

## **P-266 - NOT NOW': ADVANCED (CRISIS) INTERVENTIONS FOR EXTREME AGGRESSION IN AUTISM SPECTRUM DISORDERS**

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Due their idiosyncratic way of approaching and responding to the world, behaviours in autism can be misconstrued as aggressive, whilst misinterpretations of aggression is not uncommon.

Behaviours are commonly studied through ABC charts, which depict the antecedents and consequences of behavior.

Psychodynamic and Systemic explanations can be superfluous, whilst remedial and developmental and analytical issues go unnoticed. The communicative element of aggression can be overrated; aggression can have the function of offloading overloading emotional impulses and sensory integration deficits can underlie aggressive behaviour. Ego state related aggression can be perceived as a mood disorder. Minor enduring trauma can be dismissed in a aggression. The extent of autism related traumatisation due to lack of awareness of lack of comprehension, heavy handedness, inability to execute start, shift and end tasks can go unnoticed.

**Objective:** To give a brief overview of developmentally related behaviours, common behavior scenarios which get misconstrued as aggressive.

**Aim:** To raise awareness of how certain behaviours can get misconstrued as aggressive and provide alternative explanations of aggression in autism individuals

**Methods:** The first part of the workshop will discuss the theoretical aspects of development, autism impacting on behavior and aggression regulation. The impact of the lack of emotional language and mind reading on aggression will receive special attention. Amalgamations of interventions wherein education, role modeling and psychomotor exercises are incorporated will be step by step explained.