books, e.g., Caffarelli and Cabré [\[13\]](#page-8-2), Gilbarg and Trudinger [\[17\]](#page-8-3), Han and Lin [\[19\]](#page-8-4), and Jost $[20]$. The ABP estimate has inspired a very active field of research; we do not attempt a summary and refer the reader to [\[11–](#page-7-3)[13,](#page-8-2)[17,](#page-8-3) [33\]](#page-8-6) and references therein.

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Alexandrov [\[4\]](#page-7-4) and Pucci [\[28\]](#page-8-1) showed that $Lⁿ$ can generally not be replaced by a smaller norm. However, for some elliptic operators operators it is possible to get estimates with L^p with $p < n$; see [\[6\]](#page-7-5). We will start our discussion with the special case of the Laplacian, where the inequality reads, for any $s > n/2$,

$$
\max_{x\in\Omega}|u(x)|\leq \max_{x\in\partial\Omega}|u(x)|+c_{s,n}\operatorname{diam}(\Omega)^{2-\frac{n}{s}}\|\Delta u\|_{L^s(\Omega)}.
$$

1.2 Results

The inequality is known to fail in the endpoint $s = n/2$. The purpose of our short paper is to note endpoint versions of the inequality. The first result is essentially due to Milman and Pustylnik [\[22\]](#page-8-7) (see also [\[23\]](#page-8-8)), with an alternative proof due to Xiao and Zhai [\[34\]](#page-8-9). Ascribing it to anyone in particular is not an easy matter; one could reasonably argue that Talenti's seminal paper [\[31,](#page-8-10) Eq. 20] already contains the result without spelling it out.

Theorem 1.1 ([\[22,](#page-8-7) [23,](#page-8-8) [31,](#page-8-10) [34\]](#page-8-9)) Let $n \ge 3$, let $\Omega \subset \mathbb{R}^n$ be bounded, and let $u \in C^2(\Omega) \cap$ $C(\overline{\Omega})$. Then

> max $\max_{x \in \Omega} |u(x)| \leq \max_{x \in \partial \Omega} |u(x)| + c_n ||\Delta u||_{L^{\frac{n}{2},1}(\Omega)},$

where c_n depends only on the dimension.

Here $L^{n/2,1}$ is the Lorentz space refinement of $L^{n/2}$. We note that its norm is slightly larger than $L^{n/2}$, and this turns out to be sufficient to establish an endpoint result in a critical space for which the geometry of Ω no longer enters into the inequality. We refer to Grafakos $[18]$ for an introduction to Lorentz spaces. The proofs given in $[22-24, 31]$ $[22-24, 31]$ $[22-24, 31]$ rely on rearrangement techniques. Theorem [1.1](#page-1-0) fails for $n = 2$: the Lorentz space collapses to $L^{1,1} = L^1$, and the inequality is false in L^1 (see below for an example). We obtain a sharp endpoint result in \mathbb{R}^2 .

Theorem 1.2 (Main result) Let $\Omega \subset \mathbb{R}^2$ have finite measure and let $u \in C^2(\Omega)$ $C(\overline{\Omega})$. Then

$$
\max_{x\in\Omega}|u(x)|\leq \max_{x\in\partial\Omega}|u(x)|+c\max_{x\in\Omega}\int_{y\in\Omega}\max\left\{1,\log\left(\frac{|\Omega|}{\|x-y\|^2}\right)\right\}|\Delta u(y)|dy.
$$

The result seems to be new. We observe that Talenti [\[31\]](#page-8-10) is hinting at the proof of a slightly weaker result using rearrangement techniques (after his equation (22), see a recent paper of Milman [\[24\]](#page-8-12) for a complete proof and related results). Note that Ω need not be bounded; it suffices to assume that it has finite measure. We illustrate sharpness of the inequality with an example on the unit disk. Define the radial function $u_{\varepsilon}(r)$ by

$$
u(r) = \begin{cases} \frac{1}{2} - \log \varepsilon - \frac{1}{2} \varepsilon^{-2} r^2 & \text{if } 0 \le r \le \varepsilon, \\ -\log r & \text{if } \varepsilon \le r \le 1. \end{cases}
$$

