# EQUIVARIANT COMPRESSION OF CERTAIN DIRECT LIMIT GROUPS AND AMALGAMATED FREE PRODUCTS 

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(Received 19 June 2014; revised 22 June 2015; accepted 23 January 2016; first published online 10 June 2016)


#### Abstract

We give a means of estimating the equivariant compression of a group $G$ in terms of properties of open subgroups $G_{i} \subset G$ whose direct limit is $G$. Quantifying a result by Gal, we also study the behaviour of the equivariant compression under amalgamated free products $G_{1} *_{H} G_{2}$ where $H$ is of finite index in both $G_{1}$ and $G_{2}$.


2010 Mathematics Subject Classification. 20F65, 22D10.

1. Introduction. The Haagerup property, which is a strong converse of Kazhdan's property ( T ), has translations and applications in various fields of mathematics such as representation theory, harmonic analysis, operator K-theory and so on. It implies the Baum-Connes conjecture and related Novikov conjecture [7]. We use the following definition of the Haagerup property.

Definition 1.1. A locally compact second countable group $G$ is said to satisfy the Haagerup property if it admits a continuous proper affine isometric action $\alpha$ on some Hilbert space $\mathcal{H}$. Here, proper means that for every $M>0$, there exists a compact set $K \subset G$ such that $\|\alpha(g)(0)\| \geq M$ whenever $g \in G \backslash K$. We say that the action is continuous if the associated map $G \times \mathcal{H} \rightarrow \mathcal{H},(g, v) \mapsto \alpha(g)(v)$ is jointly continuous.

Convention 1.2. Throughout this paper, all actions are assumed continuous and all groups will be second countable and locally compact.

Recall that any affine isometric action $\alpha$ can be written as $\pi+b$ where $\pi$ is a unitary representation of $G$ and where $b: G \rightarrow \mathcal{H}, g \mapsto \alpha(g)(0)$ satisfies

$$
\begin{equation*}
\forall g, h \in G: b(g h)=\pi(g) b(h)+b(g) . \tag{1}
\end{equation*}
$$

In other words, $b$ is a 1-cocycle associated to $\pi$.
In [13], the authors define compression as a means to quantify how strongly a finitely generated group satisfies the Haagerup property. More generally, assume that $G$ is a compactly generated group. Denote by $S$ some compact generating subset and equip $G$ with the word length metric relative to $S$. Using the triangle inequality, one checks easily that any 1 -cocycle $b$ associated to a unitary action of $G$ on a Hilbert space is Lipschitz. On the other hand, one can look for the supremum of $r \in[0,1]$ such that there exists $C, D>0$ with

$$
\forall g \in G: \frac{1}{C}|g|^{r}-D \leq\|b(g)\| \leq C|g|+D
$$

Definition 1.3. The above supremum, denoted $R(b)$, is called the compression of $b$ and taking the supremum over all proper affine isometric actions of $G$ on all Hilbert spaces leads to the equivariant Hilbert space compression of $G$, denoted $\alpha_{2}^{\#}(G)$. Suppose now that $G$ is no longer compactly generated but still has a proper length function. Then, define $\alpha_{2}^{\#}(G)$ to be the supremum of $R(b)$ but over all large-scale Lipschitz 1-cocycles.

The equivariant Hilbert space compression contains information on the group. First of all, if $\alpha_{2}^{\#}(G)>0$, then $G$ is Haagerup. The converse was disproved by T. Austin in [4], where the author proves the existence of finitely generated amenable groups with equivariant compression 0 . Further, it was shown in [13] that if for a finitely generated group $\alpha_{2}^{\#}(G)>1 / 2$, then $G$ is amenable. This result was generalized to compactly generated groups in [9] and it provides some sort of converse for the well-known fact that amenability implies the Haagerup property. Much effort has been done to calculate the explicit equivariant compression value of several groups and classes of groups, see e.g. $[\mathbf{2}, \mathbf{5}, \mathbf{1 2}, \mathbf{1 9}, 20]$.

Given two finitely generated group $G$ and $H$ the group $\bigoplus_{H} G$ is no longer finitely generated. However, we can view $\bigoplus_{H} G$ as a subspace of $G \imath H$ and so equip $\bigoplus_{H} G$ with a natural proper metric. In this article, we are motivated by comparing the compression of $\bigoplus_{H} G$ with $G \imath H$. We assume that a given group $G$, equipped with a proper length function $l$, can be viewed as a direct limit of open (hence closed) subgroups $G_{1} \subset G_{2} \subset G_{3} \subset \ldots \subset G$. We equip each $G_{i}$ with the subspace metric from $G$. Our main objective will be to find bounds on $\alpha_{2}^{\#}(G)$ in terms of properties of the $G_{i}$. Note that, as each $G_{i}$ is a metric subspace of $G$, we have $\alpha_{2}^{\#}(G) \leq \inf _{i \in \mathbb{N}} \alpha_{2}^{\#}\left(G_{i}\right)$. The main challenge is to find a sensible lower bound on $\alpha_{2}^{\#}(G)$. The key property that we introduce is the ( $\alpha, l, q$ ) polynomial property, which we shorten to $(\alpha, l, q)$-PP (see Definition 2.5 below). Precisely, we obtain the following result.

THEOREM 1.4. Let $G$ be a locally compact, second countable group equipped with a proper length function $l$. Suppose there exists a sequence of open subgroups $\left(G_{i}\right)_{i \in \mathbb{N}}$, each equipped with the restriction of $l$ to $G_{i}$, such that $\lim G_{i}=G$ and $\alpha=\inf \left\{\alpha_{2}^{\#}\left(G_{i}\right)\right\}>0$. If $\left(G_{i}\right)_{i \in \mathbb{N}}$ has $(\alpha, l, q)-P P$, then there are the following two cases:

$$
l \geq q \Rightarrow \alpha_{2}^{\#}(G) \geq \frac{\alpha}{2 l+1}
$$

or,

$$
l \leq q \Rightarrow \alpha_{2}^{\#}(G) \geq \frac{\alpha}{l+q+1}
$$

We use this result to obtain a lower bound of the compression of the following examples. Let $F:[0,1] \times \mathbb{R} \geq 0 \rightarrow \mathbb{R}$ be the function

$$
F(\alpha, d)= \begin{cases}d(2 \alpha-1) & \text { if } 2 \alpha \geq 1 \\ 0 & \text { otherwise }\end{cases}
$$

Theorem 1.5. Let $G$ and $H$ be finitely generated groups where $H$ has polynomial growth of degree $d \geq 1$. Then,

$$
\alpha_{2}^{\#}\left(\bigoplus_{H} G\right) \geq \frac{\alpha_{2}^{\#}(G)}{1+F\left(\alpha_{2}^{\#}(G), d\right)+2 \alpha_{2}^{\#}(G)(1+d)},
$$

where $\bigoplus_{H} G$ is equipped with the subspace metric from $G \imath H$.
Our result also allows to consider spaces $\bigoplus_{H} G_{h}$ where $G_{h}$ actually depends on the parameter $h \in H$. For example, we take a collection of finite groups $F_{i}$ with $F_{0}=\{0\}$ and look at $G=\bigoplus_{i \in \mathbb{N}} F_{i}$. This is the first available lower bound for the equivariant compression of groups of this type.

