

Distribution of α -tocopherol stereoisomers in mink (*Mustela vison*) organs varies with the amount of *all-rac*- α -tocopheryl acetate in the diet

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Abstract

Synthetic α -tocopherol has eight isomeric configurations including four 2R (*RSS*, *RRS*, *RSR*, *RRR*) and four 2S (*SRR*, *SSR*, *SRS*, *SSS*). Only the *RRR* stereoisomer is naturally synthesised by plants. A ratio of 1.36:1 in biopotency of *RRR*- α -tocopheryl acetate to *all-rac*- α -tocopheryl acetate is generally accepted; however, studies indicate that neither biopotency of α -tocopherol stereoisomers nor bioavailability between them is constant, but depend on dose, time, animal species and organs. A total of forty growing young male mink were, after weaning, assigned one of the following treatments for 90 d: no α -tocopherol in diet (*ALFA_0*), 40 mg/kg *RRR*- α -tocopheryl acetate (*NAT_40*), 40 mg/kg *all-rac*- α -tocopheryl acetate (*SYN_40*) and 80 mg/kg feed *all-rac*- α -tocopheryl acetate (*SYN_80*). Mink were euthanised in CO₂ and blood was collected by heart puncture. Mink were pelted and liver, heart, lungs, brain and abdominal fat were collected for α -tocopherol stereoisomer analysis. The proportion of *RRR*- α -tocopherol decreased in all organs and plasma with increasing amount of synthetic α -tocopherol stereoisomers in the diet ($P \leq 0.05$), whereas the proportion of all synthetic α -tocopherol stereoisomers increased with increasing amount of synthetic α -tocopherol stereoisomers in the diet ($P \leq 0.05$). The proportion of α -tocopherol stereoisomers in plasma, brain, heart, lungs and abdominal fat showed the following order: *RRR* > *RRS*, *RSR*, *RSS* > $\Sigma 2S$, regardless of α -tocopherol supplement. The liver had the highest proportion of $\Sigma 2S$ stereoisomers, and lowest proportion of *RRR*- α -tocopherol. In conclusion, distribution of α -tocopherol stereoisomers differs with dose and form of α -tocopherol supplementation. The results did also reveal the liver's role as the major organ for accumulation of $\Sigma 2S$ α -tocopherol stereoisomers.

Key words: Vitamin E: Dose: α -Tocopherol stereoisomers: Mink

An adequate and balanced supply of α -tocopherol is important for proper growth and an effective immune response⁽¹⁾. Furthermore, α -tocopherol acts as an antioxidant in the body, as well as in the feed⁽²⁾. Mink feed is characterised by a high content of protein, a low content of carbohydrates and a high content of fat, often polyunsaturated of marine origin. The demand for antioxidants is therefore considered to be high⁽³⁾. The typical source of supplemental α -tocopherol is synthetic manufactured racemic mixture (*all-rac*) but *RRR*- α -tocopherol is also available as a feed additive. α -Tocopherol exists in eight different isomeric configurations including four with 2R configuration (*RSS*, *RRS*, *RSR*, *RRR*) and four with 2S configuration (*SRR*, *SSR*, *SRS*, *SSS*). The *RRR* isomer is the only form of α -tocopherol occurring in nature⁽¹⁾, whereas α -tocopherol used for feed additives consists of a racemic mixture of all eight stereoisomers. In commercial vitamin mixtures, *all-rac*- α -tocopherol is typically acetylated, in order to stabilise its functional phenol group during storage, and added to rations as *all-rac*- α -tocopheryl acetate.

This acetylated form of α -tocopherol must be hydrolysed before it can be absorbed from the gastro-intestinal tract⁽²⁾, but in mink hydrolysis is not the limiting factor in the absorption of α -tocopherol as opposed to, for example, newly weaned piglets^(4,5).

