

# THE BRITISH JOURNAL OF **PSYCHIATRY**

December 1986 Vol 149

ISSN 0007-1250

Published by authority of The Royal College of Psychiatrists

#### **NOTICE TO CONTRIBUTORS**

- 1. The British Journal of Psychiatry is published monthly under the auspices of the Royal College of Psychiatrists. The Journal publishes original work in all fields of psychiatry. Communications on general editorial matters, including manuscripts for publication, printed matter, and books for review, should be sent to The Editor. The British Journal of Psychiatry, 17 Belgrave Square, London SW1X 8PG.
- 2. Contributions are accepted for publication on the condition that their substance has not been published or submitted for publication elsewhere. The *Journal* does not hold itself responsible for statements made by contributors. Unless so stated, material in the *Journal* does not necessarily reflect the views of the Editor or the Royal College of Psychiatrists.
- 3. Published articles become the property of the *Journal* and can be published elsewhere, in full or in part, only with the Editor's written permission.
- 4. Manuscripts accepted for publication are subject to copyediting, and to editorial changes required for conformity with *Journal* style.
- 5. We regret that papers unsuitable for publication will not be returned.
- 6. General advice to authors In the assessment of manuscripts submitted to the Journal, great importance is attached to clarity and brevity of expression. Authors should read General Notes on the Preparation of Scientific Papers (3rd ed. 1974, £0.45, from The Royal Society) and/or Judith Butcher's Typescripts, Proofs and Indexes (1980, Cambridge University Press, £2.95). Spelling should follow the Concise Oxford Dictionary.

The standard of statistical work in papers submitted for publication has proved to be very variable. Authors using any statistical methods at all are strongly advised to study the paper 'Statistical guidelines for contributors to medical journals' (D. G. Altman et al. British Medical Journal, 7 May 1983, 286, 1489–1493) at the earliest possible stage in preparing their work for publication.

- 7. Manuscripts Two high-quality copies should be submitted and the author should retain a copy. Articles must be typed on one side of the paper only, double spaced with wide margins, and all the pages must be numbered sequentially, starting with the title page.
- a. The title should be brief and to the point. If necessary, a sub-title may be used to amplify the main title. The names of the authors should appear on the title-page, and their names, degrees, affiliations and full addresses at the end of the paper.
- b. A summary should be given at the beginning of the article. It should be brief and factual and not normally more than 150 words.
- c. References should be listed alphabetically at the end of the paper, the titles of journals being given in full. Authors should follow Journal style for the reference list and study the examples given below. Titles of books and journals are printed in italic and should therefore be underlined on the typescript. Reference lists not in Journal style will be returned to the author for correction.

Authors should check that the text references and the reference list are in complete agreement as regards dates and spelling of names. The text reference should be in the form '(Smith, 1971)' or 'Smith (1971) showed that . . . '

- DURKHEIM, E. (1897) Le Suicide. Paris. Translated (1952) as Suicide: A Study in Sociology, by J. A. Spaulding & C. Simpson. London: Routledge & Kegan Paul
- KENDELL, R. E. (1974) The stability of psychiatric diagnoses. British Journal of Psychiatry, 124, 352-358.
- RUTTER, M., TIZARD, J. & WHITMORE, K. (1970) Education, Health and Behaviour. London: Longman.
- SCOTT, P. D. (1974) Definition, classification, prognosis and treatment. In Pathology and Treatment of Sexual Deviation (ed. I. Rosen) Oxford: Oxford University Press.

'Personal Communications' need written authorisation.

- d. Symbols and abbreviations Follow Units, Symbols and Abbreviations: A Guide for Biological and Medical Editors and Authors (3rd ed. 1977), £2.00, available from the Publications Office of the Royal Society of Medicine. Terms or abbreviations which might not be understood by the average reader should be explained at first occurrence.
- e. Tables and Figures Each table should be on a separate sheet, with an adequate heading; table and heading should be self-explanatory without reference to the text. The desired position of the table relative to the text should be indicated in the left margin.

Figures should be individual glossy photographs, or other camera-ready prints, not photocopies, clearly numbered and captioned below. Avoid cluttering figures with explanatory text which is better incorporated succinctly in the caption. A figure intended to occupy a single column should be drawn (or photographed) 80–110 mm wide to allow for a 2/3 reduction; a figure requiring the whole width of the page should be 180–210 mm wide. Lettering (film-set or stencil) should be 12pt sans (initial capital for the first word only) to give 8pt on the printed page. Labels on graphs should read parallel to the axes. Units must be clearly indicated and should be in brackets (note—'litre' should be spelled out in full unless modified to ml, dl, etc.).