Theorem 1.6. Let $\left\{F_{i}\right\}_{i \in \mathbb{N}}$ be a collection of finite groups. Equip $G=\bigoplus_{i \in \mathbb{N}} F_{i}$ with the length function $l(g)=\min \left\{n \in \mathbb{N}: g \in \oplus_{i=0}^{n} F_{i}\right\}$. Then, $\alpha_{2}^{\#}(G, l)>1 / 3$.

We give a proof of Theorem 1.4 in Section 2.2 and apply to these concrete examples in Section 2.3. Note that our result can also be viewed as a study of the behaviour of equivariant compression under direct limits. The behaviour of the Haagerup property and the equivariant compression under group constructions has been studied extensively (see e.g. [11, 18], Chapter 6 of $[\mathbf{1 , 7 , 8} \mathbf{8}$ ).

In Section 3, we quantify part of [12] to study the behaviour of the equivariant compression under certain amalgamated free products $G_{1} *_{H} G_{2}$ where $H$ is of finite index in both $G_{1}$ and $G_{2}$. Suppose $H$ is a closed finite index subgroup inside groups compactly generated groups $G_{1}$ and $G_{2}$ and there exists proper affine isometric actions $\beta_{i}: G_{i} \rightarrow \operatorname{Aff}\left(V_{i}\right)$ on Hilbert spaces $V_{i}$. In [12], the author shows that if there exists a non-trivial closed subspace $W \subset V_{1} \cap V_{2}$ that is fixed by the restricted actions $\left.\beta_{i}\right|_{H}$ then the product $G_{1} *_{H} G_{2}$ also admits a proper affine isometric action on a Hilbert space. We quantify this result.

THEOREM 1.7. With the above assumptions $\alpha_{2}^{\#}\left(G_{1} *_{H} G_{2}\right) \geq \frac{\alpha_{2}^{\#}(H)}{2}$

## 2. The equivariant compression of direct limits of groups

2.1. Preliminaries and formulation of the main result. Suppose $G$ is a locally compact second countable group equipped with a proper length function $l$, i.e. closed $l$-balls are compact. Assume that there exists a sequence of open subgroups $G_{i} \subset G$ such that $\underset{\longrightarrow}{\lim } G_{i}=G$, i.e. $G$ is the direct limit of the $G_{i}$. We equip each $G_{i}$ with the restriction of $l$ to $G_{i}$. It will be our goal to find bounds on $\alpha_{2}^{\#}(G)$ in terms of the $\alpha_{2}^{\#}\left(G_{i}\right)$. Clearly, as the $G_{i}$ are subgroups then an upper bound of the equivariant compression is the infimum of the equivariant compressions of the $G_{i}$. The challenge is to find a sensible lower bound. The next example will show that it is not enough to only consider the $\alpha_{2}^{\#}\left(G_{i}\right)$.

Example 2.1. Consider the wreath product $\mathbb{Z} \imath \mathbb{Z}$ equipped with the standard word metric relative to $\left\{\left(\delta_{1}, 0\right),(0,1)\right\}$, where $\delta_{1}$ is the characteristic function of $\{0\}$. Let $\mathbb{Z}^{(\mathbb{Z})}=\{f: \mathbb{Z} \rightarrow \mathbb{Z}: f$ is has finite support $\}$ be equipped with the subspace metric from $\mathbb{Z} \imath \mathbb{Z}$. Consider the direct limit of groups

$$
\mathbb{Z} \hookrightarrow \mathbb{Z}^{3} \hookrightarrow \mathbb{Z}^{5} \cdots \hookrightarrow \mathbb{Z}^{(\mathbb{Z})}
$$

where $\mathbb{Z}^{2 n+1}$ has the subspace metric from $\mathbb{Z}^{(\mathbb{Z})}$. This metric is quasi-isometric to the standard word metric on $\mathbb{Z}^{2 n+1}$ and so each term has equivariant compression 1. So $\mathbb{Z}^{(\mathbb{Z})}$ is a direct limit of groups with equivariant compression 1 but by [2] has equivariant compression less than $3 / 4$. On the other hand the sequence

$$
\mathbb{Z} \rightarrow \mathbb{Z} \rightarrow \cdots \rightarrow \mathbb{Z}
$$

is a sequence of groups with equivariant compression 1 and the equivariant compression of the direct limit is 1 .

Given a sequence of 1-cocycles $b_{i}$ of $G_{i}$, then in order to predict the equivariant compression of the direct limit, it will be necessary to incorporate more information on the growth behaviour of the $b_{i}$ than merely the compression exponent $R\left(b_{i}\right)$. The growth behaviour of 1-cocycles can be completely caught by so called conditionally negative definite functions on the group (See Proposition 2.3 and Theorem 2.4 below).

Definition 2.2. A continuous map $\psi: G \rightarrow \mathbb{R}^{+}$is called conditionally negative definite if $\psi(g)=\psi\left(g^{-1}\right)$ for every $g \in G$ and if for all $n \in \mathbb{N}, \forall g_{1}, g_{2}, \ldots, g_{n} \in G$ and all $a_{1}, a_{2}, \ldots, a_{n} \in \mathbb{R}$ with $\sum_{i=1}^{n} a_{i}=0$, we have

$$
\sum_{i, j} a_{i} a_{j} \psi\left(g_{i}^{-1} g_{j}\right) \leq 0
$$

Proposition 2.3 (Example 13, page 62 of [10]). Let $\mathcal{H}$ be a Hilbert space and $b: G \rightarrow \mathcal{H}$ a 1-cocycle associated to a unitary representation. Then, the map $\psi: G \rightarrow \mathbb{R}$, $g \mapsto\|b(g)\|^{2}$ is a conditionally negative definite function on $G$.

Theorem 2.4 (Proposition 14, page 63 of [10]). Let $\psi: G \rightarrow \mathbb{R}$ be a conditionally negative definite function on a group $G$. Then, there exists an affine isometric action $\alpha$ on a Hilbert space $\mathcal{H}$ such that the associated 1-cocycle satisfies $\psi(g)=\|b(g)\|^{2}$.

These two results imply that we can pass between conditionally negative definite functions and 1-cocycles associated to unitary actions.