The biopotency of the *RRR* stereoisomer of α -tocopherol is higher than the biopotency of the synthetic stereoisomers of α -tocopherol and the ratio of 1.36:1 in biopotency of *RRR*- α -tocopheryl acetate to *all-rac*- α -tocopheryl acetate is generally reported when working with α -tocopherol supplementation⁽⁶⁾. However, several studies have indicated that neither the biopotency of α -tocopherol stereoisomers nor the bioavailability between them is constant, but rather dose- and dose-time dependent and differs significantly between organs and tissues^(7,8). In rats, biodiscrimination against the different stereoisomers in plasma and tissues largely reflects the specific stereoisomer biopotency⁽⁷⁾. In humans, only 2R- α -tocopherols are considered to have biological activity, and thus a ratio of 2:1 is used⁽⁹⁾. A recent study on the concentration of stereoisomers of

Abbreviations: *ALFA_0*, control diet with no α -tocopherol supplement; *NAT_40*, 40 mg/kg *RRR*- α -tocopheryl acetate; *SYN_40*, diet containing 40 mg/kg *all-rac*- α -tocopheryl acetate; *SYN_80*, diet containing 80 mg/kg *all-rac*- α -tocopheryl acetate.

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α -tocopherol in the human infant brain showed severe discrimination against all synthetic stereoisomers of α -tocopherol in this organ⁽¹⁰⁾. In addition, it has been reported that *RRR*- α -tocopherol is the predominant stereoisomer of α -tocopherol in human breast milk⁽¹¹⁾. Rats accumulate a relatively high amount of 2S stereoisomers⁽⁷⁾ and cannot be considered as an appropriate model for humans in this respect. Mink's accumulation of stereoisomers of α -tocopherol in plasma and tissues differs from rats, and seems to be more similar to humans⁽⁷⁾. The aim of this study was to determine the distribution of α -tocopherol stereoisomers in plasma and organs from mink fed different levels and sources of α -tocopherol.

Methods

This study complied with the Danish Ministry of Justice Law No. 474 (15 May 2014) concerning experiments with animals and care of animals used for experimental purposes and was conducted under the approval of the Danish Veterinary and Food Administration under the Danish Ministry of Environment and Food. The studies were carried out at the Copenhagen Fur Research Centre in Holstebro, Denmark, between July and November 2015.

Animals, housing and feeding

In the present study, forty brown male mink were used. All mink were traditionally housed in wire netting cages in pairs of one male and one female throughout the study. All animal facilities were sheltered under permanent outdoor sheds. Basic rations were wet mink feed rations composed of industrial fish (30%), poultry (15%), grain (barley/wheat) (15%), fish silage (6%), soya oil (6%), fish offal (5%), potato protein/maize gluten (5%), lard (3%), Hb meal (2%), minerals and synthetic methionine (1%) and water (12%). The protein:fat:carbohydrate ratio was 30:55:15 on energy basis. Basic diets were mixed before the studies, α -tocopherol was added according to the treatment plans and subsequently stored at -18°C in 5-kg plastic bags. The necessary number of bags of feed were thawed daily and fed to the respective treatment groups. The mink were fed once a day and had *ad libitum* access to water. α -tocopherol as either *all-rac*- α -tocopheryl acetate or *RRR*- α -tocopheryl acetate was kindly provided by Provia A/S.

Treatments and study design

The study was carried out as a dose-response study with daily supplementation with different doses of *all-rac*- α -tocopheryl acetate or *RRR*- α -tocopheryl acetate in the feed. The mink were born in the first week of May, weaned on 1 July 2015 and male and female mink were paired and placed in cages to habituate them to the cage mate and the housing facilities. On 15 July 2015, the mink were randomly assigned to four treatment groups: no added α -tocopherol in the feed (ALFA_0), 40 mg/kg feed *RRR*- α -tocopheryl acetate (NAT_40), 40 mg/kg feed *all-rac*- α -tocopheryl acetate (SYN_40) and 80 mg/kg feed *all-rac*- α -tocopheryl acetate (SYN_80). Analysed contents of total α -tocopherol and distribution of stereoisomers of α -tocopherol in the diets by mid-November are shown in Table 1.