We observe that $\Delta u_{\varepsilon} \sim \varepsilon^{-2} 1_{\{|x| \leq \varepsilon\}}$ and $||u||_{L^{\infty}} \sim \log(1/\varepsilon)$. This shows that the solution is unbounded as $\varepsilon \to 0$, while $\|\Delta u\|_{L^1} \sim 1$ remains bounded; in particular, no

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Alexandrov–Bakelman–Pucci inequality in L^1 is possible for $n = 2$. The example also shows Theorem [1.2](#page-1-1) to be sharp: the maximum is assumed at the origin and

$$
\int_{y \in \Omega} \max \left\{ 1, \log \left(\frac{|\Omega|}{\|y\|^2} \right) \right\} \varepsilon^{-2} 1_{\{|y| \leq \varepsilon\}} dy = \frac{1}{\varepsilon^2} \int_{B(0,\varepsilon)} \log \left(\frac{\pi}{\|y\|^2} \right) dy \sim \log \left(\frac{1}{\varepsilon} \right).
$$

The proof will show that the constant $|\Omega|$ inside the logarithm is quite natural, but it can be improved if the domain is very different from a disk. Indeed, we can get sharper results that recover some of the information that is lost in applying rearrangement type techniques, and with a slight modification of the main argument, we can obtain a slightly stronger result capturing more geometric information.

Corollary Let $\Omega \subset \mathbb{R}^2$ have finite measure and be simply connected and let $u \in \mathbb{R}$ $C^2(\Omega) \cap C(\overline{\Omega})$. Then

$$
\max_{x \in \Omega} |u(x)| \leq \max_{x \in \partial \Omega} |u(x)| + c \max_{x \in \Omega} \int_{y \in \Omega} \max \left\{ 1, \log \left(\frac{\text{inrad}(\Omega)^2}{\|x - y\|^2} \right) \right\} |\Delta u(y)| dy.
$$

All results remain true if we replace the Laplacian −∆ by a uniformly elliptic operator in divergence form $-\text{div}(a(x) \cdot \nabla u)$ or replace \mathbb{R}^n by a manifold as long as the induced heat kernel satisfies Aronson-type bounds [\[5\]](#page-7-6).

1.3 Related Results

_ere is a trivial connection between Alexandrov–Bakelman–Pucci estimates and second-order Sobolev inequalities. After constructing

 $\Delta\phi = 0$ in Ω , $\phi = u$ on $\partial\Omega$,

we can trivially estimate, using the maximum principle for harmonic functions,

$$
\max_{x \in \Omega} |u(x)| \leq \max_{x \in \Omega} |\phi(x)| + \max_{x \in \Omega} |u(x) - \phi(x)| \leq \max_{x \in \partial \Omega} |u(x)| + \max_{x \in \Omega} |u(x) - \phi(x)|.
$$

This reduces the problem to studying functions $u \in C^2(\Omega)$ that vanish on the boundary and verifying the validity of estimates of the type

$$
||u||_{L^{\infty}(\Omega)} \lesssim_{\Omega} ||\Delta u||_{X}.
$$

The Alexandroff-Bakelman-Pucci estimate is one such estimate. These objects have been actively studied for a long time; see $e.g., [15, 16, 34]$ and references therein. Theo-rem [1.1](#page-1-0) can thus be restated as second-order Sobolev inequality in the endpoint $p = \infty$ and requiring a Lorentz-space refinement; it can be equivalently stated as

$$
||u||_{L^{\infty}(\mathbb{R}^n)} \leq c_n ||\Delta u||_{L^{\frac{n}{2},1}(\mathbb{R}^n)} \qquad \text{for all } u \in C_c^{\infty}(\mathbb{R}^n), n \geq 3.
$$