Definition 2.5. Let $G$ be a group equipped with a proper length function $l$ and suppose that $\left(G_{i}\right)_{i \in \mathbb{N}}$ is a normalized nested sequence of open subgroups such that $\xrightarrow{\lim } G_{i}=G$. Assume that $\alpha:=\inf _{i \in \mathbb{N}} \alpha_{2}^{\#}\left(G_{i}\right) \in(0,1]$ and $l, q \geq 0$. The sequence $\left(G_{i}\right)_{i}$ $\overrightarrow{\text { has }}$ the $(\alpha, l, q)$-polynomial property $((\alpha, l, q)-\mathrm{PP})$ if there exists:
(1) a sequence $\left(\eta_{i}\right)_{i} \subset \mathbb{R}^{+}$converging to 0 such that $\eta_{i}<\alpha$ for each $i \in \mathbb{N}$,
(2) $\left(A_{i}, B_{i}\right)_{i \in \mathbb{N}} \subset \mathbb{R}^{>0} \times \mathbb{R}^{\geq 0}$,
(3) a sequence of 1-cocycles $\left(b_{i}: G_{i} \rightarrow \mathcal{H}_{i}\right)_{i \in \mathbb{N}}$, where each $b_{i}$ is associated to a unitary action $\pi_{i}$ of $G_{i}$ on a Hilbert space $\mathcal{H}_{i}$
such that

$$
\frac{1}{A_{i}}|g|^{2 \alpha-\eta_{i}}-B_{i} \leq\left\|b_{i}(g)\right\|^{2} \leq A_{i}|g|^{2}+B_{i} \quad \forall g \in G_{i}, \forall i \in \mathbb{N}
$$

and there is $C, D>0$ such that $A_{i} \leq C i^{l}, B_{i} \leq D i^{q}$ for all $i \in \mathbb{N}$.
Note that the only real restrictions are the inequalities $A_{i} \leq C i^{l}, B_{i} \leq D i^{q}$ : we exclude sequences $A_{i}, B_{i}$ that grow faster than any polynomial. The intuition is that equivariant compression is a polynomial property (this follows immediately from its
definition), so that sequences $A_{i}, B_{i}$ growing faster than any polynomial would be too dominant and one would lose all hope of obtaining a lower bound on $\alpha_{2}^{\#}(G)$. On the other hand, if the $A_{i}$ and $B_{i}$ grow polynomially, then one can use compression to somehow compensate for this growth. One then obtains a strictly positive lower bound on $\alpha_{2}^{\#}(G)$ which may decrease depending on how $\operatorname{big} l$ and $q$ are. We have the following useful characterisation of $(\alpha, l, q)$-polynomial property.

Lemma 2.6. Let $G$ be a locally compact second countable group and $l$ is a proper length metric. Suppose there exists a sequence of open subgroups $\left(G_{i}\right)_{i \in \mathbb{N}}$ such that $\xrightarrow{\lim } G_{i}=G$. If each $G_{i}$ are equipped with the restricted length metric from $G$ then $\left(G_{i}\right)_{i \in \mathbb{N}}$ $\overrightarrow{\text { has }}$ the $(\alpha, l, q)$-polynomical property if and only if there exists $C, D>0$ such that for all $\varepsilon>0$ there exists
(1) a sequence $\left(A_{i}, B_{i}\right)_{i \in \mathbb{N}} \subset \mathbb{R}^{>0} \times \mathbb{R}^{\geq 0}$ such that $A_{i} \leq C i^{l}$ and $B_{i} \leq D i^{q}$;
(2) a sequence of 1-cocycles $\left(b_{i}: G_{i} \rightarrow \mathcal{H}_{i}\right)_{i \in \mathbb{N}}$
such that

$$
\frac{1}{A_{i}}|g|^{2 \alpha-\varepsilon}-B_{i} \leq\left\|b_{i}(g)\right\|^{2} \leq A_{i}|g|^{2}+B_{i} \quad \forall g \in G_{i}, \forall i \in \mathbb{N} .
$$

Proof. The "if" direction is obvious. For the "only if" direction fix $\varepsilon>0$ and suppose $\left(G_{i}\right)_{i \in \mathbb{N}}$ has the $(\alpha, l, q)$-polynomial property with respect to sequences $\left(\eta_{i}\right)_{i \in \mathbb{N}}$ and $\left(b_{i}: G_{i} \rightarrow \mathcal{H}_{i}\right)_{i \in \mathbb{N}}$. Choose $N \in \mathbb{N}$ large enough so that $\eta_{k}<\varepsilon$ for all $k \geq N$. Thus, $b_{k}: G_{k} \rightarrow \mathcal{H}_{k}$ satisfies the above conditions for all $k \geq N$. For $k \leq N$ we take the restriction of $b_{N}$ to $G_{k}$ to obtain the sequence satisfying the above conditions for all $k \in \mathbb{N}$.

Proposition 2.7. Let $G$ be a locally compact second countable group and suppose there exists a sequence of open subgroups $\left(G_{i}\right)_{i \in \mathbb{N}}$ such that $\lim _{\longrightarrow} G_{i}=G$. If $\alpha:=\alpha_{2}^{\#}(G)>0$ then $\left(G_{i}\right)_{i \in \mathbb{N}}$ has $(\alpha, 0,0)$-polynomical property.

Proof. For all $0<\varepsilon<\alpha$ there exists a 1-cocycle $b$ such that

$$
\frac{1}{A}|g|^{\alpha-\varepsilon}-B \leq\|b(g)\| \quad \forall g \in G
$$

The restriction of $b$ to each $G_{i}$ is a 1-cocycle and gives $\left(G_{i}\right)_{i \in \mathbb{N}}$ the $(\alpha, 0,0)$-polynomial property.

Combining this with Theorem 1.4 we have the following consequence which confirms our intuition.

Corollary 2.8. Let $G$ be a locally compact second countable group with a proper length function $l$. If there exists a sequence of open subgroups $\left(G_{i}\right)_{i \in \mathbb{N}}$ such that $\underset{\longrightarrow}{\lim } G_{i}=G$ then $\left(G_{i}\right)_{i \in \mathbb{N}}$ has the $(\alpha, l, q)$-polynomial property for some $\alpha \in(0,1]$ and $l, q \geq 0$ if and only if $\alpha_{2}^{\#}(G)>0$.

### 2.2. The proof of Theorem 1.4

Proof of Theorem 1.4. First, we can assume that $l$ is uniformly discrete. That is there exists a $c>0$ such that $l(x)>c$ for all $x \in G \backslash\{e\}$. This is because given a length function $l$ one can define a new length function $l^{\prime}$ such that $l^{\prime}(x)=1$ whenever
$0<l(x) \leq 1$ and $l^{\prime}(x)=l(x)$ when $l(x) \geq 1$. Hence $l^{\prime}$ will be quasi-isometric to $l$ and so will not change the compression of $G$ or $G_{i}$.

Take sequences $\left(\psi_{i}: G_{i} \rightarrow \mathbb{R}\right)_{i \in \mathbb{N}},\left(\eta_{i}\right)_{i}$ and $(A, B)=\left(A_{i}, B_{i}\right)_{i \in \mathbb{N}} \subset \mathbb{R}^{>0} \times \mathbb{R}^{\geq 0}$ satisfying the conditions of $(\alpha, l, q)$-PP (see Definition 2.5). We assume here, without loss of generality, that the sequences $\left(A_{i}\right)_{i},\left(B_{i}\right)_{i}$ are non-decreasing.