- f. Photographs Prints must be taken directly from the original b/w negative (not, for example, from a colour slide or a printed page) and should be glossy and sharply focussed. Labels, arrows, etc. should be shown on a duplicate print or overlay. Do not write anything on photographic prints, and on not use staples or paper-clips on them. These procedures apart, all the comments on figures and tables apply equally to photographs.
- 8. **Proofs** A proof will be sent to the senior author of an article. Reprints, which are prepared at the same time as the *Journal*, should be ordered when the proof is returned to the Editor.
- 9. Letters to the Editor Letters should not exceed two double-spaced typed pages. They will be edited for clarity and conformity with *Journal* style and may be shortened. There should be no more than five references; tables and figures cannot be used.

## THE BRITISH JOURNAL OF PSYCHIATRY

DECEMBER 1986 Published monthly Volume 149

Founded in 1853 as the Asylum Journal and known as the Journal of Mental Science from 1855 to 1963.

**EDITOR** 

Hugh Freeman

**ASSOCIATE EDITORS** 

Martin Roth
Sidney Crown
Alan Kerr

Kenneth Rawnsley
Andrew C. Smith
Philip Snaith

#### **ASSISTANT EDITORS**

Sidney Bloch Margaret Little William Spry
Gaius Davies Michael Reveley Chris Thompson
Ian Falloon Henry Rollin Peter Tyrer
Julian Leff Greg Wilkinson

EDITORIAL MANAGEMENT SCIENTIFIC EDITOR
Jacqueline Yates David Jago

ASSISTANT ASSISTANT FOR THE BULLETIN

Susan Marshall Elaine Millen

Correspondence, manuscripts, books for review, for both the *Journal* and the *Bulletin* should be addressed to the Editor, 17 Belgrave Square, London SW1X 8PG (Tel 01-235 8857). See inside front cover for further instructions.

Advertising enquiries, correspondence and copy should be addressed to Mr. Peter T. Mell, Advertisement Manager, PTM Professional Publications Ltd, 282 High Street, Sutton, Surrey SM1 1PQ (Tel 01-642 0162 PBX).

Subscriptions for non-members of the College are payable to British Journal of Psychiatry Subscription Department, The Royal Society of Medicine, 1 Wimpole Street, London W1M 8AE. Queries about missing or faulty copies should be addressed within six months to the printers, Henry Ling Ltd, The Dorset Press, 23 High East Street, Dorchester, Dorset DT1 1HD.

Annual subscription rates 1986 (12 issues post free) United Kingdom: Institutions £80.00; Individuals £65.00 United States: Institutions \$230.00; Individuals \$190.00 Elsewhere: Institutions £110.00; Individuals £90.00 Single copies of the Journal, £7.00, \$14.00 (post free)

**US Mailing Agents:** Expediters of the Printed Word Ltd, 527 Madison Avenue, Suite 1217, New York, NY 10022. 2nd Class postage paid at New York City, NY (USPS No. 536–870).

**Back issues** published before 1986 may be purchased from William Dawson & Sons Ltd, Cannon House, Folkestone, Kent, England (Tel. 0303 57421).

Printed by Henry Ling Ltd, The Dorset Press, 23 High East Street, Dorchester, Dorset DT1 1HD (Tel 0305 65066).

© 1986 THE ROYAL COLLEGE OF PSYCHIATRISTS



#### UNIVERSITY OF SASKATCHEWAN

## REHABILITATION PSYCHIATRIST

#### REQUIRED

A Psychiatrist with a sub-specialty interest in Rehabilitation Psychiatry is required in the Department of Psychiatry, University of Saskatchewan, Saskatchewan, Saskatchewan. This position will be a full-time appointment in the Department. ment of Psychiatry at an appropriate rank and with benefits commensurate with the position. This incumbent will practise in the 534 bed University Hospital which has a 44 bed psychiatric inpatient unit, an active 25 placement day programme, and a twelve-member community nurse complement. The successful candidate will be responsible for the development of clinical, educational and research programmes in Rehabilitation Psychiatry for the Department.