This inequality seems to have first been stated in the literature by Milman and Pustylnik [\[22\]](#page-8-7) in the context of Sobolev embedding at the critical scale. Xiao and Zhai [\[34\]](#page-8-9) derive the inequality via harmonic analysis. The failure of the embedding of the critical Sobolev space into L^{∞} is classical:

$$
W_0^{2,\frac{n}{2}}(\Omega)\not\hookrightarrow L^\infty(\Omega).
$$

There are two natural options: one could either try to find a slightly larger space $Y \supset$ $L^{\infty}(\Omega)$ to have a valid embedding or one could try to find a space slightly smaller than

the Sobolev space to have a valid embedding. The result of Milman and Pustylnik [\[22\]](#page-8-7) deals with the second question. From the point of view of studying Sobolev spaces, the first question is quite a bit more relevant, since it investigates extremal behavior of functions in a Sobolev space and has been addressed in many papers $[1,8,10,22,25,26]$ $[1,8,10,22,25,26]$ $[1,8,10,22,25,26]$ $[1,8,10,22,25,26]$ $[1,8,10,22,25,26]$ $[1,8,10,22,25,26]$. We emphasize the Trudinger–Moser inequality [\[25,](#page-8-15) [32\]](#page-8-17): for $\overrightarrow{\Omega} \subset \mathbb{R}^2$,

$$
\sup_{\|\nabla u\|_{L^2}\leq 1}\int_{\Omega}e^{4\pi|u|^2}dx\leq c|\Omega|.
$$

Cassani, Ruf, and Tarsi [\[14\]](#page-8-18) prove a variant: the condition $\|\Delta u\|_{L^1} < \infty$ suffices to ensure that u has at most logarithmic blow-up. These results should be seen as some-what dual to Theorem [1.2.](#page-1-1) Put differently, Theorem [1.2](#page-1-1) is a natural converse to this result, since it implies that any function with $\|\Delta u\|_{L^1} < \infty$ and logarithmic blow-up has a Laplacian $\overline{\Delta u}$ that concentrates its L^1 -mass.

2 Proofs

The proofs are all based on the idea of representing a function $u: \Omega \to \mathbb{R}$ as the stationary solution of the heat equation with a suitably chosen right-hand side (these techniques have recently proven useful in a variety of problems [\[9,](#page-7-10) [21,](#page-8-19) [29,](#page-8-20) [30\]](#page-8-21))

$$
v_t + \Delta v = \Delta u \qquad \text{in } \Omega
$$

$$
v = u \qquad \text{on } \partial \Omega.
$$

The Feynman–Kac formula then implies a representation of $u(x) = v(t, x)$ as a convolution of the heat kernel and its values in a neighborhood to which standard estimates can be applied. We use $\omega_x(t)$ to denote Brownian motion started in $x \in \Omega$ at time t; moreover, in accordance with Dirichlet boundary conditions, we will assume that the boundary is sticky and that a particle remains at the boundary once it touches it. The Feynman–Kac formula implies that for all $t > 0$,

$$
u(x) = \mathbb{E}u(\omega_x(t)) + \mathbb{E}\int_0^t (\Delta u)(\omega_x(t))dt.
$$

This representation will be used in all our proofs. The proof of Theorem [1.1](#page-1-0) will be closely related in spirit to $[34,$ Lemma 3.2.] but phrased in a different language; this language turns out to be useful in the proof of Theorem [1.2](#page-1-1) where an additional geometric argument is required.

2.1 A Technical Lemma

The purpose of this section is to quickly prove a fairly basic inequality. The lemma appeared in a slightly more precise form in work of Lierl and the author [\[21\]](#page-8-19). We only need a special case, we and prove it for completeness of exposition.