For each $G_{i}$, define a sequence of maps $\left(\varphi_{k}^{i}: G_{i} \rightarrow \mathbb{R}\right)_{k \in \mathbb{N}}$ by

$$
\varphi_{k}^{i}(g)= \begin{cases}\exp \left(\frac{-\psi_{i}(g)}{k}\right) & \text { if } g \in G_{i} \\ 0 & \text { otherwise }\end{cases}
$$

Note that each $\varphi_{k}^{i}$ is continuous as $G_{i}$ is open and also closed, being the complement of $\cup_{g \notin G_{i}} g G_{i}$. By $(\alpha, l, q)$-PP, for all $i, k \in \mathbb{N}$, we have

$$
\begin{aligned}
& \exp \left(\frac{-A_{i}|g|^{2}-B_{i}}{k}\right) \leq \varphi_{k}^{i}(g) \quad \forall g \in G_{i}, \text { and } \\
& \varphi_{k}^{i}(g) \leq \exp \left(\frac{-|g|^{2 \alpha-\eta_{i}}+A_{i} B_{i}}{A_{i} k}\right) \quad \forall g \in G .
\end{aligned}
$$

Fix some $p>0$, set $J(i)=\left(A_{i}+B_{i}\right) i^{1+p}$ and define $\bar{\psi}: G \rightarrow \mathbb{R}$ by

$$
\bar{\psi}(g)=\sum_{i \in \mathbb{N}} 1-\Phi_{i}(g),
$$

where $\Phi_{i}(g):=\varphi_{J(i)}^{i}(g)$. To check that $\bar{\psi}$ is well defined, choose any $g \in G$ and note that for $i>|g|$, we have $g \in G_{i}$ and so $\varphi_{k}^{i}(g) \geq \exp \left(\frac{-A_{i}|g|^{2}-B_{i}}{k}\right)$. Hence

$$
\begin{aligned}
\sum_{i>|g|} 1-\Phi_{i}(g) & \leq \sum_{i>|g|} 1-\exp \left(\frac{-A_{i}|g|^{2}-B_{i}}{\left(A_{i}+B_{i}\right) i^{1+p}}\right) \\
& \leq \sum_{i>|g|} 1-\exp \left(\frac{-|g|^{2}}{i^{1+p}}\right) \\
& \leq \sum_{i>|g|} \frac{|g|^{2}}{i^{1+p}}=|g|^{2} \sum_{i>|g|} \frac{1}{i^{1+p}}
\end{aligned}
$$

As

$$
\bar{\psi}(g)=\sum_{i=1}^{|g|} 1-\Phi_{i}(g)+\sum_{i>|g|} 1-\Phi_{i}(g)
$$

we see that $\bar{\psi}$ is well defined and that it can be written as a limit of continuous functions converging uniformly over compact sets. Consequently, it is itself continuous. By Schoenberg's theorem (see [10, Theorem 5.16]), all of the maps $\varphi_{k}^{i}$ are positive definite on $G_{i}$ and hence on $G$ (see [15, Section 32.43(a)]). In other words,

$$
\forall n \in \mathbb{N}, \forall a_{1}, a_{2}, \ldots, a_{n} \in \mathbb{R}, \forall g_{1}, g_{2}, \ldots, g_{n} \in G: \sum_{i, j=1}^{n} a_{i} a_{j} \varphi_{k}^{i}\left(g_{i}^{-1} g_{j}\right) \geq 0
$$

Hence, $\bar{\psi}$ is a conditionally negative definite map. Moreover, using that $l$ is uniformly discrete, we can find a constant $E>0$ such that

$$
\begin{equation*}
\bar{\psi}(g) \leq|g|+|g|^{2} \sum_{i>|g|} \frac{1}{i^{1+p}} \leq E|g|^{2} \tag{2}
\end{equation*}
$$

so the 1-cocycle associated to $\bar{\psi}$ via Theorem 2.4 is large-scale Lipschitz.
Let us now try to find the compression of this 1-cocycle. Set $V I: \mathbb{N} \rightarrow \mathbb{R}$ to be the function

$$
V I(i)=\left(A_{i} J(i) \ln (2)+A_{i} B_{i}\right)^{\frac{1}{2 \alpha-n_{i}}}
$$

One checks easily that

$$
\begin{equation*}
|g| \geq V I(i) \Rightarrow \Phi_{i}(g)=\varphi_{J(i)}^{i}(g) \leq \frac{1}{2} \tag{3}
\end{equation*}
$$

To make the function VI more concrete, let us look at the values of $A_{i}, B_{i}$ and $J(i)$. Recall that by assumption, we have $A_{i} \leq C i^{l}, B_{i} \leq D i^{q}$. Hence for $i$ sufficiently large, we have $J(i) \leq\left(C i^{l}+D i^{q}\right) i^{1+p} \leq F i^{X}$ where $F$ is some constant and $X=$ $1+p+\max (l, q)$. We thus obtain that there is a constant $K>0$ such that for every $i$ sufficiently large (say $i>I$ for some $I \in \mathbb{N}_{0}$ ),

$$
V I(i) \leq K i^{Y /\left(2 \alpha-\eta_{i}\right)}
$$

where

$$
\begin{aligned}
Y & =\max (X+l, l+q) \\
& =\max (1+p+2 l, 1+p+l+q)
\end{aligned}
$$

As the sequence $\eta_{i}$ converges to 0 , we can choose any $\delta>0$ and take $I>0$ such that in addition $\eta_{i}<\delta$ for $i>I$. We then have for all $i>I$ that

$$
V I(i) \leq K i^{Y /(2 \alpha-\delta)}
$$

Together with equation (3), this implies that for $i>I$,

$$
\begin{equation*}
|g| \geq K i^{Y /(2 \alpha-\delta)} \Rightarrow \Phi_{i}(g)=\varphi_{J(i)}^{i}(g) \leq \frac{1}{2} \tag{4}
\end{equation*}
$$

For every $g \in G$, set

$$
c(g)_{p, \delta}=\sup \left\{i \in \mathbb{N}\left|K i^{Y /(2 \alpha-\delta)} \leq|g|\right\}\right.
$$

We then have for every $g \in G$ with $|g|$ large enough, that

$$
\begin{aligned}
\bar{\psi}(g) & \geq \sum_{i=1}^{c(g)_{p, \delta}} 1-\varphi_{J(i)}^{i}(g), \\
& \geq \sum_{i=I+1}^{c(g)_{p, \delta}} 1 / 2=\frac{c(g)_{p, \delta}-I}{2} .
\end{aligned}
$$