Sample material

In mid-November 2015, the mink were fasted for 12 h and subsequently euthanised in CO_2 . A blood sample was taken by heart puncture, the mink were pelted and liver, heart, lungs, brain and a sample of abdominal fat collected. All sample material was stored at -18°C until analysis.

Chemical analyses

Chemical analyses for contents of α -tocopherol and stereoisomers of α -tocopherol were performed at the Department of Animal Science, Aarhus University. All samples and standard vitamin solutions were protected from light during preparation. α -Tocopherol contents of plasma, organ and diet were determined as described by Jensen *et al.*⁽⁷⁾. Organ samples were homogenised by Ultra Turrax (IKA Labortechnik) in an ice bath and, like plasma and diet samples, precipitated in ethanol and methanol, saponified with potassium hydroxide and extracted in heptane. Separation and quantification of α -tocopherol was carried out by HPLC as described by Jensen *et al.*⁽⁷⁾. The stereochemical composition of α -tocopherol in plasma, organs and diet samples was determined after methylation of stereoisomers into their methyl esters and subsequent separation by chiral HPLC, as described by Jensen *et al.*⁽⁷⁾. Results are reported as the ratio of the observed stereoisomer among five peaks and the concentration determined by calculation of each stereoisomer concentration from total α -tocopherol. Recovery of total α -tocopherol was 96% with a CV (%) of 2.7, whereas recovery of the individual stereoisomers varied from 95.3 to 100.8% with

Table 1. Analysed content of α -tocopherol (*n* 2) and distribution of stereoisomers of α -tocopherol in diets

Treatment	Total- α -tocopherol	SEM	Percentage of α -tocopherol stereoisomers				Σ 2S
			<i>RRR</i>	<i>RRS</i>	<i>RSR</i>	<i>RSS</i>	
Diet ($\mu\text{g/g}$)							
NAT_40	37.7	0.4	88.4	2.3	1.1	0.8	7.4
ALFA_0	9.1	0.02	69.0	13.9	1.4	2.6	13.1
SYN_40	42.9	1.1	19.8	14.8	10.7	11.3	43.4
SYN_80	74.4	0.2	14.9	13.1	11.4	12.2	48.4

NAT_40, 40 mg/kg *RRR*- α -tocopheryl acetate; ALFA_0, control diet with no α -tocopherol; SYN_40, diet containing 40 mg/kg *all-rac*- α -tocopheryl acetate; SYN_80, diet containing 80 mg/kg *all-rac*- α -tocopheryl acetate.

CV (%) varying from 1.2 to 7.9. Data were expressed per wet weight of tissue.

Statistical analyses

The statistical power was analysed in SAS® by Proc Power. The statistical power was >0.999 for all comparisons. Thus, the high statistical power in the present study avoided a type II error (not detecting the true difference) and ensured sufficient reliability for significant statistical differences. Differences between treatments within organ and between stereoisomers in the same diets were analysed in SAS® MIXED models (SAS Institute Inc.) using the following model: $Y_{ij} = \mu + \alpha_i + e_{ij}$, where Y_{ij} was the dependent variable (total α -tocopherol content and stereoisomer percentage), α_i the effect of treatment i and e_{ij} the random residual error. Differences in total α -tocopherol content were analysed using the model $Y_{ij} = \mu + \beta_i + e_{ij}$, where Y_{ij} was the dependent variable (total α -tocopherol, stereoisomer percentage), β_i the effect of organs i and e_{ij} the random residual

error. Random effects were assumed normally distributed with mean value 0 and constant variance $e \sim N(0, \sigma^2)$. Results are presented as least squares means and differences considered statistically significant if $P \leq 0.05$.

Results

The diets fed to different treatment groups were analysed to confirm the content of α -tocopherol and distribution of α -tocopherol stereoisomers in the diets. Results of α -tocopherol and stereoisomer distribution in different treatment groups are shown in Table 1 and are in agreement with the planned contents of α -tocopherol in the supplemented treatment groups.