Clinical involvement will include a major focus on the treatment and rehabilitation of individuals with long-standing or recurrent psychiatric disorders with significant disabilities.

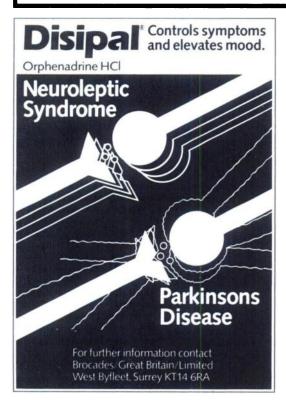
Administrative aspects will include the directorship of a Rehabilitation Psychiatry Division in the Department and the maintenance and development of new community programmes, with particular emphasis on day programmes, community nurse management and vocational rehabilitation.

The educational responsibilities will be to undergraduate medical, post-graduate, family medicine and psychiatric trainees, in particular to the field of Psychiatric Rehabilitation.

There will be opportunities and encouragement of scholarly and research ventures. Presently, there are well established collaborative research programmes in Neuroscience, Pharmacology, Pharmacy and Epidemiology within the University, externally with the Research Division, Saskatchewan Health, and the Rehabilitation Division of the Department of Psychiatry, U.C.L.A.

In accordance with the Canadian Immigration requirements, priority will be given to Canadian citizens and permanent residents of Canada. Salary range will be commensurate with qualifications and experience.

Please address enquiries to:
D. L. Keegan, M.D. F.R.C.P.(C), Professor and Head, Department of Psychiatry, University of Saskatchewan, SASKATOON, Saskatchewan S7N 0X0. (306) 966–8253



#### **UNIVERSITY OF LONDON Institute of Psychiatry**

#### TRAINING COURSE IN **COGNITIVE BEHAVIOURAL THERAPY**

There will be a training course in Cognitive Behavioural Therapy at the Institute of Psychiatry between February and July 1987. The course starts with a two-day workshop on 20 February and 21 February, and thereafter every Friday morning between 9.30 am and 12.30 pm, until 23 July.

Students will be expected to treat patients under supervision, and will attend a series of academic seminars. Psychiatrists and post-qualification psychologists are likely to be particularly interested, though applicants from other professional disciplines will be considered. Numbers will be limited.

For further details apply to the Registry, Institute of Psychiatry, De Crespigny Park, Denmark Hill, London SE5 8AF.

## Caring for the patient with special needs.

LANGTON **HOUSE** 

Adolescent and Young People's Unit

A community that offers assessment and treatment programmes for behaviourally disturbed adolescents and young people. Special emphasis is placed on education and rehabilitation likely to be of benefit to residents when they return to their own community.

Durnford Drove, Langton Matravers, Swanage, Dorset, BH19 3AG. Tel: Swanage (0929) 426124

GRAFTON **MANOR** 

A centre that provides intensive rehabilitation programmes for the head injured, including those with behavioural difficulties that may have compromised rehabilitation in less specialised units.

Grafton Regis, Towcester, Northampton, NN12 7SS. Tel: Milton Keynes (0908) 543131/2/3

#### KNEESWORTH **HOUSE**

Psychiatric Hospital

This new unit specialises in the assessment, treatment and rehabilitation of patients who, by virtue of their behavioural difficulties have been difficult to place elsewhere.

Bassingbourn-cum-Kneesworth, Royston, Hertfordshire, SG8 5JP. Tel: Royston (0763) 42911



Psychiatric Management Services Limited, 4 Cornwall Terrac Regents Park, London, NW1 4QP. Telephone: 01-486 1266

#### SHELTERED HOMES IN SPAIN

Advertiser with 20 years property experience in Costa Blanca seeks aid to build and service homes-medical care for elderly and ex patriates.

Requirement = money and expertise.

Reward = income and property ownership. A bank guarantees investment, minimum 20K.

EEC rules and conditions apply.

LVMSA Apartado Correos 2193 Alicante-2 Spain.

Tel 0103465263529 Telex 66611.



#### THE INDUCTION OF HYPNOSIS

by W.E. Edmonston Jr, Colgate University

The only practical guide and history of hypnosis induction methods. Very comprehensive, it includes verbatim accounts of techniques ranging from the ancient Hindu to the modern.

Series: Wiley Series on Personality Processes.

