Go Mobile

CJO Mobile (CJOm) is a streamlined Cambridge Journals Online (CJO) for smartphones and other small mobile devices



- Use CJOm to access all journal content including FirstView articles which are published online ahead of print
- Access quickly and easily thanks to simplified design and low resolution images
- Register for content alerts or save searches and articles – they will be available on both CJO and CJOm
- Your device will be detected and automatically directed to CJOm via: journals.cambridge.org

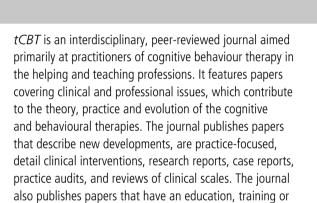


the Cognitive Behaviour Therapist

Published for the British Association for Behavioural and Cognitive Psychotherapies (BABCP)

Editor-in-Chief

Michael Townend, University of Derby, UK



supervision focus, or reviews of recently published literature.



is available at: http://journals.cambridge.org/cbt

Free email alerts

Keep up-to-date with new material – sign up at http://journals.cambridge.org/alerts



the Cognitive Behaviour Therapist is available online at: http://journals.cambridge.org/cbt

To subscribe contact Customer Services

in Cambridge:

Phone +44 (0)1223 326070 Fax +44 (0)1223 325150 Email journals@cambridge.org

in New York:

Phone +1 (845) 353 7500 Fax +1 (845) 353 4141 Email subscriptions_newyork@cambridge.org

For free online content visit: http://journals.cambridge.org/cbt



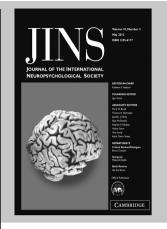
Journal of the International Neuropsychological Society

Published for the International Neuropsychological Society

Editor-in-Chief

Kathleen Y. Haaland, NM VA Healthcare System, Albuquerque, US

JINS aims to further scientific and research activities in neuropsychology and enhance communication among its cognate member disciplines. The journal publishes scholarly, peer-reviewed articles and includes original research, timely review articles and transactions of the annual meetings of the International Neuropsychological Society. Contributions reflect the interest of all areas of neuropsychology, including (but not limited to): development of cognitive processes, brain–behavior relationships, adult neuropsychology, child neuropsychology, developmental neuropsychology, disorders of speech and language, and related topics such as behavioral neurology, neuropsychiatry, neuroimaging, and electrophysiology.



Journal of the International Neuropsychological Society is available online at: http://journals.cambridge.org/ins

To subscribe contact Customer Services

in Cambridge:

Phone +44 (0)1223 326070 Fax +44 (0)1223 325150 Email journals@cambridge.org

in New York:

Phone +1 (845) 353 7500 Fax +1 (845) 353 4141 Email subscriptions_newyork@cambridge.org

Free email alerts

Keep up-to-date with new material – sign up at

journals.cambridge.org/register

For free online content visit: http://journals.cambridge.org/ins



Australian Journal of Guidance and Counselling

Supported by the Australian Guidance and Counselling Association

Editor

Marilyn Campbell, Queensland University of Technology, Australia

Contributors to the Australian Journal of Guidance and Counselling are from diverse backgrounds and focus on both educational and psychological topics. Articles address theoretical, practical and training issues that impact upon guidance and counselling professionals today.



Australian Journal of Guidance and Counselling

is available online at: http://journals.cambridge.org/jgc

To subscribe contact Customer Services

in Cambridge:

Phone +44 (0)1223 326070 Fax +44 (0)1223 325150 Email journals@cambridge.org

in New York:

Phone +1 (845) 353 7500 Fax +1 (845) 353 4141 Email subscriptions_newyork@cambridge.org

Free email alerts

Keep up-to-date with new material – sign up at journals.cambridge.org/jgc-alerts

For free online content visit: http://journals.cambridge.org/jgc



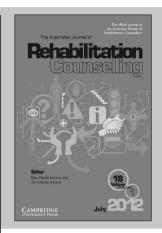
Australian Journal of Rehabilitation Counselling

The official Journal of the Australian Society of Rehabilitation Counsellors

Editor

Elias Mpofu, University of Sydney, Australia

The Australian Journal of Rehabilitation Counselling contains original contributions dealing with a broad range of topics in the rehabilitation and disability fields. Topics include rehabilitation counselling, case management, rehabilitation education, rehabilitation administration, job placement, vocational assessment, psychosocial rehabilitation, independent living, transition planning, supported employment, industrial rehabilitation and disability management.



The Australian Journal of Rehabilitation Counselling is available online at: http://journals.cambridge.org/jrc

To subscribe contact Customer Services

in Cambridge:

Phone +44 (0)1223 326070 Fax +44 (0)1223 325150 Email journals@cambridge.org

in New York:

Phone +1 (845) 353 7500 Fax +1 (845) 353 4141 Email subscriptions_newyork@cambridge.org

Free email alerts

Keep up-to-date with new material – sign up at journals.cambridge.org/jrc-alerts

For free online content visit: http://journals.cambridge.org/jrc



Behaviour Change

Instructions to Contributors

 To be reviewed for possible publication in this journal all authors must follow the instructions below and submit their manuscript to:

https://www.australianacademicpress.com.au/cup_jsm/ All articles are refereed. Papers submitted to the journal must not previously have been published nor submitted for publication to any other journal.