The highest and lowest contents of total α -tocopherol in plasma, organs and abdominal fat were found in SYN_80 and ALFA_0, respectively ($P \leq 0.05$). No significant differences were found in total α -tocopherol contents between SYN_40 and NAT_40 in plasma, organs or abdominal fat (Table 2). As expected, the highest proportion of *RRR*- α -tocopherol was

Table 2. Total α -tocopherol content and distribution of α -tocopherol stereoisomers in plasma, organs and abdominal fat (n 10)

Treatment	Total α -tocopherol	Percentage of α -tocopherol stereoisomers					SEM
		<i>RRR</i>	<i>RRS</i>	<i>RSR</i>	<i>RSS</i>	$\Sigma 2S$	
Plasma ($\mu\text{g/ml}$)							
NAT_40	10.1 ^{a,b}	93.5 ^{W,d}	3.7 ^{X,d}	0.7 ^{Y,c}	1.1 ^{Y,d}	0.7 ^{Y,b}	2.8
ALFA_0	4.0 ^c	97.4 ^{W,c}	1.8 ^{X,c}	0.3 ^{Y,b}	0.1 ^{Y,c}	0.8 ^{Y,b}	5.2
SYN_40	9.2 ^b	58.8 ^{W,b}	15.2 ^{X,b}	10.1 ^{Y,a}	9.9 ^{Y,a}	5.7 ^{Z,a}	5.5
SYN_80	12.2 ^a	56.7 ^{W,a}	16.0 ^{X,a}	11.2 ^{Y,a}	11.2 ^{Y,a}	4.6 ^{Z,a}	2.6
SEM	1.27	5.42	1.77	1.57	1.63	0.78	–
Liver ($\mu\text{g/g}$)							
NAT_40	15.1 ^{b,c}	63.7 ^{W,c}	6.9 ^{Y,a}	1.5 ^{Y,c}	1.8 ^{Y,b}	26.0 ^{X,b}	3.7
ALFA_0	6.6 ^c	48.2 ^{W,b}	17.6 ^{Y,c}	1.7 ^{Z,c}	2.4 ^{Z,b}	30.1 ^{X,b}	3.5
SYN_40	25.5 ^b	25.8 ^{X,a}	10.9 ^{Y,b}	6.2 ^{Y,b}	6.5 ^{Y,a}	50.6 ^{W,a}	2.6
SYN_80	40.9 ^a	18.7 ^{X,a}	9.9 ^{Y,a,b}	7.8 ^{Y,a}	8.0 ^{Y,a}	55.6 ^{W,a}	1.5
SEM	6.7	6.1	2.1	0.9	0.9	5.5	–
Brain ($\mu\text{g/g}$)							
NAT_40	21.7 ^b	86.8 ^{W,c}	7.5 ^{X,c}	2.5 ^{Y,c}	2.3 ^{Y,c}	0.7 ^{Z,b}	2.8
ALFA_0	13.0 ^c	76.7 ^{W,b}	13.7 ^{X,b}	4.5 ^{Y,b}	4.2 ^{Y,b}	0.9 ^{Z,b}	4.7
SYN_40	19.9 ^b	58.3 ^{W,a}	18.2 ^{X,a}	9.9 ^{Y,a}	9.9 ^{Y,a}	3.7 ^{Z,a}	4.1
SYN_80	27.3 ^a	59.2 ^{W,a}	16.7 ^{X,a}	10.5 ^{Y,a}	9.8 ^{Y,a}	3.8 ^{Z,a}	2.8
SEM	1.9	3.9	1.3	1.3	1.1	0.5	–
Heart ($\mu\text{g/g}$)							
NAT_40	18.5 ^b	88.8 ^{W,d}	5.8 ^{X,d}	1.6 ^{Y,c}	2.0 ^{Y,d}	1.8 ^{Y,b}	2.3
ALFA_0	7.8 ^c	77.3 ^{W,c}	14.6 ^{Z,c}	2.4 ^{Y,c}	3.4 ^{Z,c}	2.2 ^{Z,b}	4.9
SYN_40	16.3 ^b	51.2 ^{W,b}	18.4 ^{X,b}	11.7 ^{Y,b}	10.7 ^{Y,b}	7.6 ^{Z,a}	4.1
SYN_80	22.3 ^a	44.1 ^{W,a}	19.8 ^{X,a}	14.0 ^{Y,a}	13.6 ^{Y,a}	8.4 ^{Z,a}	1.8
SEM	2.1	5.4	1.5	1.7	1.5	1.1	–
Lungs ($\mu\text{g/g}$)							
NAT_40	6.6 ^b	87.3 ^{W,d}	6.8 ^{X,c}	1.6 ^{Y,c}	2.0 ^{Y,d}	2.3 ^{Y,b}	2.3
ALFA_0	1.8 ^c	74.8 ^{W,c}	17.4 ^{X,b}	2.3 ^{Y,c}	2.9 ^{Y,c}	2.8 ^{Y,b}	4.8
SYN_40	5.1 ^b	51.1 ^{W,b}	19.8 ^{X,a}	10.0 ^{Y,b}	10.7 ^{Y,b}	8.5 ^{Y,a}	4.0
SYN_80	9.6 ^a	43.5 ^{W,a}	19.6 ^{X,a}	13.5 ^{Y,a}	13.8 ^{Y,a}	9.7 ^{Z,a}	1.75
SEM	1.1	5.5	1.8	1.6	1.5	1.2	–
Abdominal fat ($\mu\text{g/g}$)							
NAT_40	22.4 ^{b,c}	87.5 ^{W,d}	8.2 ^{X,c}	1.3 ^{Y,d}	1.8 ^{Y,d}	1.3 ^{Y,b}	2.1
ALFA_0	13.3 ^c	74.2 ^{W,c}	19.3 ^{X,a,b}	1.9 ^{Y,c}	2.8 ^{Y,c}	1.8 ^{Y,b}	4.8
SYN_40	30.5 ^b	49.5 ^{W,b}	20.2 ^{X,b}	10.5 ^{Y,b}	11.9 ^{Y,b}	8.0 ^{Y,a}	3.9
SYN_80	46.1 ^a	46.5 ^{W,a}	18.5 ^{X,a}	13.1 ^{Y,a}	13.9 ^{Y,a}	7.3 ^{Z,a}	1.9
SEM	5.4	5.0	1.6	1.6	1.6	3.4	–