0471 831123

448pp

April'86

£40.35

#### **DIVIDED CONSCIOUSNESS:** Multiple Controls in Human Thought and Action (Expanded Edition)

by E.R. Hilgard, Stanford University

The book re-examines dissociation according to a new interpretation that recognizes historical roots without requiring commitment to the classical theory.

Series: Wiley Series in Behaviour

0471 80572 6

332pp

£18.50

#### THE FATHER'S ROLE: Applied Perspectives

by M.E. Lamb, University of Utah, Salt Lake City

Provides comprehensive and practical summaries of the literature on fatherhood, applying it to both clinical practice and policy situations.

Series: Wiley Series on Personality Processes.

0471 82046 6

478pp

June'86

June'86

#### CHILD HEALTH BEHAVIOR: A Behavioral Pediatrics Perspective

edited by N.A. Krasnegor, J.D. Arasteh, and M.F. Cataldo

Examines the current knowledge, clinical methods, research and emerging trends in children's health behavior.

Series: Wiley Series on Health Psychology/Behavioral Medicine

0471822612

666pp

May'86

£45.65

These books are available through good bookshops or, in case of difficulty, direct from Wiley. If ordering direct please make cheques payable to JOHN WILEY & SONS LTD. You may also telephone your credit card order dial 100 (UK only) and ask for FREEFONE 3477



# PROVINCE OF BRITISH COLUMBIA, CANADA MINISTRY OF HEALTH

## **PSYCHIATRISTS**

Mental Health Services in British Columbia has recently announced the amalgamation of their primary in-patient psychiatric hospitals (Riverview and Valleyview). This new hospital is organized into adult and geriatric divisions and invites qualified applicants (FRCPC or MRC Psych) to direct a broad range of multi-disciplinary programs, including assessment, acute care, continuing treatments and community preparation for a total patient population of approximately 1200. Research and educational programs have been developed as an integral part of the activities of each division.

Both salaried and contract appointments are available with potential earnings up to \$90,000 Cdn. per annum. Facilities are located twenty minutes east of Vancouver.

Reply with a curriculum vitae to Dr. J. E. Runions, Clinical Director, Riverview Hospital, 500 Lougheed Highway, Port Coquitlam, B.C. Canada V3C 4JC immediately.

## UNIVERSITY OF LONDON INSTITUTE OF PSYCHIATRY

# DIPLOMA IN ADDICTION BEHAVIOUR AN INTERNATIONAL TEACHING COURSE

The Institute of Psychiatry offers a full-time one year course leading to a Diploma in Addiction Behaviour starting October 1987.

1987.

The Course has a strong international and multidisciplinary focus. It covers alcohol and drug problems and offers clinical and community placements. It integrates teaching on basic sciences, clinical aspects, design and running of treatment services, prevention and development of national policy. Though primarily intended for medical staff, other professions with clinical experience will be considered. Clinical teaching takes place at the Bethlem Royal and Maudsley Hospitals, Charter Clinics and St George's Hospital's Department of Addiction Behaviour.

ment of Addiction Behaviour.
Course Director: Professor Griffith Edwards.
Seminar leaders include: Dr Virginia Berridge, Dr J. Cutting,
Professor G. Edwards, Dr H. Ghodse, Dr Ilana Glass, Mr A.
Glanz, Mr M. Grant, Dr R. Hartnoll, Professor M. Lader,
Professor J. Littleton, Dr R. Murray, Ms Edna Oppenheimer,
Dr J. Orford, Professor D. Robinson, Dr M. Russell, Dr I.
Stolerman, Dr T. Stockwell, Dr J. Strang.

Application forms and further information about the Course including fees are available from the Course Organiser: Dr Illana Glass, Addiction Research Unit, Institute of Psychiatry, 101 Denmark Hill, London SE5 8AF.

# NOTICE TO ADVERTISERS

Applications for advertisement space in

The British Journal of Psychiatry should be made to:

# PTM PROFESSIONAL PUBLICATIONS LIMITED

282 High Street, Sutton, Surrey SM1 1PQ

Telephone: 01-642 0162

# QUEENSLAND PUBLIC SERVICE DEPARTMENT OF HEALTH

### MEDICAL SUPERINTENDENT BAILLIE HENDERSON HOSPITAL TOOWOOMBA—QUEENSLAND AUSTRALIA

(Reference No. 1389V86)

A Medical Superintendent is required for the Baillie Henderson Psychiatric Hospital, Toowoomba, Queensland. This hospital has 470 beds and in addition provides Community based and outreach psychiatric services for Toowoomba and South West Queensland. The service also provides professional support for a 25 bed inpatient unit at the Toowoomba General Hospital and its outpatient and consultation-liaison services. Psychogeriatric and general psychiatric day hospitals are centrally located in the city.