As $c(g)_{p, \delta} \geq\left(\frac{|g|}{K}\right)^{(2 \alpha-\delta) / Y}-1$, we conclude that $R(b) \geq \frac{2 \alpha-\delta}{2 \max (1+p+2 l, 1+p+l+q)}$. As this is true for any small $p, \delta>0$, we can take the limit for $p, \delta \rightarrow 0$ to obtain $\alpha_{2}^{\#}(G) \geq$ $\frac{\alpha}{\max (1+2 l, 1+l+q)}$. Hence, we have the following two cases:

$$
l \geq q \Rightarrow \alpha_{2}^{\#}(G) \geq \frac{\alpha}{1+2 l}
$$

or,

$$
l \leq q \Rightarrow \alpha_{2}^{\#}(G) \geq \frac{\alpha}{l+q+1}
$$

### 2.3. Examples

Let $F:[0,1] \times \mathbb{R} \geq 0 \rightarrow \mathbb{R}$ be the function

$$
F(\alpha, d)= \begin{cases}d(2 \alpha-1) & \text { if } 2 \alpha \geq 1 \\ 0 & \text { otherwise }\end{cases}
$$

Theorem 2.9. Let $G$ and $H$ be finitely generated groups where $H$ has polynomial growth of degree $d \geq 1$. Then,

$$
\alpha_{2}^{\#}\left(\bigoplus_{H} G\right) \geq \frac{\alpha_{2}^{\#}(G)}{1+F\left(\alpha_{2}^{\#}(G), d\right)+2 \alpha_{2}^{\#}(G)(1+d)},
$$

where $\bigoplus_{H}$ G is equipped with the subspace metric from $G$ < $H$.
Remark 2.10. Theorem 1.3. from [17] provides a lower bound to the compression of $G \imath H$. Under the assumptions in Theorem 2.9, Theorem 1.3. in [17] gives a lower bound $\alpha_{2}^{\#}(G \imath H) \geq \alpha_{1}^{\#}(G) / 2$. As this bound is in terms of $L^{1}$-compression, this makes comparison between the bound in Theorem 2.9 and [17, Theorem 1.3.] difficult. However, it is known that $\alpha_{2}^{\#}(G) \leq \alpha_{1}^{\#}(G) \leq 2 \alpha_{2}^{\#}(G)$ for all finitely generated groups $G$, see the proof of Theorem 1.1. and Theorem 1.3. in [17] and [18, Lemma 2.3.].

We use this to show that under some circumstances the above lower bound is larger than the bound provided in [17, Theorem 1.3.]. Suppose that $\alpha_{1}^{\#}(G) / 2<\alpha_{2}^{\#}(G)$. Then, there exists a $c>0$ such that $\frac{2 \alpha_{2}^{\#}(G)}{\alpha_{1}^{\#}(G)}>1+c$. If $\alpha_{2}^{\#}(G) \leq \min \left\{\frac{c}{2(1+d)}, 1 / 2\right\}$ then by Theorem 2.9

$$
\alpha_{2}^{\#}\left(\oplus_{H} G\right) \geq \frac{\alpha_{2}^{\#}(G)}{1+c}>\frac{\alpha_{1}^{\#}(G)}{2} .
$$

Unfortunately, the values of $\alpha_{2}^{\#}$ are not so well understood and at the time of writing the only know values for $\alpha_{2}^{\#}$ are $1,1 / 2,0$ and $\frac{1}{2-2^{1-k}}$ for $k \in \mathbb{N}[\mathbf{2}, \mathbf{4}, \mathbf{1 8}]$. In the nonequivariant case any value for compression can be achieved [3]. It is likely that there exists groups such that $\alpha_{2}^{\#}$ takes values strictly between 0 and $1 / 2$ in which case our theorem can be applied to provide larger lower bounds than $\alpha_{1}^{\#}(G) / 2$.

Proof. We consider $\bigoplus_{H} G$ to be the group of functions $\mathbf{f}: H \rightarrow G$ that have finite support. Let $\mathbf{f} \in \bigoplus_{H} G$ and let $\operatorname{Supp}(\mathbf{f})=\left\{h_{1}, \ldots, h_{n}\right\} \subset H$. Set the length of $\mathbf{f}$ as
follows

$$
\begin{aligned}
|\mathbf{f}|_{G 2 H}= & \inf _{\sigma \in S_{n}}\left(d_{H}\left(1, h_{\sigma(1)}\right)+\sum_{i=1}^{n} d_{H}\left(h_{\sigma(i)}, h_{\sigma(i+1)}\right)+d_{H}\left(h_{\sigma(n)}, 1\right)\right) \\
& +\sum_{h \in H}|\mathbf{f}(h)|_{G} .
\end{aligned}
$$

This is the induced length metric from $G \imath H$ and so this is a proper length function on $\bigoplus_{H} G$. Consider the following group

$$
G_{i}=\{\mathbf{f}: H \rightarrow G: \operatorname{Supp}(\mathbf{f}) \subset B(1, i)\}
$$

and set $n_{i}=|B(1, i)|$. Each $G_{i}$ is finitely generated and the restricted wreath metric to $G_{i}$ is proper and left invariant so the wreath metric and the word metric are quasiisometric. In particular

$$
|\mathbf{f}|_{G_{l} H}-2 i|B(1, i)| \leq \sum_{h \in B(1, i)}|\mathbf{f}(h)|_{G} \leq|\mathbf{f}|_{G_{l} H},
$$

for all $\mathbf{f} \in G_{i}$. By [14, Proposition 4.1. and Corollary 2.13.] it follows that $\alpha_{2}^{\#}\left(G_{i}\right)=$ $\alpha_{2}^{\#}(G)$ for all $i \in \mathbb{N}$. Set $0<\alpha<\alpha_{2}^{\#}(G)$ and consider a 1-cocyle $b: G \rightarrow \mathcal{H}$ such that

$$
\frac{1}{C}|g|_{G}^{2 \alpha} \leq\|b(g)\|^{2} \leq C|g|_{G}^{2}
$$

Enumerate $B(1, i)$ so that $\left\{h_{1}, \ldots, h_{n_{i}}\right\}=B(1, i)$ and define a 1-cocycle $b_{i}: G_{i} \rightarrow \mathcal{H}^{n_{i}}$, where $b_{i}(\mathbf{f})=\left(b\left(\mathbf{f}\left(h_{1}\right)\right), \ldots, b\left(\mathbf{f}\left(h_{n_{i}}\right)\right)\right)$. If $|\mathbf{f}|_{G i H}>4 i|B(1, i)|$, then

$$
\begin{aligned}
\left\|b_{i}(\mathbf{f})\right\|_{1 / \alpha}=\left(\sum_{j=1}^{i}\left\|b\left(\mathbf{f}\left(h_{n_{j}}\right)\right)\right\|^{1 / \alpha}\right)^{\alpha} & \geq \frac{1}{C^{1 / \alpha}}\left(\sum_{j=1}^{i}\left|\mathbf{f}\left(h_{n_{j}}\right)\right|_{G}\right)^{\alpha} \\
& \geq \frac{1}{C^{1 / \alpha}}\left(|\mathbf{f}|_{G ン H}-2 i|B(1, i)|\right)^{\alpha} \geq \frac{1}{2 C^{1 / \alpha}}|\mathbf{f}|_{G Z H}^{\alpha}
\end{aligned}
$$

If $2 \alpha<1$ then $\left\|b_{i}(\mathbf{f})\right\|_{2} \geq\left\|b_{i}(\mathbf{f})\right\|_{1 / \alpha}$ for all $\mathbf{f} \in G_{i}$ and so it follows that

$$
\frac{1}{4 C^{2 / \alpha}}|\mathbf{f}|_{G 2 H}^{2 \alpha}-\frac{i^{2 \alpha}}{C}|B(1, i)|^{2 \alpha} \leq\left\|b_{i}(\mathbf{f})\right\|_{2}^{2},
$$

for all $\mathbf{f} \in G_{i}$. Hence $\left(G_{i}\right)_{i \in \mathbb{N}}$ has the $(\alpha, 0,2 \alpha(1+d))$ polynomial property.