NAT_40, 40 mg/kg *RRR*- α -tocopheryl acetate; ALFA_0, control diet with no α -tocopherol supplement; SYN_40, diet containing 40 mg/kg *all-rac*- α -tocopheryl acetate; SYN_80, diet containing 80 mg/kg *all-rac*- α -tocopheryl acetate.
^{a,b,c,d} Mean values within a column with unlike superscript letters were significantly different ($P \leq 0.05$).
^{w,x,y,z} Mean values within a row with unlike superscript letters were significantly different ($P \leq 0.05$).

found in NAT_40 in all organs, abdominal fat and plasma ($P \leq 0.05$). The proportion of *RRR*- α -tocopherol in ALFA_0 was lower than the NAT_40 in all organs, abdominal fat and plasma ($P \leq 0.05$); however, the proportion of *RRR*- α -tocopherol in ALFA_0 was higher than in SYN_80 and SYN_40 ($P \leq 0.05$). In liver and brain no significant differences were found in *RRR*- α -tocopherol proportion between SYN_80 and SYN_40, whereas SYN_40 had higher *RRR*- α -tocopherol proportion than SYN_80 in plasma, heart, lungs and abdominal fat ($P \leq 0.05$, Table 2). In addition, the proportion of the synthetic *2R* stereoisomers and the $\Sigma 2S$ stereoisomers was higher in plasma, organs and abdominal fat in SYN_80 and SYN_40 compared with ALFA_0 and NAT_40 ($P \leq 0.05$). The liver was the organ that contained the highest proportion of $\Sigma 2S$ - α -tocopherol stereoisomers ($P \leq 0.05$, Table 2).