The role of the Medical Superintendent covers administrative, clinical and teaching responsibilities. The hospital is an accredited training centre for the Royal Australian and New Zealand College of Psychiatrists, and has an active training programme.

The psychiatric hospital itself caters for a limited number of acute inpatient admissions, medium to long term rehabilitation of psychiatric patients including those with alcohol related problems and psychogeriatric patients, as well as a unit for the young brain damaged persons with behaviour problems. A Unit for intellectually handicapped persons is also sited on the hospital campus.

Toowoomba is a very attractive city with a population of 74,500, within two (2) hours driving time of Brisbane. It is renowned for its civic pride, schools, restaurants, and the annual Carnival of Flowers. It is the gateway to the rich farming area of the Darling Downs.

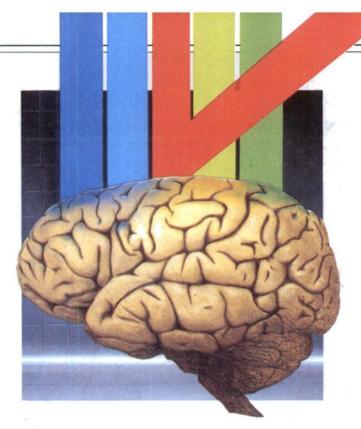
Classification is I-27 under the Public Service Award and salary at present is \$59,984 per annum. Usual Queensland Public Service conditions apply (e.g. compulsory superannuation, 5 weeks annual leave etc). A hospital residence together with milk, vegetables, fuel and light is available free of charge.

Financial assistance towards removal expenses may be provided to appointees from other States or overseas. Applicants must be registered or eligible for registration as a medical practitioner in the State of Queensland and must hold appropriate postgraduate qualifications in psychiatry. Administrative experience would be an advantage.

Further particulars may be obtained from Dr. P. J. Tucker, Assistant Director-General (Mental Health Services) and Director of Psychiatric Services, State Health Building, Brisbane on (07) 227-7537.

Applications should be made containing full particulars of name, address, telephone number, date of birth, marital status, qualifications, experience and present employment and furnishing copies of testimonials and the names of two referees.

Envelopes should be marked 'CONFIDENTIAL' and be forwarded to: Advertised Vacancy Officer, Department of Health, 14th Floor, State Health Building, 147–163 Charlotte Street, BRISBANE. Q. 4000. Closing Date: 5.00 pm Monday 22 December 1986.



# The alternative to tardive dyskinesia?

Effective first line therapy with no reports of tardive dyskinesia when used alone.

Dolmatil is as effective as chlorpromazine, trifluoperazine<sup>2</sup> and haloperidol, but when used alone, in the absence of previous treatment with conventional neuroleptics, it has not been associated with tardive dyskinesia.<sup>4</sup>







Prescribing information Dolmatil Tablets: Plain white round tablets with a transverse breaking line on one side and the mark D200 on the other. Each tablet contains 200mg sulpiride. Indications: Acute and chronic schizophrenia. Dosage: A starting dose of 400mg to 800mg daily, given as one or two tablets twice daily imorning and early evening) is recommended. Predominantly positive symptoms: Starting dose of at least 400mg twice daily increasing in necessary up to 1200mg twice daily Predominantly negative symptoms: Starting dose of 400mg twice daily the same dose ranges may be required in the elderly, but should be reduced if there is evidence of renal impairment. Clinical experience in children under 14 years of age is insufficient to permit specific recommendations. Contraindications: Phaeochromocytoma. Warnings: Extrapyramidal reactions principally akathisia have been reported in a small number of cases. If warranted, reduction in dosage or anti-Parkinsonian medication may be necessary After over a decade of widespread use in many countries, tardive dyskinesia has occurred rarely insomnia has been reported. Increased motor agitation has been reported at high dosage in a small number of patients in aggressive, agitated or excited phases of the disease process. Dolmatil may aggravate symptoms. Care should be exercised where hypomania is present. Galactorrhoea, amenorrhoea and gynaecomastia may occur in association with hyperprolactinaemia. Precautions: Epiliepsy - anti-convulsant therapy should be continued unchanged impaired renal function, as sulprinde is eliminated via the kindney Pregnancy - the general principle of avoiding drug treatment during pregnancy, particularly during the first sixteen weeks, should be followed. Product Licence Number: Pl. 5299/0006 Legal category: POM Basic NHS cost: 63p per day at dose of 600mg daily. Name and address of Distributor: E. R. Squibb & Sons Ltd. Squibb House, 141-149 Staines Road, Hounslow. Middlesex TW3-31A. \*Trade Marks of E. R. Squibb & Sons Ltd. Ostributor: DOLMA