If $2 \alpha \geq 1$ then by Hölder's inequality $\left\|b_{i}(\mathbf{f})\right\|_{2} \geq n_{i}^{\frac{1-2 \alpha}{2}}\left\|b_{i}(\mathbf{f})\right\|_{1 / \alpha}$ for all $\mathbf{f} \in G_{i}$ and so it follows that

$$
\frac{1}{4 C^{2 / \alpha}|B(1, i)|^{2 \alpha-1}}|\mathbf{f}|_{G Z H}^{2 \alpha}-\frac{i^{2 \alpha}}{C}|B(1, i)|^{2 \alpha} \leq\left\|b_{i}(\mathbf{f})\right\|_{2}^{2} .
$$

for all $\mathbf{f} \in G_{i}$. Hence $\left(G_{i}\right)_{i \in \mathbb{N}}$ has the $(\alpha, d(2 \alpha-1), 2 \alpha(1+d))$ polynomial property. Thus by Theorem 1.4 and that $\alpha, d \geq 0$ it follows that

$$
\alpha_{2}^{\#}\left(\bigoplus_{H} G\right) \geq \frac{\alpha}{1+F(\alpha, d)+2 \alpha(1+d)}
$$

for all $\alpha<\alpha_{2}^{\#}(G)$ and so the statement of the theorem holds.
Theorem 2.11. Let $\left\{F_{i}\right\}_{i \in \mathbb{N}}$ be a collection of finite groups such that $F_{0}=\{1\}$. Let $G=\bigoplus_{i \in \mathbb{N}} F_{i}$ be equip with the proper length function $l(g)=\min \left\{n \in \mathbb{N}: g \in \oplus_{i=0}^{n} F_{i}\right\}$. Then $\alpha_{2}^{\#}(G) \geq 1 / 3$.

Proof. Set $G_{i}=\bigoplus_{j=0}^{i} F_{j}$ and observe that $\alpha_{2}^{\#}\left(G_{i}\right)=1$ as $G_{i}$ is finite for all $i \in \mathbb{N}$. Define $f_{i}: G_{i} \rightarrow \mathbb{R}$ to be the 0 -map. This is clearly a 1 -cocycle and satisfies

$$
\forall g \in G_{i}: l(g)^{2}-i^{2} \leq\left|f_{i}(g)\right|^{2} \leq l(g)^{2}+i^{2}
$$

Hence $\left(G_{i}\right)_{i \in \mathbb{N}}$ has the (1,0,2)-polynomial property. Thus $\alpha_{2}^{\#}(G) \geq 1 / 3$.
Example 2.12. We will use [3] to provide an example of a sequence that does not have $(\alpha, l, q)$-polynomial property for any $\alpha \in(0,1]$ and $l, q>0$. Let $\Pi_{k}, k \geq 1$ be a sequence of Lafforgue expanders that do not embed into any uniformly convex Banach space [16]. These are finite factor groups $M_{k}$ of a lattice $\Gamma$ of $\mathrm{SL}_{3}(F)$ for a local field $F$.

For every $\alpha \in[0,1]$ there exists a finitely generated group $G$ and a sequence of scaling constants $\lambda_{k}$ such that $\lambda_{k} \Pi_{k}$ has compression $\alpha$ and $G$ is quasi-isometric to $\lambda_{k} \Pi_{k}$. Furthermore, $G$ contains the free product $*_{k} M_{k}$ as a subgroup. Let $\alpha=0$ and let $G$ and the scaling constants $\lambda_{k}$ be such that $G$ has compression 0 . We can equip $*_{k} M_{k}$ with a proper left invariant metric coming from $G$. Hence we have a sequence

$$
M_{1} \hookrightarrow M_{1} * M_{2} \hookrightarrow \cdots \hookrightarrow *_{k=1}^{n} M_{k} \hookrightarrow \cdots \hookrightarrow *_{k} M_{k} .
$$

For each $n>0, *_{k=1}^{n} M_{k}$ has equivariant compression $1 / 2$ [11, Theorem 1.4.] however the limit group $*_{k} M_{k}$ contains a quasi-isometric copy of $\lambda_{k} \Pi_{k}$ and so has compression 0 . Thus, this sequence cannot have the $(\alpha, l, q)$-polynomial property for any $\alpha \in(0,1]$ and $l, q>0$.
3. The behaviour of compression under free products amalgamated over finite index subgroups. It is known that the Haagerup property is not preserved under amalgamated free products. Indeed, $\left(S L_{2}(\mathbb{Z}) \rtimes \mathbb{Z}^{2}, \mathbb{Z}^{2}\right)$ has the relative property $(T)$. So $S L_{2}(\mathbb{Z}) \rtimes \mathbb{Z}^{2}=\left(\mathbb{Z}_{6} \rtimes \mathbb{Z}^{2}\right) *_{\left(\mathbb{Z}_{2} \rtimes \mathbb{Z}^{2}\right)}\left(\mathbb{Z}_{4} \rtimes \mathbb{Z}^{2}\right)$ is not Haagerup. In [12], S.R. Gal proves the following result.

Theorem 3.1. Let $G_{1}$ and $G_{2}$ be finitely generated groups with the Haagerup property that have a common finite index subgroup $H$. For each $i=1,2$, let $\beta_{i}$ be a proper affine isometric action of $G_{i}$ on a Hilbert space $V_{i}\left(=l^{2}(\mathbb{Z})\right)$. Assume that $W<V_{1} \cap V_{2}$ is
invariant under the actions $\left(\beta_{i}\right)_{\mid H}$ and moreover that both these (restricted) actions coincide on $W$. Then, $G_{1} *_{H} G_{2}$ is Haagerup.

Under the same conditions as above, we want to give estimates on $\alpha_{2}^{\#}\left(G_{1} *_{H} G_{2}\right)$ in terms of the equivariant Hilbert space compressions of $G_{1}, G_{2}$ (see Theorem 3.3 below). Note that the following lemma shows that $\alpha_{2}^{\#}\left(G_{1}\right)=\alpha_{2}^{\#}(H)=\alpha_{2}^{\#}\left(G_{2}\right)$ when $H$ is of finite index in both $G_{1}$ and $G_{2}$. We are indebted to Alain Valette for this lemma and its proof. The notation $\alpha_{p}^{\#}$ refers to the equivariant $L_{p}$-compression for some $p \geq 1$. It is defined in exactly the same way as $\alpha_{2}^{\#}$ except that one considers affine isometric actions on $L_{p}$-spaces instead of $L_{2}$-spaces.

