

## P02-111

### REGARDS THROUGH ADOLESCENCE: COMPARISON BETWEEN AN ADOLESCENT'S SUICIDAL BEHAVIOUR CONSULTATION AND AN ADOLESCENCE CONSULTATION

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The aim of this study is a comparison between two different adolescents' consultations: NES Consultation, which assists youngsters from 11 to 21 years old with self-destructive behaviours and Adolescence Consultation, which assists adolescents from 13 to 21 years old, without any specific diagnose or psychopathology.

Our sample it is composed of 100 youngsters, 15 males and 35 females from NES C (average age 15.5) and 14 males and 36 females from AC group (average age 15.6).

Data was collected from semi-structure interviews (at the assessment moment) and clinical documentation forms, analysed with SPSS program, through qui-square test (nominal variables).

Major findings: absence of significant differences between youngsters who cut themselves in the two consultations; in *reported difficulties* category, the hypothesis that there would be significant differences between the two groups was not fully confirm, it figured to be only true for school difficulties sub-category; significant differences found on *depressive syndromatic diagnose* sub-category; the results on *source of reference* category showed a significant difference between the groups we studied; the number of adolescents from the AC who have *previously had suicidal ideation*, although significantly different from NES C, can't be disregard. Inquiring about suicidal ideas and thoughts whenever attending an adolescent in difficulties should be the standard, not the exception, recognizing that we will not be able to bring to an end suicide but listening and understanding the suffering adolescent, we can win some time, and at the meantime, plenty of things can change.