Palliative and Supportive Care

Laughter as medicine

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Poetry

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We laughed and laughed,
For hours and hours,
Until our smiles creased
From end to end,
Like arrows waiting to be released

We shared a laugh That accounted for the past Thirty years Of missed laughter, Due to work shifts and cleaning dishes

Because even though we were living, We were trapped in our mundane bubble, And we never connected Until our last moments together

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