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EVALUATION OF FUNCTIONALITY IN FAMILIES WITH DEPRESSED PATIENT BY USING THE FFS - POSTER PREZENTATION

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Depression is a disorder of representation and regulation of mood and emotion; it affects 5% of world population, in a year. Unlike normal loss and sadness feelings, major depression is persistent and it interferes significantly with thoughts, behaviour, emotions, activity and health of the individual. If untreated, depression can lead to suicide. Using family therapy in treating psychiatric patients is a must due to the significance that a family holds in individual and society life.

Objective: Assessing family functionality in families with a member diagnosed according to DSM IV TR with depressive disorder; depression intensity was assessed with HDRS.

Methods: A sample of 30 families (71 members); FFS assesses the most important and consistent five functioning areas: positive affect, communication, conflicts, worries and rituals.

Results: Values obtained in each of the 40 questions of the scale can give information on variables affecting the increase or decrease in subscales values. Positive affect 35,07, communication 37, conflicts 15,11, worries 40,77, rituals 45,03. The results were compared to those obtained by assessing normal families from a control group of 132 families (323 members).

Conclusions: Differences were noticed. Values obtained in our study represent the standard of functioning of families with a depressed member. Key words: family, functionality, depression.

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