Lemma 2.1 Let $n \in \mathbb{N}$, let $t > 0$, $c_1, c_2 > 0$, and $0 \neq x \in \mathbb{R}^n$. We have

$$
\int_0^t \frac{c_1}{s} \exp\Big(-\frac{\|x\|^2}{c_2 s}\Big) ds \lesssim_{c_1,c_2} \left(1+\max\Big\{0,-\log\Big(\frac{\|x\|^2}{c_2 t}\Big)\Big\}\right) \exp\Big(-\frac{\|x\|^2}{c_2 t}\Big),
$$

and, for $n \geq 3$,

$$
\int_0^{\infty} \frac{c_1}{s^{n/2}} \exp\Big(-\frac{\|x\|^2}{c_2 s}\Big) ds \lesssim_{c_1, c_2, n} \frac{1}{\|x\|^{n-2}}.
$$

Proof The substitutions $z = s/|x|^2$ and $y = 1/(c_2z)$ show

$$
\int_0^t \frac{c_1}{s} \exp\left(-\frac{|x|^2}{c_2 s}\right) ds \lesssim_{c_1, c_2} \int_{|x|^2/(c_2 t)}^{\infty} y^{-1} e^{-y} dy.
$$

If $|x|^2/(c_2d) \leq 1$, we have that

$$
\int_{|x|^2/(c_2 t)}^{\infty} y^{-1} e^{-y} dy \lesssim 1 + \int_{|x|^2/(c_2 t)}^{1} y^{-1} e^{-y} dy \lesssim 1 + \int_{|x|^2/(c_2 t)}^{1} y^{-1} dy \lesssim 1 - \log \Big(\frac{|x|^2}{c_2 t} \Big),
$$

and if $|x|^2/(c_2 t) \geq 1$, we have

$$
\int_{|x|^2/(c_2 t)}^{\infty}{y^{-1} e^{-y} dy} \leq \frac{c_2 d}{|x|^2} \int_{|x|^2/(c_2 t)}^{\infty}{e^{-y} dy} = \frac{c_2 t}{|x|^2} \exp\bigg(-\frac{|x|^2}{c_2 t}\bigg) \leq \exp\bigg(-\frac{|x|^2}{c_2 t}\bigg).
$$

Summarizing, this establishes that

$$
\int_{|x|^2/(c_2 t)}^{\infty} \frac{1}{y} e^{-y} dy \lesssim \left(1 + \max\left\{0, -\log\left(\frac{|x|^2}{c_2 t}\right)\right\}\right) \exp\left(-\frac{|x|^2}{c_2 t}\right),
$$

which is the desired statement for $n = 2$. The second statement, for $n \ge 3$, is trivial.

2.2 Proof of Theorem [1.1](#page-1-0)

Proof We rewrite u as the stationary solution of the heat equation

$$
v_t + \Delta v = \Delta u
$$
 in Ω , $v = u$ on $\partial \Omega$.

As explained above, the Feynman–Kac formula implies that for all $t > 0$,

$$
u(x) = v(t,x) = \mathbb{E}v(\omega_x(t)) + \mathbb{E}\int_0^t (\Delta u)(\omega_x(t))dt.
$$

Let x be arbitrary; we now let $t \to \infty$. The first term is quite simple, since we recover the harmonic measure. Indeed, as $t \to \infty$, we have

$$
\lim_{t\to\infty}\mathbb{E}\nu(\omega_x(t))=\phi(x)\quad\text{where}\quad\begin{cases}\Delta\phi=0\quad\text{inside }\Omega,\\ \phi=u\quad\text{ on }\partial\Omega.\end{cases}
$$

This can be easily seen from the stochastic interpretation of harmonic measure. This implies that

$$
\lim_{t\to\infty}\mathbb{E}\nu(\omega_x(t))\leq \max_{x\in\partial\Omega}u(x).
$$

It remains to estimate the second term. We denote the heat kernel on Ω by $p_{\Omega}(t, x, y)$ and observe

$$
\left| \mathbb{E} \int_0^t (\Delta u)(\omega_x(t))dt \right| \leq \mathbb{E} \int_0^t |\Delta u(\omega_x(t))| dt
$$

