

Editorial

Since its inception in 1972 the *British Association of Behavioural Psychotherapy* (BABP) has sought in various ways to promote the advancement of the theory and practice of behavioural psychotherapy. The effectiveness of its endeavours are clearly evident, not only in the continuing growth in membership of the Association but in the increasing acceptability of behavioural approaches by more and more professions

In seeking to further its objectives BABP has not only supported the publication of *Behavioural Psychotherapy* but has also encouraged other activities to promote research and assist in training. There have been regular conferences, meetings and workshops, organized nationally or by regional branches. The place of BABP in the behavioural scene internationally is being recognized by the fact that it will host the Third World Conference on Behaviour Therapy in Edinburgh in September 1988.

Over the years many of the activities of the Association and its members have reached a wider audience through the publication of presented papers within the pages of *Behavioural Psychotherapy*. Doing so has assisted in fulfilling the Journal's aim to try and reflect and influence changes in the concepts, methodology and techniques of behavioural psychotherapy. This is particularly well illustrated in the present Special Issue which is devoted to developments in Cognitive Behavioural Therapy. The articles are based on papers originally presented at a one day conference organized by the Yorkshire Branch of BABP in November 1984. I am grateful to Paul Salkovskis, who convened the conference, for initiating the idea of including these papers as a Special Issue, and to Ivy Blackburn for acting as Guest Editor.

I hope that you, the readers, will find that this series of papers provides a valuable summary of a number of developments in this important and evolving area within behavioural psychotherapy. If so, suggestions for further such special issues will be most welcome.

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