Comparison of α -tocopherol stereoisomers proportion within the plasma, organs and abdominal fat within the same diets is summarised in Table 2. The proportion of α -tocopherol stereoisomers in plasma, brain, heart, lungs and abdominal fat showed the following order: *RRR* > *RRS*, *RSR*, *RSS* > $\Sigma 2S$, regardless of α -tocopherol supplement. However, a different pattern was observed in the liver in SYN_40 and SYN_80; here, $\Sigma 2S$ - α -tocopherol accounted for the highest proportion of α -tocopherol stereoisomers, intermediate values for *RRR*- α -tocopherol and lowest for the synthetic *2R*- α -tocopherols. In addition, in ALFA_0 and NAT_40, the proportion of α -tocopherol stereoisomers in liver showed the following order: *RRR* > $\Sigma 2S$ > *RRS*, *RSR*, *RSS*.

The α -tocopherol content and distribution of stereoisomers between plasma, organs and abdominal fat within diets containing different α -tocopherol amount is shown in Fig. 1. In the ALFA_0 and NAT_40, the highest amount of total α -tocopherol was observed in brain and abdominal fat; however, in diets containing the SYN_80 and SYN_40, the highest amount of α -tocopherol was observed in liver and abdominal fat ($P \leq 0.05$). Regardless of α -tocopherol supplement, lungs showed the lowest amount of total α -tocopherol ($P \leq 0.05$).

Discussion

The high proportion of *RRS*- α -tocopherol and $\Sigma 2S$ - α -tocopherol in the ALFA_0 diet most likely reflects the presence of these stereoisomers in the poultry and industrial fish used and thus originate from the *all-rac*- α -tocopheryl acetate fed to these animals. The present study showed a severe discrimination against systemic circulation and take up of synthetic stereoisomers of α -tocopherol into organs. Irrespective of α -tocopherol supplement, the *RRR*- α -tocopherol was the dominant stereoisomer in the plasma, organs and abdominal fat. The results revealed that non-*RRR*- α -tocopherol remained in the liver, compared with *RRR*- α -tocopherol, which was preferentially released from the liver to the plasma (Table 2). The high proportion of non-*RRR*- α -tocopherol in the liver indicated the role of liver in elimination of non-*RRR*- α -tocopherol. These results agreed with Kaneko *et al.*⁽¹²⁾, who found the important role of liver in degradation of radiolabelled *SRR*- α -tocopherol. Kaneko *et al.*⁽¹²⁾ studied the metabolism of α -tocopherol stereoisomers in rat and reported that radioactivity derived from *SRR*- α -tocopherol reached its maximum level 24 h after the dosage, and that derived from *RRR*- α -tocopherol reached maximum at 48 h; therefore, they concluded that *SRR*- α -tocopherol eliminated rapidly from the liver. An early study by Ingold *et al.*⁽¹³⁾ showed a similar preferential uptake of *RRR*- α -tocopheryl acetate over *SRR*- α -tocopheryl acetate in male Sprague–Dawley rats. Similarly, Jensen *et al.*⁽⁷⁾ showed discrimination against all synthetic stereoisomers of α -tocopheryl acetate in male Wistar rats, with the most severe discrimination found to be against $\Sigma 2S$ -stereoisomers of α -tocopherol. In the study by Ingold *et al.*⁽¹³⁾, the strongest discrimination of all organs against the *SRR*- α -tocopherol stereoisomer was found in rat brain in agreement with the findings of the present study. In rats, the discrimination against the *SRR*- α -tocopherol stereoisomer was shown by Ingold *et al.*⁽¹³⁾ to be initiated already in the gut, probably owing to incomplete hydrolysis of the acetate group of α -tocopheryl acetate⁽⁴⁾, a step that, in previous studies, has been shown not to be limiting in mink^(4,5).