=
$$
\int_0^t \int_{y \in \Omega} p_\Omega(s, x, y) |\Delta u(y)| dy ds
$$

$$
\leq \int_{y \in \Omega} \Big(\int_0^\infty p_\Omega(s, x, y) ds \Big) |\Delta u(y)| dy.
$$

However, using domain monotonicity $p_{\Omega}(t, x, y) \le p_{\mathbb{R}^n}(t, x, y)$ as well as the explicit Gaussian form of the heat kernel on \mathbb{R}^n and Lemma [2.1](#page-3-0) we have, uniformly in $x, y \in \Omega$,

$$
\int_0^\infty p_\Omega(s,x,y)ds \leq \int_0^\infty p_{\mathbb{R}^n}(s,x,y)ds \leq \frac{c_n}{\|x-y\|^{n-2}}.
$$

The duality of Lorentz spaces

$$
||fg||_{L^{1}(\mathbb{R}^{n})} \leq ||f||_{L^{\frac{n}{2},1}(\mathbb{R}^{n})} ||g||_{L^{\frac{n}{n-2},\infty}(\mathbb{R}^{n})}
$$
 and $\frac{1}{||x-y||^{n-2}} \in L^{\frac{n}{n-2},\infty}(\mathbb{R}^{n},dy)$

then implies the desired result

$$
\left| \mathbb{E} \int_0^t (\Delta u)(\omega_x(t)) dt \right| \leq c_n \int_{y \in \Omega} \frac{|\Delta u|(y)}{\|x - y\|^{n-2}} dy
$$

\$\leq \left\| \frac{c_n}{\|x - y\|^{n-2}} \right\|_{L^{\frac{n}{n-2},\infty}} \|\Delta u\|_{L^{\frac{n}{2},1}}\$.

Remark — The part of the proof that is amenable to further improvement is the use of the domain monotonicity $p_{\Omega}(t, x, y) \leq p_{\mathbb{R}^n}(t, x, y)$. It is well understood that for domains that are very different from, say, disks, the heat kernel can have much faster decay.

2.3 Proof of Theorem [1.2](#page-1-1)

Proof This argument requires a simple statement for Brownian motion: for all sets $\Omega \subset \mathbb{R}^2$ with finite volume $|\Omega| < \infty$ and all $x \in \Omega$,

$$
\mathbb{P}\Big(\exists 0\leq t\leq \frac{|\Omega|}{8}: w_x(t)\notin \Omega\Big)\geq \frac{1}{2}.
$$

We start by bounding the probability from below. For this, we introduce the free Brownian motion $\omega_x^*(t)$ that also starts in x but moves freely through \mathbb{R}^n without getting stuck on the boundary ∂Ω. Continuity of Brownian motion then implies that

$$
\mathbb{P}\Big(\;\exists\;0\leq t\leq \frac{|\Omega|}{8}: w_x(t)\notin \Omega\Big)\geq \mathbb{P}\Big(\,w_x^{\,\star}\big(|\Omega|/8\big)\notin \Omega\Big)\,.
$$

Moreover, we can compute

$$
\mathbb{P}\big(\,w_x^*\big(|\Omega|/8\big)\notin\Omega\big)\,=\,\int_{\mathbb{R}^n\smallsetminus\Omega}\frac{\exp\big(-2\|x-y\|^2/|\Omega|\big)}{\big(\pi|\Omega|/2\big)}dy.
$$

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We use the Hardy–Littlewood rearrangement inequality to argue that

$$
\int_{\mathbb{R}^n\smallsetminus\Omega} \frac{\exp(-2\|x-y\|^2/|\Omega|)}{(\pi|\Omega|/2)}dy\geq \int_{\mathbb{R}^n\smallsetminus B} \frac{\exp(-2\|y\|^2/|B|)}{(\pi|B|/2)}dy,
$$

where B is a ball centered in the origin having the same measure as Ω . However, assuming $|B| = R^2 \pi$, this quantity can be computed in polar coordinates as

$$
\int_{\mathbb{R}^n \setminus B} \frac{\exp(-2\|y\|^2/|B|)}{(\pi |B|/2)} dy = \int_R^\infty \frac{\exp(-2r^2/(R^2\pi))}{R^2\pi^2/2} 2\pi r dr = e^{-\frac{2}{\pi}} > \frac{1}{2}.
$$