- Papers should be submitted via e-mail in Word or RTF format. Authors who wish to submit their paper in hard copy format may do so by arrangement with the editor.
- Contributions should follow the format and style
 described in the Publication Manual of the American
 Psychological Association (5th ed.). Spelling and punctuation should conform to The Macquarie Dictionary
 (4th ed.). For matters of style not covered in these two
 publications the Style Manual for Authors, Editors and
 Printers (6th ed.) should be consulted.
- Documents should be double-spaced with minimum margins of 20 mm on the left and 35 mm on the right. Uncommon abbreviations and acronyms should be explained. Do not use underlining except to indicate italics. Full stops should not be used in abbreviations or acronyms (e.g., NSW).
- 5. Use single quotation marks to introduce a word or phrase used as an ironic comment, as slang, or which has been coined. Use quotation marks the first time the word or phrase is used; do not use them again. Do not use quotation marks to introduce a technical or key term. Instead, italicise the term.
- 6. Front page: under the title of the article only the names and affiliations of the authors appear. Qualifications, present appointments, and postal and e-mail addresses should be given in a separate section on the front page labelled 'Address for correspondence'. A word count and suggested running head of no more than 50 characters including spaces should also be provided.
- 7. Do not use any footnotes. Endnotes should be kept to a minimum and listed at the end of the text under the centred heading 'Endnotes'. Acknowledgments should be placed at the end of the article with a separate heading.
- Tables should be at the end of the manuscript, not in the main text. Their approximate positions in the text should be indicated by the words, 'Insert Table X here'. Horizontal and vertical lines should be used sparingly.
- To ensure optimum quality, please follow these guidelines when submitting artwork via e-mail:
 - Photographs, graphs and figures should be prepared to the correct size (max. width up to 120 mm) and each one supplied as an individual file, separate to the manuscript Word file. Include placement instructions in the Word document, such as 'Insert Figure 1 here'.

- Figures created in Microsoft Word or Powerpoint need to be saved as PDFs.
- Figures created in a drawing program such as Adobe Illustrator, CorelDRAW, Freehand, Microsoft Publisher or similar should be saved as EPS (encapsulated postscript) files.
- Figures created in Photoshop or with other photographic software should be saved as line art (artwork that has only text and lines, no shades of grey or blocks of colour) with a minimum resolution of 600 dpi and in TIF format. Minimum resolution for scanned graphics is 300 dpi for halftone work (e.g., photographs) and 600 dpi for line art, and these should also be in TIF format.
- Manuscripts that contain equations created with LaTeX or similar specialist software need to be supplied as a PDF file as well as a Microsoft Word document.
- Prior to sending artwork, the separate files of figures, graphs, illustrations, etc. should be printed by the author to test that the fonts have been embedded correctly and there is no distortion in the artwork (e.g., lines and fonts reproduce cleanly with no jagged lines or fuzzy edges), as any such faults cannot be corrected by the publisher.
- Preferred media for delivery: e-mail as attachments, Macintosh or PC floppy disk, Macintosh or PC Zip disk, CD-ROM. If your artwork does not meet these guidelines, it may be returned to you.
- 10. References and citations should follow the format and style described in the *Publication Manual of* the American Psychological Association (5th ed.). Examples of citations are:

The theory was first propounded in 1970 (Larsen, 1971).

Larsen (1971) was the first to propound the theory.

Examples of references are:

Fisse, B. (1989). The proceeds of crime act: The rise of money laundering, offences and the fall of principle. *Criminal Law Journal*, *13*, 5–23.

Zelinski, E.M., & Gilewski, M.J. (1988). Memory for prose and aging: A meta-analysis. In M.L. Howe & C.J. Brainerd (Eds.), *Cognitive development in adulthood* (pp. 133–158). New York: Springer-Verlag

Authors are expected to check the accuracy of all references and citations in the manuscript before submission.



Contents

•	Does Therapist Guidance Enhance Assessment-Based Feedback as Couple Relationship Education? W. Kim Halford, Raylene Chen, Keithia L. Wilson, Jeffry Larson, Dean Busby, and Thomas Holman	199
•	Metacognitive Therapy for Obsessive Compulsive Disorder By Videoconference: A Preliminary Study Samantha Fitt and Clare Rees	213
•	Which Client Characteristics Contribute to Good and Poor Cognitive-Behavioural Treatment Outcome for Social Anxiety Disorder? A Survey of Clinicians Jacqueline Frei and Lorna Peters	230
•	Does Starting With the Behavioural Component of Cognitive Behavioural Therapy (CBT) Increase Patients' Retention in Therapy? Nusrat Yasmeen Ahmed and Sharon Lawn	238
•	Developing Adaptive Change Capabilities Through Client-Centred Therapy Terry Bowles	258