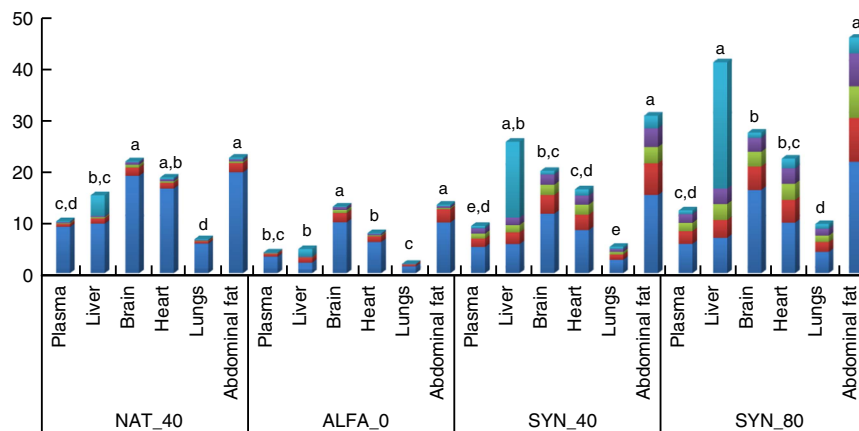


Fig. 1. Total- α -tocopherol content and stereoisomer distribution of plasma ($\mu\text{g/ml}$), different organs ($\mu\text{g/g}$) and abdominal fat ($\mu\text{g/g}$) within the same diets. ^{a,b,c,d,e} Mean values within the same diets with unlike letters were significantly different ($P \leq 0.05$). NAT_40, 40 mg/kg *RRR*- α -tocopheryl acetate; ALFA_0, control diet with no α -tocopherol supplement; SYN_40, diet containing 40 mg/kg *all-rac*- α -tocopheryl acetate; SYN_80, diet containing 80 mg/kg *all-rac*- α -tocopheryl acetate. ■, $\Sigma 2S$; ■, *RRS*; ■, *RSR*; ■, *RRS*; ■, *RRR*.

The liver is considered to be the main site of the preferential biodiscrimination in favour of α -tocopherol with *2R* configuration, owing to the abundant presence of α -tocopherol transfer protein (α -TTP) in this tissue⁽¹⁴⁾. Consequently, the liver builds up high concentrations of synthetic stereoisomers, especially those with *2S* configuration. The key role of liver in elimination of $\Sigma 2S$ - α -tocopherol has been proven already⁽⁸⁾, but the high proportion of $\Sigma 2S$ stereoisomers in livers from NAT_40 and ALFA_40 indicates higher accumulation of at least a part of the $\Sigma 2S$ stereoisomers in the liver. The high proportion of non-*RRR*- α -tocopherol in plasma and organs other than liver might reflect that α -TTP accepts other *2R*- α -tocopherol stereoisomers than *RRR*- α -tocopherol. In addition, it is likely that organs and abdominal fat uptake of *2R* and $\Sigma 2S$ - α -tocopherol stereoisomers follow the mechanisms of lipid uptake. In agreement with our finding, Hosomi *et al.*⁽¹⁴⁾ demonstrated the tissue uptake of α -tocopherol by a variety of non-specific mechanisms linked to clearance of chylomicrons by lipoprotein lipase during the first pass before hepatic uptake.