We return to the representation, valid for all $t > 0$,

$$
\nu(t,x)=\mathbb{E}\nu(\omega_x(t))+\mathbb{E}\int_0^t(\Delta u)(\omega_x(t))dt.
$$

We will now work with finite values of t . The computation above implies that at time $t = |\Omega|$,

$$
\big|\mathbb{E}\nu(\omega_x(|\Omega|))\big|\leq \frac{1}{2}\max_{x\in\partial\Omega}|u(x)|+\frac{\max_{x\in\Omega}u(x)}{2}.
$$

Arguing as above and employing Lemma [2.1](#page-3-0) shows that

$$
\left| \mathbb{E} \int_0^{|\Omega|} (\Delta u)(\omega_x(t)) dt \right| \leq \int_{y \in \Omega} \left(\int_0^{|\Omega|} p(s, x, y) ds \right) |\Delta u(y)| dy
$$

$$
\lesssim \|\Delta u\|_{L^1} + \int_{y \in \Omega} \max \left\{ 0, \log \left(\frac{|\Omega|}{\|x - y\|^2} \right) \right\} |\Delta u(y)| dy
$$

$$
\lesssim \int_{y \in \Omega} \max \left\{ 1, \log \left(\frac{|\Omega|}{\|x - y\|^2} \right) \right\} |\Delta u(y)| dy.
$$

We can now pick $x \in \Omega$ so that u assumes its maximum there and argue that

$$
\max_{x \in \Omega} u(x) = v(|\Omega|, x) = \mathbb{E}v(\omega_x(|\Omega|)) + \mathbb{E} \int_0^{|\Omega|} (\Delta u)(\omega_x(t))dt
$$

$$
\leq \frac{1}{2} \max_{x \in \partial \Omega} |u(x)| + \frac{\max_{x \in \Omega} u(x)}{2}
$$

$$
+ c \max_{x \in \Omega} \int_{y \in \Omega} \max \left\{ 1, \log \left(\frac{|\Omega|}{\|x - y\|^2} \right) \right\} |\Delta u(y)| dy,
$$

which implies the desired statement.

2.4 Proof of the Corollary

Proof The proof of Theorem [1.1](#page-1-0) can be used almost verbatim; we only require the elementary statement that for all simply-connected domains $\Omega \subset \mathbb{R}^2$ and all $x_0 \in \Omega$,

$$
\mathbb{P}\big(\,\exists\;0\leq t\leq c\cdot\mathrm{inrad}\big(\,\Omega\big)^2:\,w_{x_0}\big(t\big)\notin\Omega\big)\,\geq\,\frac{1}{100}.
$$

The idea is actually rather simple. For any such x_0 there exists a point $||x_0 - x_1|| \leq$ inrad($Ω$) such that $y \notin Ω$. Since $Ω$ is simply connected, the boundary is an actual line enclosing the domain. In particular, the disk of radius $m \cdot \text{inrad}(\Omega)$ centered around x_0 either already contains the entire domain Ω or has a boundary of length

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at least $(2m - 2) \cdot \text{inrad}(\Omega)$ (an example being close to the extremal case is the third one shown in Figure [1\)](#page-7-11).

Figure 1: The point of maximum x_0 , the circle with radius $d(x_0, \Omega)$, the circle with radius $2d(x_0, \Omega)$ (dashed) and the possible local geometry of $\partial\Omega$.

It turns out that $m = 2$ is already an admissible choice; the computations were carried out in earlier work of Rachh and the author [\[29\]](#page-8-20).

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