Lemma 3.2. Let $G$ be a compactly generated, locally compact group, and let $H$ be an open, finite-index subgroup of $G$. Then, $\alpha_{p}^{\#}(H)=\alpha_{p}^{\#}(G)$.

Proof. As $H$ is embedded $H$-equivariantly, quasi-isometrically in $G$, we have $\alpha_{p}^{\#}(H) \geq \alpha_{p}^{\#}(G)$. To prove the converse inequality, we may assume that $\alpha_{p}^{\#}(H)>0$. Let $S$ be a compact generating subset of $H$. Let $A(h) v=\pi(h) v+b(h)$ be an affine isometric action of $H$ on $L^{p}$, such that for some $\alpha<\alpha_{p}^{\#}(H)$ we have $\|b(h)\|_{p} \geq C|h|_{S}^{\alpha}$, for every $h \in H$. Now, we induce up the action $A$ from $H$ to $G$, as on p. 91 of $[6]^{1}$. The affine space of the induced action is

$$
E:=\left\{f: G \rightarrow L^{p}: f(g h)=A(h)^{-1} f(g), \forall h \in H \text { and almost every } g \in G\right\}
$$

with distance given by $\left\|f_{1}-f_{2}\right\|_{p}^{p}=\sum_{x \in G / H}\left\|f_{1}(x)-f_{2}(x)\right\|_{p}^{p}$. The induced affine isometric action $\tilde{A}$ of $G$ on $E$ is then given by $(\tilde{A}(g)) f\left(g^{\prime}\right)=f\left(g^{-1} g^{\prime}\right)$, for $f \in E$, $g, g^{\prime} \in G$.

A function $\xi_{0} \in E$ is then defined as follows. Let $s_{1}=e, s_{2}, \ldots, s_{n}$ be a set of representatives for the left cosets of $H$ in $G$. Set $\xi_{0}\left(s_{i} h\right)=b\left(h^{-1}\right)$, for $h \in H, i=1, \ldots, n$. Define the 1-cocycle $\tilde{b}$ on $G$ by $\tilde{b}(g)=\tilde{A}(g) \xi_{0}-\xi_{0}$, for $g \in G$. For an $h \in H$, we then have:

$$
\|\tilde{b}(h)\|_{p}^{p}=\sum_{i=1}^{n}\left\|\xi_{0}\left(h^{-1} s_{i}\right)-\xi_{0}\left(s_{i}\right)\right\|_{p}^{p}=\sum_{i=1}^{n}\left\|\xi_{0}\left(h^{-1} s_{i}\right)\right\|_{p}^{p} \geq\left\|\xi_{0}\left(h^{-1}\right)\right\|_{p}^{p}=\|b(h)\|_{p}^{p}
$$

Set $K=\max _{1 \leq i \leq n}\left\|\tilde{b}\left(s_{i}\right)\right\|_{p}$. Take $T=S \cup\left\{s_{1}, \ldots, s_{n}\right\}$ as a compact generating set of $G$. For $g \in G$, write $g=s_{i} h$ for $1 \leq i \leq n, h \in H$. Then,

$$
\begin{aligned}
\|\tilde{b}(g)\|_{p} & \geq\|\tilde{b}(h)\|_{p}-K \geq\|b(h)\|_{p}-K \geq C|h|_{S}^{\alpha}-K \geq C|h|_{T}^{\alpha}-K \\
& \geq C\left(|g|_{T}-1\right)^{\alpha}-K \geq C^{\prime}|g|_{T}^{\alpha}-K^{\prime} .
\end{aligned}
$$

So the compression of the 1 -cocycle $\tilde{b}$ is at least $\alpha$, hence $\alpha_{p}^{\#}(G) \geq \alpha_{p}^{\#}(H)$.
The following proof uses a construction by S.R. Gal, see page 4 of [12].
Theorem 3.3. Let $V_{1}$ and $V_{2}$ be closed subspaces of a Hilbert space. Suppose $H$ is a finite index subgroup of $G_{1}$ and $G_{2}$ and suppose there are proper affine isometric actions $\beta_{i}$ (with compression $\alpha_{i}$ ) of each $G_{i}$ on $V_{i}$. Assume that $W<V_{1} \cap V_{2}$ is invariant under

[^0]the actions $\left(\left.\beta_{i}\right|_{H}\right)$ and moreover that both these (restricted) actions coincide on $W$. Then, $\alpha_{2}^{\#}\left(G_{1} *_{H} G_{2}\right) \geq \frac{\min \left(\alpha_{1}, \alpha_{2}\right)}{2}$. In particular, $\alpha_{2}^{\#}\left(G_{1} *_{H} G_{2}\right) \geq \frac{\alpha_{2}^{\#}(H)}{2}$.

Proof. Following [12], let us build a Hilbert space $W_{\Gamma}$ on which $\Gamma=G_{1} *_{H} G_{2}$ acts affinely and isometrically. Let $\omega$ be a finite alternating sequence of 1's and 2's and suppose $\pi$ is a linear action of $H$ on some Hilbert space denoted $\mathcal{H}_{\omega}$. One can induce up the linear action from $H$ to $G_{i}$, obtaining a Hilbert space

$$
V:=\left\{f: G_{i} \rightarrow \mathcal{H}_{\omega} \mid \forall h \in H, f(g h)=\pi\left(h^{-1}\right) f(g)\right\}
$$

and an orthogonal action $\pi_{i}: G_{i} \rightarrow \mathcal{O}(V)$ defined by $\pi_{i}(g) f\left(g^{\prime}\right)=f\left(g^{-1} g^{\prime}\right)$. The subspace

$$
\left\{f: G_{i} \rightarrow \mathcal{H}_{\omega} \mid \forall h \in H, f(h)=\pi\left(h^{-1}\right) f(1), f_{\mid G_{i} \backslash H}=0\right\}
$$

can be identified with $\mathcal{H}_{\omega}$ by letting an element $f$ correspond to $f(1)$. It is clear that the action $\pi_{i}$ restricted to $H$ coincides with the original linear action $\pi$ via this identification.

So, starting from any linear $H$-action on a Hilbert space $\mathcal{H}_{\omega}$, we can obtain a linear action of say $G_{1}$ on a Hilbert space that can be written as $\mathcal{H}_{\omega} \oplus \mathcal{H}_{1 \omega}$ for some $\mathcal{H}_{1 \omega}$. We can restrict this action to a linear $H$-action on $\mathcal{H}_{1 \omega}$ and we can lift this to an action of $G_{2}$ on a space $\mathcal{H}_{1 \omega} \oplus \mathcal{H}_{21 \omega}$ and so on, repeating the process indefinitely. Here, we will execute this infinite process twice.