## THE BRITISH JOURNAL OF PSYCHIATRY

December 1986	Volume	149
Annotation Adolf Meyer: Some Recollections and Impressions; J. Wortis		677
Review Article Subcortical Dementia: Neuropsychology, Neuropsychiatry, and Patho Cummings	ophysiology; J. L.	682
Papers CAMDEX: A Standardised Instrument for the Diagnosis of Menta Elderly with Special Reference to the Early Detection of Dementia; M. C. Q. Mountjoy, F. A. Huppert, H. Hendrie, S. Verma and R. Go	1. Roth, E. Tym,	698
Assessing and Treating Attention Deficit Disorder in Adolescer Application of a Single-Case Research Design; S. P. Kutcher	nts: The Clinical	710
Computed Tomographic Density Numbers: A Comparative Study of P Dementia and Normal Elderly Controls; J. Colgan, M. Naguib and		716
Cognitive Functioning in Parkinson's Disease: In Relation to Prevalend Psychiatric Diagnosis; J. R. Oyebode, W. A. Barker, G. Blessed P. G. Britton		720
Interactions between Procyclidine and Neuroleptic Drugs: Some Pharmacological and Clinical Aspects; J. S. Bamrah, V. Kumar, J. Krska and S. D. Soni		726
The Epidemiology of Deliberate Self-harm: The Ibadan Experience A. O. Williams, J. U. Ohaeri and B. A. Ikuesan	; A. O. Odejide,	734
Comparison of the Nutritional State of New and Long-term Patients in Unit; A. Greer, D. H. McBride and A. Shenkin	a Psychogeriatric	738
A Survey of Practising Psychiatrists' Views on Treatment of the Dearmstrong and G. Andrews	epressions; M. S.	742
The Effects of Weight Change on the Dexamethasone Suppression and Anorexic Patients; I. Schweitzer, K. P. Maguire, J. W. G. T. L. C. Harrison and B. M. Davies		751
Physical Illness: A Risk Factor in Anorexia Nervosa; G. C. Patto E. Johnson-Sabine	n, K. Wood and	756
Conduct Disorder and Hyperactivity I: Separation of Hyperactivity Conduct in British Child Psychiatric Patients; E. Taylor, R. Schachal M. Wieselberg		760
Conduct Disorder and Hyperactivity II: A Cluster Analytic Approach to of a Behavioural Syndrome; E. Taylor, B. Everitt, G. Thorley, R. Schand M. Wieselberg		768
Brief Reports Severe Self-Mutilation Among Kenyan Psychotics; E. A. P. Muluka a	nd M. Dhadphale	778
Anorexia Nervosa and Dysmorphobia: A Case Study; P. Sturmey		780
Organic Factors in Catatonia; J. A. Wilcox and H. A. Nasrallah		782
Suicide Among Schizophrenics: A Comparison of Attempters and Co R. E. Drake, C. Gates and P. G. Cotton	mpleted Suicides;	784
Trazodone-induced Mania; H. Y. Knobler, S. Itzchaky, D. Emanue S. Maizel	el, R. Mester and	787
A Case of Resistant Schizophrenia; J. E. Roberts, J. G. Edwar J. Crammer, J. C. Cutting, M. H. Lader and R. M. Murray	rds, S. Checkley,	789
Correspondence		794
A Hundred Years Ago; Researched by Henry Rollin		799
Book Reviews		800
American Journal of Psychiatry, Volume 143, Number 11, November 11, No	ber 1986	808
Notice to contributors, subscribers and advertisers inside fr	ont cover	