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Self-stigma and Suicidality in Patients with Neurotic Spectrum Disorders

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Introduction: About 90% of persons who commit suicide suffer from mental illness. The risk is particularly high in depression, psychosis, agitation, severe anxiety disorder, post-traumatic stress disorder, hypochondriasis and borderline personality disorder.

Method: Aim of our study was to found connection between self- stigma, and level of suicidality in neurotic spectrum disorders. It is a cross-section study of inpatients with pharmacoresistant patients hospitalized at the psychotherapeutic ward of the Department of psychiatry, University hospital Olomouc, Czech Republic. Results: . Data were gathered from 198 probands. Patients were diagnosed according ICD-10 research diagnostic criteria. There were used ISMI, BDI-II, objective and subjective CGI, Morin sleep scale, DES and MADRS item 10 (suicidality) for the assessment. Level of self-stigma highly significantly correlated with suicidality in patients with neurotic spectrum disorders.

Conclusion: More attention should be paid to issue of self-stigma throughout neurotic patients, especially those with suicidal thoughts and tendencies.