The first linear $H$-action on which we apply the process is obtained as follows. As $\beta_{i}(H)(W)=W$ for each $i=1,2$, the restriction to $H$ of $\beta_{1}$, gives naturally a linear $H$-action on $\mathcal{H}_{1}:=V_{1} / W$. The second linear $H$-action is obtained by similarly noting that the restriction to $H$ of $\beta_{2}$ gives a linear $H$-action on $\mathcal{H}_{2}:=V_{2} / W$. We then apply the above process indefinitely.

$$
\mathcal{H}_{1}:=\overbrace{\mathcal{H}_{1} \oplus \underbrace{\mathcal{H}_{21}}_{G_{1} \curvearrowright} \oplus}^{G_{2} \curvearrowright} \overbrace{\mathcal{H}_{121} \oplus \underbrace{\mathcal{H}_{2121}} \oplus \cdots}^{G_{2} \curvearrowright}, \quad \mathcal{H}_{2}^{\mathbf{\bullet}}:=\overbrace{\mathcal{H}_{2} \oplus \underbrace{G_{12} \curvearrowright}_{G_{2} \curvearrowright} \oplus}^{\mathcal{H}_{\mathcal{H}_{212}}^{\oplus} \oplus \underbrace{\mathcal{H}_{1212}} \oplus \cdots},
$$

where for $\omega$ a sequence of alternating 1's and 2's, $G_{i}$ acts on $\mathcal{H}_{\omega} \oplus \mathcal{H}_{i \omega}$. Note that there are two $H$-actions on $\mathcal{H}_{1}$ as $H$ acts on the first term $\mathcal{H}_{1}$. One can verify that both $H$-actions coincide (this fact is also mentioned in [12], page 4). The same is true for $\mathcal{H}_{2}^{*}$.

Denote $\mathcal{H}_{1}^{\circ}=\mathcal{H}_{1}^{\bullet} \ominus \mathcal{H}_{1}$ and similarly, set $\mathcal{H}_{2}^{\circ}=\mathcal{H}_{2}^{\bullet} \ominus \mathcal{H}_{2}$. We denote

$$
W_{\Gamma}=W \oplus \mathcal{H}_{1}^{\bullet} \oplus \mathcal{H}_{2}^{\bullet}=V_{1} \oplus \mathcal{H}_{1}^{\circ} \oplus \mathcal{H}_{2}^{\bullet}=V_{2} \oplus \mathcal{H}_{2}^{\circ} \oplus \mathcal{H}_{1}^{\bullet}
$$

The above formula, which writes $W$ as a direct sum in three distinct ways, shows that both $G_{1}$ and $G_{2}$ act on $W_{\Gamma}$. As mentioned before, the actions coincide on $H$ and so we obtain an affine isometric action of $\Gamma$ on $W_{\Gamma}$. Note that the corresponding 1-cocycle, when restricted to $G_{1}$ (or $G_{2}$ ), coincides with the 1-cocycle of $\beta_{1}$ (or $\beta_{2}$ ).

We inductively define a length function $\psi_{T}: \Gamma \rightarrow \mathbb{N}$ by $\psi_{T}(h)=0$ for all $h \in H$ and $\psi_{T}(\gamma)=\min \left\{\psi_{T}(\eta)+1 \mid \gamma=\eta g\right.$, where $\left.g \in G_{1} \cup G_{2}\right\}$. By applying Proposition 2 in [10] to the Bass-Serre tree of $G_{1} *_{H} G_{2}$, we see that this map is conditionally negative definite and thus the normed square of a 1-cocycle associated to an affine isometric action of $\Gamma$ on a Hilbert space.

Let $\psi_{\Gamma}$ be the conditionally negative definite function associated to the action of $\Gamma$ on $W_{\Gamma}$. We now find the compression of the conditionally negative definite map
$\psi=\psi_{\Gamma}+\psi_{T}$. First set

$$
M=\max \left\{\left|t_{j}^{i}\right| G_{i}: i=1,2 \text { and } 1 \leq j \leq\left[G_{i}: H\right]\right\},
$$

where $t_{j}^{i}$ are right coset representatives of $H$ in $G_{i}$ such that $t_{1}^{i}=1_{G_{i}}$ for $i=1,2$.
Denote $\alpha=\min \left(\alpha_{1}, \alpha_{2}\right)$ and fix some $\varepsilon>0$ arbitrarily small. Let $\gamma \in \Gamma$ and suppose in normal form $\gamma=g t_{j_{1}}^{i_{1}} \cdots t_{j_{k}}^{i_{k}}$, where $g \in G_{i}$ for some $i=1$, 2. Assume first that $\psi_{T}(\gamma) \geq \frac{|\gamma|^{\alpha-\varepsilon}}{M}$. In that case, $\psi(\gamma) \geq \frac{|\gamma|^{\alpha-\varepsilon}}{M}$. Else, we have that $\psi_{T}(\gamma)<\frac{|\gamma|^{\alpha-\varepsilon}}{M}$ and so for all $\gamma \in \Gamma$ such that $|\gamma|$ is sufficiently large, we have

$$
\begin{aligned}
\psi(\gamma) & \geq \psi_{\Gamma}(\gamma)=\|\gamma \cdot 0\|^{2} \\
& \geq\left(\|g \cdot 0\|-\psi_{T}(\gamma) M\right)^{2} \\
& \gtrsim\left(\left(|\gamma|-\psi_{T}(\gamma) M\right)^{\alpha-\varepsilon / 2}-\psi_{T}(\gamma) M\right)^{2} \\
& \geq\left(\left(|\gamma|-|\gamma|^{\alpha-\varepsilon}\right)^{\alpha-\varepsilon / 2}-|\gamma|^{\alpha-\varepsilon}\right)^{2} \\
& \gtrsim|\gamma|^{2 \alpha-\varepsilon},
\end{aligned}
$$

where $\gtrsim$ represents inequality up to a multiplicative constant; we use here that one can always assume, without loss of generality, that the 1-cocycles associated to $\beta_{1}$ and $\beta_{2}$ satisfy $\left\|b_{i}\left(g_{i}\right)\right\| \gtrsim\left|g_{i}\right|^{\alpha-\varepsilon}$ (see Lemma 3.4 in [1]).

So now, by the first case, $\psi(\gamma) \geq|\gamma|^{\alpha-\varepsilon}$ for all $\gamma \in \Gamma$ that are sufficiently large. Hence, we obtain the lower bound $\alpha_{2}^{\#}(\Gamma) \geq \alpha_{2}^{\#}(H) / 2$.

Acknowledgements. The authors would like to thank Jacek Brodzki for interesting discussions and the referee for their helpful recommendations and for suggesting a simplier example in Example 2.12. The first author thanks Martin FinnSell for interesting conversations on affine subspaces. The second author thanks Michał Marcinkowski for interesting discussions related to Gal's paper [12]. The first author is sponsored by the EPSRC, grant number EP/I016945/1. The second author is a Marie Curie Intra-European Fellow within the 7th European Community Framework Programme.

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