

# WebGuide

Martin Briscoe and Trevor Hicks

## Journals

**British Medical Journal** [www.bmj.com](http://www.bmj.com) – this is an excellent site. It has the full text of all articles published in the *British Medical Journal* since the beginning of 1997.

**Lancet** [www.thelancet.com/newlancet](http://www.thelancet.com/newlancet) – this site contains the full text of articles from December 1997. They can be assessed for free provided that your institution subscribes to the journal.

**New Scientist** [www.newscientist.co.uk](http://www.newscientist.co.uk) – contains selected articles from the magazine.

**Bandolier** [www.jr2.ox.ac.uk/bandolier](http://www.jr2.ox.ac.uk/bandolier) selected articles from this journal of evidence-based medicine.

**Psychological Medicine** [www.cup.cam.ac.uk](http://www.cup.cam.ac.uk) – now in its third decade of publishing. The site contains a list of contents.

**British Journal of Psychiatry** [www.rcpsych.ac.uk](http://www.rcpsych.ac.uk) – also contains information and contents of the *Psychiatric Bulletin* and *Advances in Psychiatric Treatment*.

## Psychiatry 'superlists'

These contain extensive links to mental health web sites.

**OXAMWEB** [www.psychiatry.ox.ac.uk/oxamweb](http://www.psychiatry.ox.ac.uk/oxamweb). This is an excellent site with links to articles covering all aspects of psychiatry. The site actually stands for Oxford and Anglia Mental Health on the Web. Evidence-based articles are highlighted (see Fig. 1).

**Puller's Behavioural Healthcare Resources** [www.umdj.edu/psyevents/psjumps.html](http://www.umdj.edu/psyevents/psjumps.html). This is a huge list of meetings, organisations and online resources put together by Myron Puller, MD. This site has a more American slant than Oxamweb.

**The Mining Company Resource lists** [www.miningco.com/health/mentalhealth](http://www.miningco.com/health/mentalhealth). Collated by Leonard Holmes PhD. Unlike the two previous sites this one is more directed at the general public.

**Psych Central** [www.grohol.com](http://www.grohol.com). Dr John Grohol's mental health page. This US site has been around since 1995 and has received over a million visitors. It has an extensive list of resources with a brief comment on each by Grohol. There are live interactive chats and even a suicide help-line.

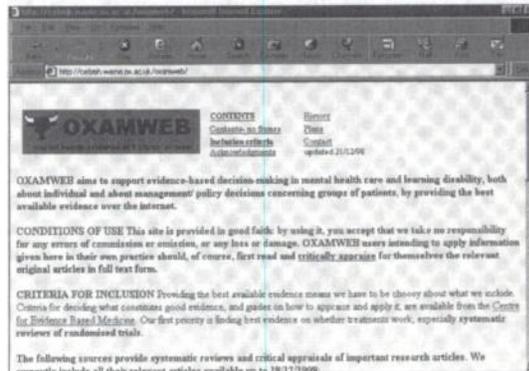


Fig. 1. OXAMWEB homepage

## Self-help information from major institutions

**Help is at Hand** [www.rcpsych.ac.uk/public/help/welcome.htm](http://www.rcpsych.ac.uk/public/help/welcome.htm). The College's series of 12 leaflets were first published on the web over a year ago and have since been visited over 70 000 times. The leaflets can be printed out from the site. The College factsheets are also published in full in the public section.

**Let's talk facts** [www.psych.org](http://www.psych.org). is the American Psychiatric Association's equivalent series of 22 leaflets.

**The National Institutes of Health** [www.nlm.nih.gov/publist/specific.htm](http://www.nlm.nih.gov/publist/specific.htm) also publishes leaflets.

**Facts for Families** [www.aacap.org](http://www.aacap.org) Is a series of over 60 brief factsheets from the American Academy of Child & Adolescent Psychiatry.

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