Although the amount of total α -tocopherol in brain increased from 19.9 to 27.3 $\mu\text{g/g}$ in SYN_40 and SYN_80, respectively, the *RRR*- α -tocopherol proportion did not decrease. This severe discrimination against synthetic stereoisomers of α -tocopherol in the brain of mink found in the present study is in agreement with a recent study on the distribution of α -tocopherol stereoisomers in the human infant brain by Kuchan *et al.*⁽¹⁰⁾. In their study, Kuchan *et al.*⁽¹⁰⁾ showed an almost complete absence of the seven synthetic stereoisomers of α -tocopherol in the brain of infants (0.2–1.5 $\mu\text{g/g}$ brain tissue) in contrast to the *RRR* stereoisomer (7–15 $\mu\text{g/g}$ brain tissue). However, in that study the intake of α -tocopherol or the stereoisomeric composition was not known. This supposedly indicates that the *RRR* stereoisomer of α -tocopherol is essential for the development of the brain, because biological discrimination and biological importance are usually intimately linked in the body⁽¹⁰⁾.

Generally, the difference between the *RRR*- α -tocopherol and the non-*RRR*- α -tocopherol group (Table 2) supported that non-*RRR*- α -tocopherol has poor retention in the different organs compared with *RRR*- α -tocopherol. In agreement with our findings, Kaneko *et al.*⁽¹²⁾ reported that urinary and faecal excretion of radioactivity derived from *SRR*- α -tocopherol was significantly greater than that derived from *RRR*- α -tocopherol. On the basis of Table 1, the diets containing SYN_80 and SYN_40 had high amounts of non-*RRR*- α -tocopherol; however, lower proportions of non-*RRR*- α -tocopherol were observed in the plasma, organs and abdominal fat, indicating a preferential exclusion of these stereoisomers. It has been shown that *all-rac*- α -tocopherol are metabolised to 2,5,7,8-tetramethyl-2-(2'-carboxyethyl)-6-hydroxychroman faster than *RRR*- α -tocopherol⁽¹⁵⁾. Traber *et al.*⁽¹⁵⁾ also reported the higher excretion rate of *all-rac*- α -tocopherol than of *RRR*- α -tocopherol.

In the present study, the proportion of the *RRR* stereoisomer of α -tocopherol in plasma and tissues decreased as expected when mink were fed diets containing *all-rac*- α -tocopheryl acetate compared with NAT_40 and ALFA_0, and also when *all-rac*- α -tocopheryl acetate increased from 40 to 80 mg/kg feed. The exception was the brain, where the proportion of *RRR*- α -tocopherol was constant between mink on SYN_40 and

SYN_80 diets. This implies that the proportion of natural and synthetic stereoisomers of α -tocopherol is not constant, but dependent on the dose of α -tocopherol, vitamin E source (SYN *v.* NAT) and the target organ⁽⁸⁾. *RRS*- α -tocopherol is the synthetic *2R* stereoisomer with a stereochemical configuration most similar to *RRR*- α -tocopherol and the synthetic stereoisomer occurring with the highest proportion after *RRR*- α -tocopherol. This reveals the importance of the stereochemical configuration as a determinant for the distribution of α -tocopherol stereoisomers for biopotency. Thus, Weiser & Vecchi⁽¹⁶⁾ showed in the classical rat resorption gestation test that *RRS*- α -tocopherol was the α -tocopherol stereoisomer with the highest biopotency after *RRR*- α -tocopherol. The present study shows that discrimination of α -tocopherol stereoisomers is complex and varies between organs within species.

Conclusions

The distribution of α -tocopherol stereoisomers is dependent on dose and source of α -tocopherol. Increasing the amount of synthetic α -tocopherol stereoisomers in the diet decreased the proportion of *RRR*- α -tocopherol in all organs, abdominal fat and plasma, whereas the proportion of synthetic *2R*- α -tocopherol increased in plasma and organs, with *RRS*- α -tocopherol occurring with the highest proportion. However, the proportion of $\Sigma 2S$ - α -tocopherol was unaffected by SYN_40 and SYN_80 and remained low in plasma and all organs with the exception of liver. Similarly, the brains proportion of *RRR*- α -tocopherol was unaffected whether the mink were fed diet SYN_40 or SYN_80. The results demonstrated that different organs discriminate stereoisomers of α -tocopherol to a different extent.

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